GO VIRTUAL: High-tech offices for rent make you look like a big shot | **Inside**

express

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Wednesday

MARY ALTAFFER/AP

New York Gov. Eliot Spitzer was linked to a call girl.

Spitzer Watch: Governor mum on resignation talk | 3

Rest Up: Americans getting more sleep than they used to | 7

They're Back: Mason fans revel in return trip to NCAAs | 13

ENTERTAINMENT

Younger Days: *Jeremy Sisto* lowers the average age on the set of 'Law & Order.' Also, Snoop Dogg's new, hot tracks.

>> 17-21

AP

Suicide Bombs Rattle Pakistan

BLAST POINT: An unidentified man evacuates a child from the site of a suicide bombing in Lahore, Pakistan, on Tuesday. Two suicide bombs — set off about 15 minutes apart — killed at least 24 and injured more than 200 others in the normally peaceful city, raising concerns over Pakistan's anti-terrorism strategy. ✤ **New talk:** Pressure mounts for dialogue with al-Qaeda | Page 9

1 in 4 U.S. Teen Girls Has STD

Study finds 'shocking' rates of diseases among teenagers

CHICAGO | At least one in four teenage American girls has a sexually transmitted disease, suggests a first-of-its-kind federal study that startled some adolescent-health experts.

Some doctors said the numbers might be a reflection of both abstinence-only sex education and teens' own sense of invulnerability. Because some sexually transmitted infections can cause infertility and cancer, U.S. health officials called for better screening, vaccination and prevention.

Only about half of the girls in the study acknowledged having had sex. Some teens define sex as only intercourse, yet other types of intimate behavior including oral sex can spread some diseases.

Among those who admitted having sex, the rate was even more disturbing — 40 percent had an STD. "This is pretty shocking," said Dr. Elizabeth Alderman, an adolescent medicine specialist at Montefiore Medical Center's Children's Hospital in New York.

The overall STD rate among the 838 girls in the Centers for Disease Control and Prevention study was 26 percent, which translates to more than 3 million girls nationwide. LINDSEY TANNER (AP)

STD RATES

Study's results:

- Of the 838 girls tested, 18 percent were affected by HPV.
- 4 percent tested positive for chlamydia.
- 2.5 percent had trichomoniasis.
- 2 percent had genital herpes.

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SHOULD THE U.S. BOYCOTT THE BEIJING OLYMPICS TO PROTEST HUMAN RIGHTS VIOLATIONS? (A) YES (B) NO

WWW.READEXPRESS.COM | VISIT OUR WEB SITE TO CAST YOUR VOTE. FOR TUESDAY'S POLL RESULTS, SEE PAGE 32

WEDNESDAY	THURSDAY	FRIDAY
58 | 34	56 | 45	64 | 46

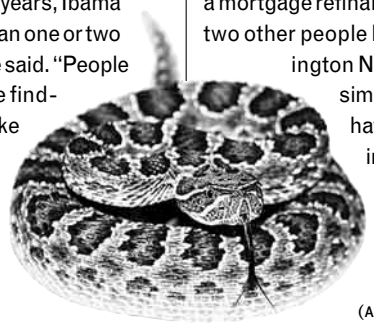
TODAY: Mostly clear and slightly breezy; a few nighttime clouds | 30

eyeOpeners

WILDLIFE

Snakes on A Floodplain

Snakes — including one 10-foot anaconda — are invading the Brazilian city of Belem, driven from the rain forest by destruction of their natural habitat, Brazil's environmental protection agency said Tuesday. The agency, known as Ibama, has been called out to capture 21 snakes this year in Belem, a metropolis of 1.5 million people at the mouth of the Amazon River, said Ibama's Luciana Almeida. In normal years, Ibama received no more than one or two calls per month, she said. "People are scared. Imagine finding a 3-meter snake in your plumbing," she said. "Deforestation destroys their habitat, so they come to the city," she said. (AP)



TELEMARKETING

Song About Stalker Perfect for New Use

Some people receiving late-night and early-morning telemarketing calls in the Wilmington, Del., area have been doing a double take when they see the number on their caller ID: 867-5309 — as in 1980s hit "867-5309/Jenny" by Tommy Tutone. Lindsey Vitalo of Pike Creek received one of the calls at 4:20 a.m. Sunday. She answered, fearing the call was about a family emergency, but got a mortgage refinancing pitch. At least two other people have told the Wilmington News-Journal about similar calls, and others have reported the calls in online forums, with more than five dozen complaints logged at Callercomplaints.com. (AP)

KEN SHIMIZU/AFP/GETTY IMAGES

FASHION

Little Bunny Froufrou

Or, "Japan's Next Hop Model." There are so many headline options when it comes to Fashion Week in Tokyo. This piece is from Ne-net's fall-winter collection. By Googling designer Kazuaki Takashima, we discovered that he feels his brand expresses the concept of "kimokawa," which means "sickeningly cute." (Thanks, Thecitylifestylist.com!) He has, apparently, said his designs "express all the different feelings that come between extremes like relaxation and nervousness." (Thanks again, Thecitylifestylist.com!) (EXPRESS)

EIGHTH RULE OF EYEOPENERS

Pet-Rescuing Public Servants Are Noble

A West Monroe, La., firefighter performed mouth-to-snout resuscitation and revived a small dog he found lifeless in a burning mobile home. When firefighters arrived at the blaze Friday, a resident approached Stephen Odom and told him two dogs were trapped inside. Odom entered the house and found the two tiny terriers and shuttled them to safety. One of the dogs was not breathing, so the firefighter removed his face mask and put the dog's head inside so the oxygen could blow in its face. That didn't work, so he did mouth-to-mouth. "I then did chest compressions similar to that of infant CPR," he said, and the dog lived. (AP)

Depressed?

NIMH is conducting a study to look at how a currently FDA-approved drug, Scopolamine, which is used for motion sickness, can help with depression.

This is a 12-visit outpatient study conducted at the NIH Clinical Center in Bethesda, MD. The drug is given through a patch placed on the skin.

NIMH is seeking Participants:
- Ages 18-50
- Currently depressed
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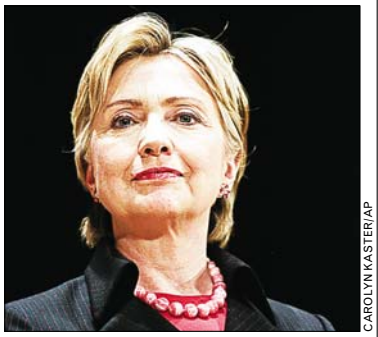
EQUAL HOUSING OPPORTUNITY

28 | **The percentage of college students** in academic clubs who reported being hazed, a new national study released Tuesday says. More than half of college students belonging to campus organizations said they had experience hazing.

Nation

In Brief



CAROLYN KASTER/AP

Sen. Hillary Clinton was on the campaign trail Tuesday in Pennsylvania.

HARRISBURG, PA.

Clinton Says She Disagrees With Supporter's Remarks

Hillary Rodham Clinton said Tuesday she disagrees with Geraldine Ferraro, one of her fundraisers and the 1984 Democratic vice presidential candidate, for saying that Barack Obama "would not be in this position" if he were white instead of black. Clinton said she regretted Ferraro's remarks. The Obama campaign has called on the New York senator to denounce the comments and remove Ferraro from her unpaid position with the campaign. (AP)

LOS ANGELES

Man Charged With Killing High School Football Star

A man police say is a member of a Los Angeles street gang was charged with murder Tuesday in the fatal shooting of a high school football star. Pedro Espinoza, 19, is accused of killing 17-year-old Jamiel Shaw Jr., a standout running back at Los Angeles High School, yards from the student's home in the Crenshaw area on March 2. Espinoza was charged with a single murder count. (AP)

HEARSAY | TRAIL TALK

"What are the other countries in the world going to think about the agreements we've negotiated with them?"

—**JOHN MCCAIN**, CRITICIZING BARACK OBAMA AND HILLARY CLINTON FOR THREATENING TO PULL OUT OF NAFTA IF LABOR AND ENVIRONMENTAL STANDARDS AREN'T ADDED.

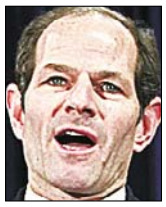
Spitzer Silent on Call Girl Scandal

Source says governor may have spent up to $80,000 on services

ALBANY, N.Y. | With pressure mounting on Gov. Eliot Spitzer to resign over a call-girl scandal, investigators said Tuesday he was clearly a repeat customer who spent tens of thousands of dollars — perhaps as much as $80,000 — with the high-priced prostitution service over an extended period of time.

Spitzer and his family, meanwhile, remained secluded in their Fifth Avenue apartment, while Republicans began talking impeachment, and few if any fellow Democrats came forward to defend him. A death watch of sorts began at the state Capitol, where whispers of "What have you heard?" echoed through nearly every hallway of the ornate, 109-year-old building.

On Monday, when the scandal broke, prosecutors said in court papers that Spitzer had been caught on a wiretap spending $4,300 with the Emperors Club VIP call-girl service, with some of the money going toward a night with a prostitute named Kristen, and the rest to be used as credit toward future trysts.



Spitzer

A law enforcement official said Tuesday that Spitzer, in fact, had spent tens of thousands of dollars with the Emperors Club. Another official said the amount could be as high as $80,000.

Still another law enforcement official said investigators found that during the tryst with Kristen on the night before Valentine's Day, Spitzer used two rooms at the Mayflower Hotel in Washington — one for himself, the other for the prostitute. Spitzer sneaked away from his security detail and made his way to the room where she was waiting, the official said.

Meanwhile, Albany insiders on Tuesday said the governor was still trying to decide how to proceed. Options included quitting immediately or waiting to use resignation as a bargaining chip with federal prosecutors to avoid indictment.

MICHAEL GORMLEY (AP)

BURLINGTON, VT. | COLOSSAL CHOCOLATES

TOBY TALBOT/AP

PUT ON THE POUNDS: Kirk Weed, a chocolatier at Lake Champlain Chocolates, works on three jumbo chocolate Easter bunnies Tuesday. The large chocolate sculptures, weighing 15 pounds each, will be used for a holiday display.

Dow Jones Closes Up 416 Points

Fed announces it will pump $200 billion into financial markets

NEW YORK | Wall Street finally found a reason for a huge rally Tuesday after the Federal Reserve said it plans to pump $200 billion into the financial markets to help ease the strain from the credit crisis. The Dow Jones industrial average shot up more than 416 points, its biggest one-day point gain since July 2002.

The Fed's program is part of a worldwide effort to help struggling banks and mortgage providers. The Fed — acting in concert with the European Central Bank, the Bank of Canada and the Swiss National Bank — agreed to loan investment banks money in exchange for debt, including slumping mortgage-backed securities.

The move is meant to essentially create a market for assets that investors have been too scared to buy.

"The Fed is basically going to take the bad loans off the banks' books, and the market seems to be loving that idea," said Peter Dunay, chief investment strategist at Meridian Equity Partners.

JOE BEL BRUNO (AP)

Court Strikes Down Picketing Ban

TOPEKA, KAN. | The Kansas Supreme Court effectively ended a law banning picketing at funerals, ruling Tuesday that it was unconstitutional for legislators to require a court to uphold the law before it could be enforced.

That "judicial trigger" was intended to prevent the Westboro Baptist Church from collecting damages from the state after a successful appeal of the law.

Ruling on a law before it can be enforced usurps power from the Legislature, Justice Marla J. Luckert wrote in the ruling.

The law was passed in response to the sect's picketing of military funerals. The Rev. Fred Phelps and his followers claim U.S. combat deaths are God's punishment for the nation's tolerance of homosexuality. The federal government and at least 37 states have enacted such laws in response to the church. (AP)

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Speaker: Eric Berg, DC
DrBergWorkshop.com

Nation

HOME-BREWED: Washington state lawmakers have approved a pilot program that will allow beer and wine tasting in 30 grocery stores in an effort to market local products.

Top Commander Resigns

Adm. Fallon denies reports of rift with Bush over Iran policy

WASHINGTON | The top U.S. military commander for the Middle East resigned Tuesday amid speculation about a rift over U.S. policy in Iran.

Defense Secretary Robert Gates said Adm. William J. Fallon, whose area of responsibility includes Iraq, had asked for permission to retire and that Gates agreed. Gates said the decision was entirely Fallon's and that Gates believed it was "the right thing to do."

Fallon was the subject of an article published last week in Esquire magazine that portrayed him as opposed to President Bush's Iran policy. It described Fallon as a lone voice against military action to stop the Iranian nuclear program.

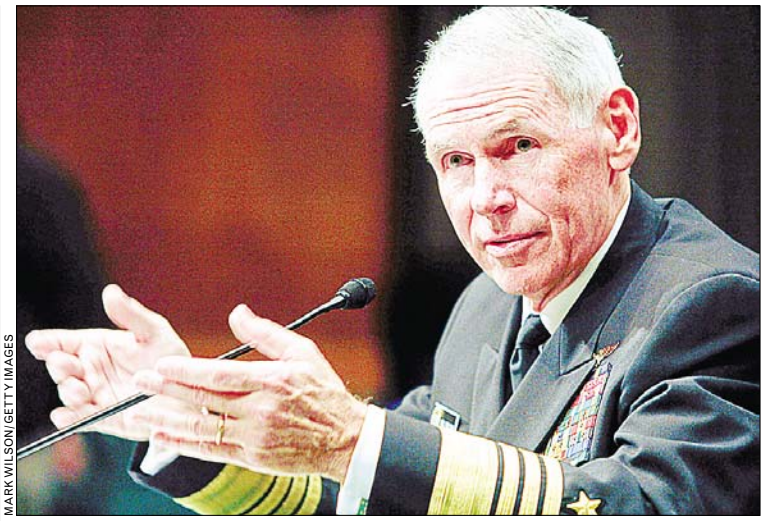
"Recent press reports suggesting a disconnect between my views and the president's policy objectives have become a distraction at a critical time and hamper efforts in the Centcom region," Fallon said in a statement.

Gates announced that Fallon's top deputy, Army Lt. Gen. Martin Dempsey, will take over temporarily when Fallon leaves.

Gates described as "ridiculous" any notion that Fallon's departure signals the United States is planning to go to war with Iran. And he said "there is a misperception" that Fallon disagrees with the administration's approach to Iran.

Fallon, 63, a veteran of the Vietnam War and a former vice chief of naval operations, has served in the Navy for 41 years.

LOLITA C. BALDOR (AP)



MARK WILSON/GETTY IMAGES

Adm. William Fallon was granted permission to retire by Defense Secretary Robert Gates. Fallon served in the Navy for 41 years and is a veteran of the Vietnam War.

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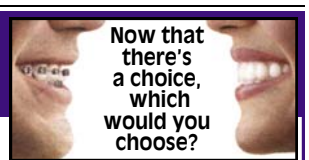

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  Mc Lean, VA 22102
  (At Route 7 & Westpark Dr.)
- **TUE., MAR. 18TH**
  1:00pm or 7:00pm
  Martin's Crosswinds
  7400 Greenway Center Drive
  Greenbelt, MD 20770
  (Capitol Beltway to exit 22A)

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Nation

Study: Americans Are Sleeping More

Researchers challenge notion that people are not resting properly

Americans are not as sleep deprived as they think they are, and in fact appear to be getting more Zs these days than they got a few years ago, according to an independent analysis of government statistics.

"Many Americans work too much, but most do not seem to be cutting corners on their sleep to do so," said John P. Robinson, a sociologist at the University of Maryland, who led the analysis with faculty colleague Steven Martin.

Their report, scheduled for release by the university Wednesday, finds that Americans on average got 59 hours of sleep per week in 2005, the latest year for which precise statistics are available. That is three hours more than in 2000.

The new numbers contrast significantly with the 2008 "Sleep in America" poll, the oft-quoted survey conducted annually by the Washington-based National Sleep Foundation, which advocates for better diagnosis and treatment of sleep problems.

59

The average hours of sleep, in hours, of the average American per week in 2005, a new report says.

The difference, experts said, reflects the two groups' methodologies. The Sleep Foundation survey asks Americans to estimate how much sleep they typically get. By contrast, the Maryland analysis draws upon detailed "time-use" data collected by the U.S. Census Bureau for the Department of Labor Statistics. In that approach, individuals must account for every minute of the previous day. RICK WEISS (THE WASHINGTON POST)

CAPE CANAVERAL, FLA. | SUCCESSFUL LAUNCH

PETE COSGROVE/AP

EARLY RISER: The shuttle Endeavour lifts off at 2:28 a.m. Tuesday. The crew is undertaking the longest space station mission ever, a 16-day voyage to build a robot and add a new room to the international space station.

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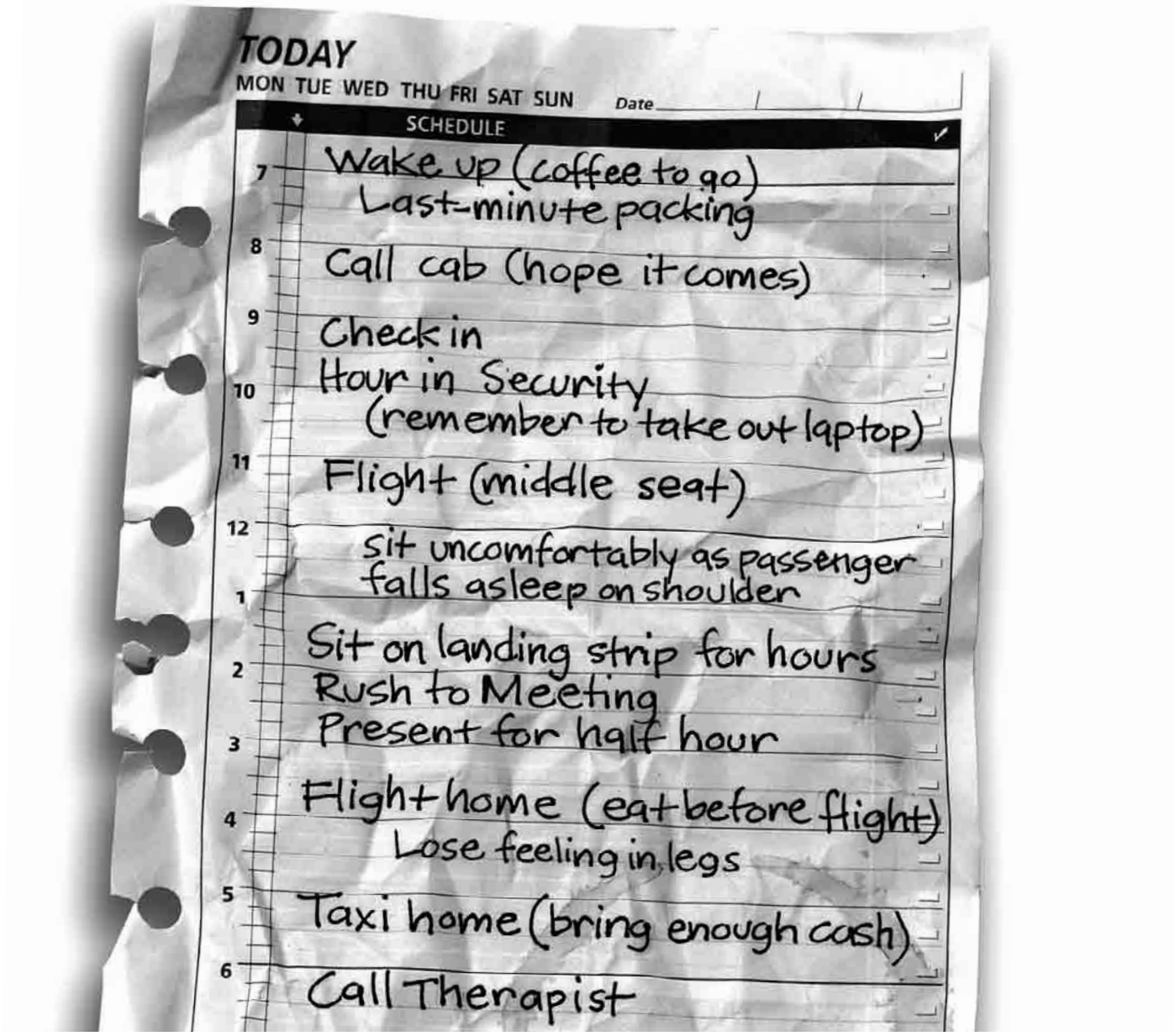

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DISCOUNT COMES AT A PRICE: A Swedish arts academy said Tuesday it would sell a Rembrandt painting for $49 million, less than half its estimated value. But the buyer must agree to donate the masterpiece to Stockholm's Nationalmuseum, where it is one of the main attractions.

World

In Brief

MANCHESTER, ENGLAND

City Police Chief Who Had Been Missing Is Found Dead

A city police chief who led an investigation into charges that Britain cooperated with secret CIA flights to transport terrorism suspects without formal proceedings has been found dead, his deputy said Tuesday. Manchester Chief Constable Michael Todd, 50, was found dead in Snowdonia, about 240 miles northwest of London, Deputy Chief Constable Dave Whatton said. He had been missing since Monday. (AP)

THE HAGUE, NETHERLANDS

Croatian Generals Are Tried For Killing Serbs in 1995

Three generals regarded as national heroes in Croatia went on trial Tuesday, accused of orchestrating the killing of at least 150 Serbs in a 1995 military campaign that unleashed widespread murder. Ante Gotovina, Ivan Cermak and Mladen Markac are also accused of responsibility for the expulsion of up to 200,000 people in the offensive, known as "Operation Storm," to reclaim part of Croatia from rebel Serbs. (AP)

CAIRO, EGYPT

Ministry: 2 American Aid Workers Attacked in Sudan

Two U.S. aid workers, a husband and wife team of the U.S.-based Samaritan's Purse ministry, were attacked and beaten in a southern Sudanese region, the organization said Tuesday. A press statement from the Boone, N.C., ministry that carries out aid work in Africa, including in Sudan where it has dozens of international field staff, called the incident "alarming." (AP)

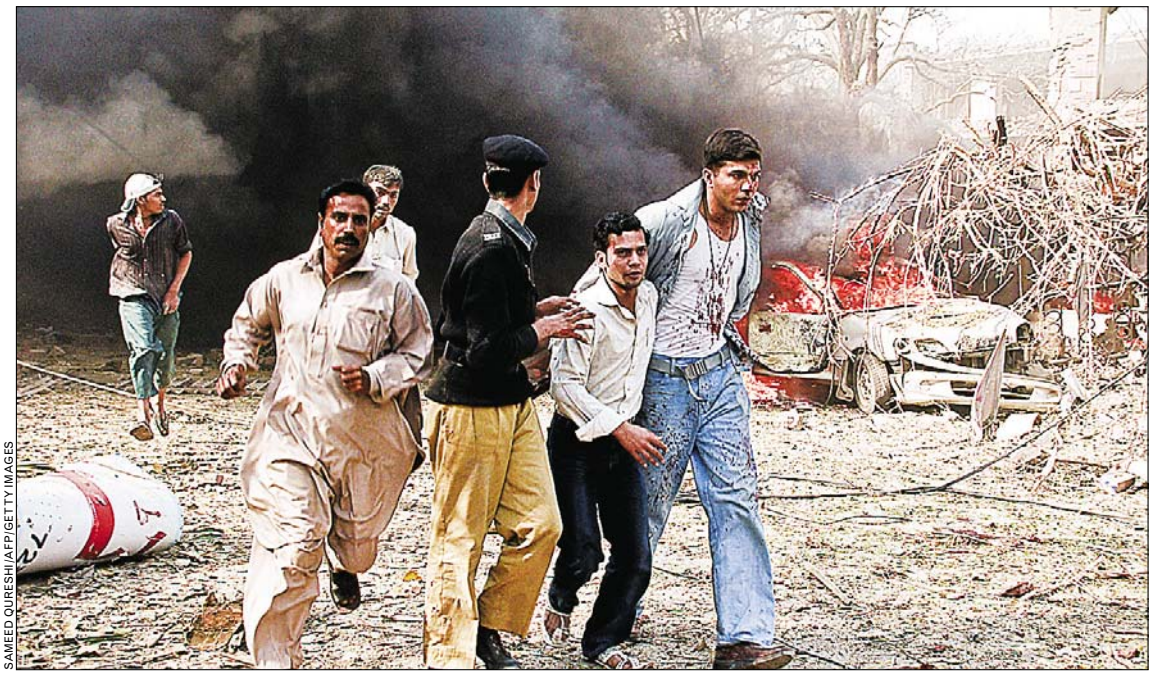
SYDNEY, AUSTRALIA

Activists Who Clashed With Japan Whalers Return Home

Activists who have clashed violently with Japanese whalers in Antarctic waters in recent months were headed back to port Tuesday because they were running out of fuel. The Sea Shepherd Conservation Society claimed it had succeeded in curtailing the Japanese program, which had targeted about 1,000 whales. The group claimed to have saved more than 500 whales. (AP)

Blasts in Pakistan Kill at Least 24

Suicide bombers hit police headquarters, business in Lahore



SAMEED QURESHI/AFP/GETTY IMAGES

Pakistani men run from the scene of a suicide bombing at a police headquarters in Lahore, Pakistan, on Tuesday.

LAHORE, PAKISTAN | Wailing women in headscarves searched frantically for their children as rescue workers pulled mutilated bodies from the rubble and men in blood-splattered traditional white Muslim gowns searched for survivors.

Two suicide bombs Tuesday hit Pakistan's cultural hub of Lahore, killing at least 24 people, wounding 200 and spreading terror through a population that increasingly fears it is living in a war zone — with attacks getting bigger, closer and more devastating.

"We never saw such attacks and such scenes in Pakistan, especially in Lahore. It is more like Iraq. I saw the images on TV — just like in Iraq," said Nasir Mamood, a 52-year-old selling wallets in Lahore's Anarkali market. "It is very frightening. It is terrible."

The bombs ripped through a Lahore police headquarters and a business located near a house owned by the widower of slain opposition leader Benazir Bhutto.

At an elementary school near one of the blasts, children lugging backpacks ran into the arms of their frantic parents. One mother covered her mouth in horror as she swept up her wounded daughter, a crude bandage on the girl's forehead.

Doctors at Lahore hospitals said the dead included a 3-year-old girl, while 32 schoolgirls were injured by flying debris.

The spread of such attacks across Pakistan — from its unruly tribal regions to normally peaceful cities like Lahore — is adding to pressure on the country's new government, as it prepares to take office, to reconsider President Pervez Musharraf's U.S.-backed approach to fighting al-Qaeda and the Taliban.

Musharraf quickly condemned the "savage" bombings. But the winners of last month's elections accused Musharraf of destabilizing Pakistan with military operations against militants near the Afghan border. ASIF SHAHZAD (AP)

Spain Marks 4 Years Since Madrid Attacks

Ceremony remembers 191 people killed in 2004 train bombings

AFP/GETTY IMAGES

People look at bouquets honoring victims of the Madrid attacks on Tuesday.

MADRID, SPAIN | Aurora Baeza Ramirez reached a trembling hand into her purse and pulled out an old newspaper clipping with a photo of her son, one of 191 people killed in the Madrid train bombings four years ago Tuesday.

"Look at my son, look how handsome he was," she said, sobbing.

Her outpouring of grief came after a memorial ceremony at which King Juan Carlos laid a laurel wreath at a towering glass memorial to the victims of the terror attack.

He and Queen Sofia, and a crowd of several thousand observed two minutes of silence at the stroke of noon to remember those killed and the more than 1,800 wounded four years ago. A choir dressed in black sang a Gregorian chant-like piece meant as a tribute to peace. There were no speeches. DANIEL WOOLLS (AP)

Belgium to Pay Holocaust Survivors

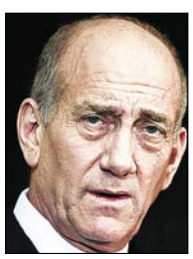
BRUSSELS, BELGIUM | Belgium's banks and government announced $170 million in restitution Tuesday for the Jewish community and families of Holocaust survivors whose property and goods were looted by Nazi occupiers.

Overall, $54 million will be paid to individual claimants, with the rest going to a Jewish trust to help the poor and keep alive the memory of the horrors of World War II.

"In a certain way, justice has been done. Unfortunately, there are people who never came back" from the Nazi death camps, said Eli Ringer, the co-chair of the committee on the restitution of Jewish assets.

Some 50,000 Jews lived in Belgium in the 1930s and about half died in the Holocaust. (AP)

HEARSAY | MIDEAST CONFLICT



"This is the reality of life in our country. We know that there is no certainty the quiet of today won't be replaced with commotion tomorrow."

—EHUD OLMERT,
ISRAELI PRIME MINISTER, ON A PALESTINIAN ROCKET THAT HIT ASHKELON, ISRAEL ON TUESDAY.OFFICIALS SAID ISRAEL WOULD NOT RETALIATE FOR THE ATTACK, WHICH CAUSED NO INJURIES.

World

GREEK ANTIQUES: Greek workers discovered about 1,000 graves, some filled with ancient treasures, while excavating for a subway system in the historic city of Thessaloniki, the state archaeological authority said Monday. The graves date from the first century B.C. to the fifth century A.D.

Iraq Violence Kills Dozens

At least 42 people slain on Tuesday; U.S. notes deaths of 3 soldiers

BAGHDAD | Violence killed at least 42 people Tuesday, including 16 bus passengers caught in a roadside bombing in southern Iraq, after the deadliest day for U.S. troops in precisely six months.

The U.S. military announced that three American soldiers were killed in a roadside bombing north of Baghdad on Monday, bringing to eight the number of troops who died that day.

The last time so many U.S. military personnel were killed in Iraq was Sept. 10, when 10 died.

Bloodshed has increased recently, despite what the military said has been a 60 percent drop in attacks across Iraq since June. Last Thursday, two massive bombs killed 68 people in Baghdad's Karradah neighborhood. On March 3, two car bombings killed 24 people in the capital.

MARWAN IBRAHIM/AFP/GETTY IMAGES

Iraqis carry a man who was hurt by a roadside bomb into a hospital Tuesday.

According to an Associated Press count, at the height of unrest from November 2006 to August 2007, on average approximately 65 Iraqis died each day as a result of violence.

As conditions improved, the daily death toll steadily declined. It reached its lowest point in more than two years on January 2008, when an average of 20 Iraqis died each day.

Those numbers have since jumped. In February, approximately 26 Iraqis died each day as a result of violence, and so far in March, that number is up to 39 daily. These figures reflect the months in which people were found, not necessarily — in the case of mass graves — the months in which they were killed.

Military spokesman Rear Adm. Gregory Smith said Sunday that recent violence should not be taken as evidence of "an increase or a trend of an increase."

"I think we need to continue to look at historically what has happened over the last year to really put in perspective a one-week or two-weeks' worth of activity inside Baghdad," Smith said.

The bombing that killed the three U.S. soldiers and an interpreter Monday took place in Diyala, a violent province where al-Qaeda in Iraq has been active. BRADLEY BROOKS (AP)

MANAN VATSYAYANA/AFP/GETTY IMAGES

Tibetan exiles walk on the second day of a six-month march from Dharamsala, India, to Tibet on Tuesday. Tibetans are protesting the Beijing Olympic Games.

Tibetan Exiles March To Protest Olympics

Hundreds defy ban on demonstration, start 6-month walk to Tibet

RANITAL, INDIA | Hundreds of Tibetan exiles pressed ahead Tuesday with a march from northern India to their Himalayan homeland, defying a police ban on the demonstration against Beijing's hosting of the 2008 Olympics.

The march, which started Monday, was expected to take six months, reaching Tibet during the Aug. 8-24 Beijing Games in a bid to turn the Olympic spotlight to China's often harsh 57-year rule over the Himalayan region.

It was one of several events launched around the world Monday by Tibetans commemorating their 1959 uprising against China.

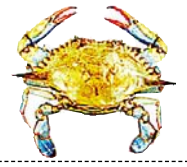
About 300 Buddhist monks also protested in the Tibetan capital Lhasa, one of the boldest public challenges to China's rule in recent years.

India, apparently fearful that the march could embarrass Beijing and jeopardize warming ties between the Asian giants, on Monday banned the exiles from leaving the district that surrounds Dharmsala, the headquarters of the Tibetan government-in-exile. ASHWINI BHATIA (AP)

SEOUL | WHERE'S THE PRESIDENT?

JUNG YEON-JE/AFP/GETTY IMAGES

JUST FACES IN THE CROWD: South Korean President Lee Myung-bak and his wife, Kim Yoon-ok, cheer with cadets during the South Korean military academy graduation ceremony in Seoul, South Korea, on Tuesday.



SERIOUSLY CRABBY: Authorities with Guinness World Records have officially certified a crab cake that was developed with the help of Salisbury, Md., food processor Handy International Inc. a world record. The giant crab cake weighed 235 pounds in October 2006.

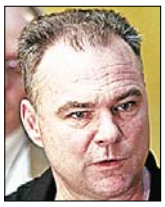
Local

In Brief

RICHMOND, VA.

Kaine Says HBO Miniseries Generated $80M for Va.

The governor says the filming of a new HBO miniseries in Virginia generated $80 million for the state economy. Gov. Timothy Kaine said in a news release Tuesday that the scenes of "John Adams" shot in Williamsburg and the Richmond area also showcased Virginia as a film location site and a tourism destination. According to the Virginia Film Office, more than 3,400 Virginians served as crew members and extras. (AP)



Kaine

HERNDON, VA.

RCN Adds Smithsonian TV Channel to HD Lineup

Regional cable operator RCN Corp. has signed on to carry the Smithsonian Institution's joint television venture with Showtime Networks in an expansion of high-definition TV offerings. The 24-hour Smithsonian Channel announced carriage deals in February with Charter Communications and Verizon FiOS TV. RCN's announcement Tuesday boosts the channel's availability to 22.5 million homes. Previously the channel had been available only on satellite carrier DirecTV. (AP)

ANNAPOLIS, MD.

Md. Bill Proposes Parental Consent for Tanning Bed Use

Children wouldn't be allowed to use tanning beds without parental consent under a bill Maryland lawmakers are considering. The bill originally called for what would have been the nation's toughest ban on kids and tanning beds, with no one under 18 allowed. But the House of Delegates agreed Tuesday to an amendment allowing children to use tanning beds if their parents or guardians give consent. House members called the amendment a compromise, with final approval expected in the coming days. (AP)

Vacancy Exemptions Challenged

Graham, Cheh lead effort for D.C. to repeal 28-year-old provision

City Council members Jim Graham and Mary Cheh Tuesday called for emergency legislation to repeal a 28-year-old provision in District law that they say encourages property owners to drive tenants from rent-controlled apartments.

Vowing to crack down on abusive landlords, the council members said they will propose ending the blanket use of "vacancy exemptions," which allow landlords who empty their buildings to convert to condominiums without tenant approval or paying thousands of dollars in fees.

Graham and Cheh said they would propose the change at the District Council's April 1 meeting. If approved, the change would take effect immediately. Cheh said she will then push for a permanent repeal later this year.

The council members are considering whether developers who turn long-vacant, blighted properties into affordable housing could continue to claim exemptions.

Graham

Cheh

"The exemption is just too great an incentive for landlords to force tenants out of their homes by coercion or just by letting the building become uninhabitable," Cheh said. "The temptation appears too great. I don't want the law to provide that incentive anymore."

The District, with one of the strongest tenant rights laws in the nation, allows renters to vote on whether apartments convert to condominiums and requires landlords to pay a fee on the sale of new units to help uprooted families find new homes. But vacant buildings are exempt. DEBBIE CENZIPER AND SARAH COHEN (THE WASHINGTON POST)

GIULIANA NAKASHIMA / WP

Two neutered feral cats in Chantilly keep a watchful eye as they enter their shelter.

At Least 200 Wild Va. Cats to Be Euthanized

More than 200 wild cats will be trapped in the coming days at a trailer park in Chantilly and euthanized, over protests from a group of residents who have been feeding and caring for them for years.

Some residents of the Meadows of Chantilly, a trailer park just off busy Route 50, saw posted notices from the park's management company late Monday that said it would begin trapping the animals immediately and removing them from the community. On Tuesday, the company removed the fliers in response to a neighborhood uproar.

Residents have been working with a feral-cat advocacy group called Alley Cat Allies since 2002 to humanely control the cat population at the park by trapping the animals so they could be vaccinated, neutered or spayed. About 226 cats have been fixed and 129 kittens have been removed and put up for adoption, supporters said.

But dozens of other residents have long complained about the cats, saying they dig up gardens, kill birds and litter the community's tiny yards with feces.

"They're like wild animals. You cannot bring them into your home and expect them to be curled up on your lap." said Michelle Hankins, a spokeswoman for the Fairfax County Animal Shelter. ANNIE GOWEN (THE WASHINGTON POST)

Md. Thwarts Attempt To Stiffen Booze Laws

Lawmakers feared bill would make criminals of football tailgaters

ANNAPOLIS, MD. | College partiers, take heart. An attempt to stiffen penalties for giving booze to minors was changed Tuesday by Maryland senators who feared the bill would have made criminals of people at fraternity parties and football tailgates.

The Senate narrowly voted to tweak a proposal setting up the state's first misdemeanor crime of providing alcohol to people under 21. Currently in Maryland, giving booze to minors is illegal but punishable only by a civil fine.

"Maybe you want to give misdemeanors to every kid in College Park," home of the state's flagship university, scoffed Sen. Robert Zirkin, who sponsored an amendment weakening the booze bill.

Zirkin, a Democrat from Baltimore County, argued that giving alcohol to kids is a crime already covered by laws against contributing to the delinquency of a minor.

Citing football games and college parties, Zirkin said drinkers between 18 and 21 should not face possible jail time. "We're going to have thousands of new criminals in our midst," Zirkin argued, "for giving a 19- or 20-year-old a beer. These are not children." Zirkin argued the bill would have started a new "class of criminals who had a party after a Terrapin game." (AP)

The Lotteries

Tuesday, March 11

DISTRICT

Mid-day Lucky Numbers	8-7-9
Evening Lucky Numbers (Mon.)	3-5-4
Mid-day DC 4	6-6-7-1
Evening DC 4 (Mon.)	7-0-7-8
Rolling Cash Five (Mon.)	5-7-21-23-27
Daily 6 (Mon.)	
2-21-24-29-33-35 Bonus: 36	

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

MARYLAND

Mid-day Pick 3	3-0-3
Evening Pick 3 (Mon.)	8-9-5
Mid-day Pick 4	9-3-2-9
Evening Pick 4 (Mon.)	3-0-9-0
Match 5 (Mon.)	14-15-21-28-36 Bonus: 34

VIRGINIA

Mid-day Pick 3	5-6-0
Evening Pick 3 (Mon.)	2-9-9
Mid-day Pick 4	8-2-1-5
Evening Pick 4 (Mon.)	5-1-6-2
Mid-day Cash 5	5-7-18-26-29
Evening Cash 5 (Mon.)	1-5-6-11-13

Money

FOREVER THRIFTY: Americans know a good deal when they see one. Sales of the Forever Stamp — valid for postage regardless of any rate increase — jumped by $95 million after plans for higher stamp prices were announced last month.

Market Action

New York Stock Exchange

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
DuffPhlp n	15.20	+4.34	+40.0
Systemax	11.85	+2.84	+31.5
Chspk	3.69	+.83	+29.0
LaBrnch	5.27	+1.04	+24.6
CapsteadM	12.41	+2.38	+23.7

Losers

WellPoint	47.26	-18.66	-28.3
Humana	47.38	-15.32	-24.4
HealthNet	34.58	-8.46	-19.7
Spartch	11.06	-2.64	-19.3
BldBear	8.96	-1.98	-18.1

NASDAQ Stock Market

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
GlblSrcs	14.36	+3.66	+34.2
Arrowhd	2.35	+.45	+23.7
TrubionPh	7.30	+1.31	+21.9
AmbasIntl	11.03	+1.97	+21.7
Iomai	1.09	+.04	+3.8

Losers

ChinaFire n	5.45	-3.31	-37.8
JonesSoda	2.86	-1.48	-34.1
Sigmatr	5.25	-1.91	-26.7
Xtent	4.75	-1.39	-22.6
SuperWell	19.32	-5.61	-22.5

Rates

	CURRENT	PREVIOUS WEEK
Prime Rate	6.00	6.00
Fed Funds close	2.88	2.88
3-month disc	1.45	1.60
2-year	1.71	1.59
10-year	3.60	3.58
30-year	4.53	4.48

Currency (Dollars in foreign currency)

	TODAY	PREVIOUS DAY	YEAR AGO
British Pound	.4993	.4975	.5177
Canadian Dollar	.9933	.9976	1.1723
European Euro	.6528	.6514	.7625
Japanese Yen	104.17	102.04	118.15
Mexican Peso	10.7875	10.8578	11.1400
Taiwanese Dollar	30.67	30.67	33.00

DOW	NASDAQ	S&P 500
+416.66	+86.42	+47.28
+3.55	+3.98	+3.71
12156.81	2255.76	1320.65

Media Stocks

STOCK	LAST	DAILY CHANGE	YEAR TO DATE PERCENT CHANGE
CBS B	22.45	+.83	-17.6
ClearChan	36.10	+2.14	+4.6
Comcast	19.61	+.22	+7.4
Comc spcl	19.22	+.11	+6.1
DirecTV	24.90	+.92	+7.7
DishNetwk	27.66	+.58	-18.5
Disney	31.19	+.73	-3.4
McGrwH	37.30	-.69	-14.9
NewsCpA	18.29	+.42	-10.7
NewsCpB	18.71	+.43	-12.0
Omnicm s	43.65	+.36	-8.2
Thomson	35.61	+.20	-12.6
TW Cable	26.00	-.02	-5.8
TimeWarn	14.84	+.37	-10.1
ViacomB	38.35	-.03	-12.7

PAUL BEATY/AP

Richard Rozhko, owner of Howard Jewelry in Chicago, shows some gold items that customers have sold to him in recent weeks as the metal's value has increased.

At Pawn Shops, Gold Is Rushing In

Many Americans are trading in jewelry as metal's price soars

CHICAGO | A new kind of gold rush is unfolding at jewelry store and pawn shop counters — featuring not prospectors, but consumers.

White-collar workers, retirees and many others have been digging through jewelry boxes and safety deposit boxes to cash in as gold prices flirt with $1,000 per ounce. Coins, old wedding rings, necklaces, hand-me-down gold pieces — everything is fair game when it brings this kind of profit.

Shop owners across the country are marveling about the phenomenon they say began in the latter part of 2007 and accelerated through the winter, reflecting torrid gold demand like no one had ever seen.

"Everybody's trying to sell," said Richard Rozhko, owner of a jewelry store on the northern edge of Chicago. "People are trying to cash out because they don't believe that gold's going to go higher than $1,000 or $1,200" per ounce.

At Gold Star Pawn Shop in Eastlake, Ohio, where the Cleveland-area economy is suffering, manager Marc Berman said people come in regularly with broken gold chains, rings with marks on them and scrap gold to get more money in their pockets.

"I think it's more about gas prices than anything else," he said. "People are bringing in anything to try to get money to put a few gallons in the tank."

The clientele at Palace Pawnbrokers in downtown San Diego has gone more upscale as gold prices have soared. Owner Jeff Bernard said it's a mixture of those who seem to need the money more than ever and those who want it.

"With gold knocking on the $1,000 door, they can actually pay off a bill, do something significant with [the trade]," Bernard said.

DAVE CARPENTER (AP)

BY THE NUMBERS: According to a new survey of 14,000 businesses by Manpower Inc., 26 percent of U.S. companies plan to hire additional workers in the next three months despite the nation's growing economic woes. Nine percent of companies said they plan to cut jobs, while 60 percent planned to keep their work force level about the same. (AP)

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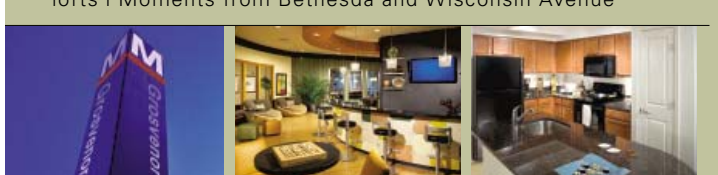

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40 | **The amount, in millions of dollars,** wide receiver Larry Fitzgerald, 24, will earn after agreeing to a four-year extension with the Arizona Cardinals. The new contract includes $30 million in guaranteed money.

Sports

For Big East, the More the Merrier

Expanded conference schedule may result in more bids to NCAAs

COLLEGE HOOPS | The Big East played an 18-game conference schedule for the first time this season. Despite all the griping from coaches last summer, it may turn out to be a good thing on Selection Sunday.

"Most of the concerns about the 18-game schedule were about costing us NCAA bids, but I think we all learned how to manage and maneuver," Notre Dame coach Mike Brey said. "If we get more bids, there will be less complaining."

The Big East had six teams in the field of 65 last year, with Syracuse's omission considered unfair by many. In 2006, the Big East had a record eight teams invited, the number thrown around this season as the conference tournament begins Wednesday at Madison Square Garden.

"We have a legitimate eight, nine teams vying for the NCAA tournament," Connecticut coach Jim Calhoun said. "The 18-game schedule hardened some teams."

John Thompson III, whose Georgetown team is looking for a second straight sweep of the regular-season and tournament titles, agreed the two extra conference games made a difference.

"This year, top to bottom, and with the expanded schedule, it was as competitive as I can remember being a part of," Thompson said. "Right now, it's brutal with the different styles, the coaching and the players. It's just brutal."

Villanova (19-11) and Syracuse (19-12), the eighth and ninth seeds with 9-9 conference records and the teams many consider are facing a win-or-else situation as far as the NCAA tournament is concerned, open the Big East tournament Wednesday with the winner to face Georgetown (25-4) in Thursday's quarterfinals.

"I think it's right on," Villanova coach Jay Wright said when asked whether the perception of the game with Syracuse was correct. "Both of us are in great position. I wouldn't want it any other way."

JIM O'CONNELL (AP)

ANDY LYONS/GETTY IMAGES

WIN AND IN? Guard Scottie Reynolds, right, and the Villanova Wildcats likely need a victory on Wednesday against Syracuse to be considered for a bid to the NCAAs.

Big East Breakdown

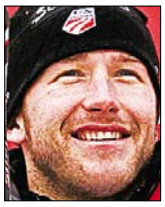
→ For a complete look at the Big East Tournament, complete with a breakdown of the favorites and dark horses, see | **Today's Sports**

IN The Washington Post

Bode Miller Irked About Canceled World Cup Race

SKIING | Bode Miller criticized race organizers Tuesday for canceling the season's final World Cup downhill because of weather, which allowed Didier Cuche to clinch his second straight discipline title.

The downhill race, scheduled for Wednesday, was canceled after organizers called off a training run Tuesday because of overnight snow and foggy conditions. The Swiss skier had a five-point lead on Miller heading into the race.

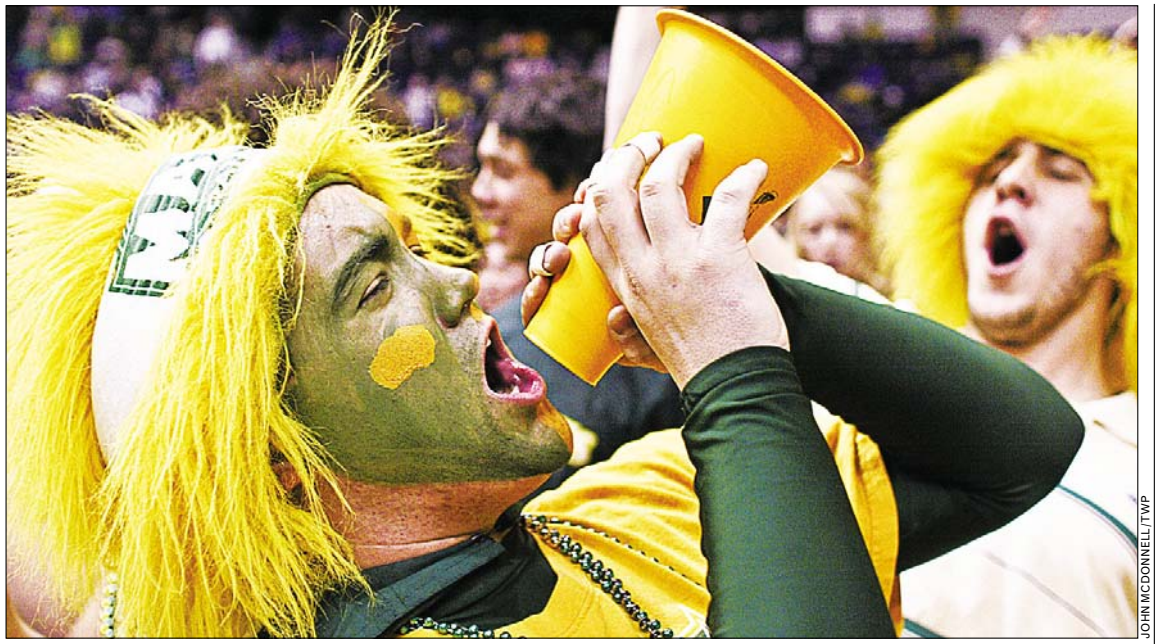


Miller

Miller, who leads in the overall World Cup standings, is vying with Cuche and Benjamin Raich of Austria for the overall title.

"The evidence points to they didn't want to get the race off," Miller told The Associated Press. "There was no discussion, or including the coaches or athletes. The athletes would have run today, no question."

Cuche said he was "sorry to win it this way." ANDREW DAMPF (AP)



JOHN MCDONNELL/TWP

George Mason junior Chris Brooks celebrates on the court after the Patriots won the CAA championship on Monday night.

Mason Dusts off Its Dancing Shoes

Patriots fans seeking another historic run in the NCAA tournament

GEORGE MASON HOOPS | Long before the bus pulled into the school lot and the Colonial Athletic Association trophy was put away, the comparisons between this year's George Mason and the 2006 version were already being made.

"George Mason is this year's George Mason," one sign read. "George, I've missed you. Let's go dancing again," read another. It was signed "Cinderella."

Two years ago, the Patriots turned a second chance into the chance of a lifetime, using an at-large berth into the NCAA tournament as the impetus for a magical three weeks, a stunning run that took them all the way to the national semifinals.

Now, they are going back, this time as CAA champions after using their smothering defense to win the CAA tournament.

Two years ago, coach Jim Larranaga's team captivated underdog lovers everywhere by beating the likes of Michigan State, North Carolina and Connecticut. He still marvels at what that run meant.

"The most incredible thing about getting to the Final Four is that everybody still talks about it two years later," Larranaga said Monday night at Richmond Coliseum.

"When we played in the Bracket Buster at Ohio University, it was written in the school newspaper that it was the biggest regular-season game in school history because a Final Four team was coming and it was being nationally televised."

For the record, the Patriots lost that game 69-57, but they've done little wrong since, winning four of five and limiting opponents to 55 points per game.

Now, fair or not, many will expect the Patriots to repeat history.

Folarin Campbell, a sophomore when he led George Mason in scoring in the tournament two years ago, said the key for this team is not trying to duplicate that magic.

"Two years ago, we had a totally different team," he said. "We've just got to go out there and make our own identity for this year. Two years ago is in the past." HANK KURZ JR. (AP)

Who's in? Eric Prisbell keeps track of which teams are in the tourney, which are out, and what that means for bubble teams every day on | **washingtonpost.com/sports**

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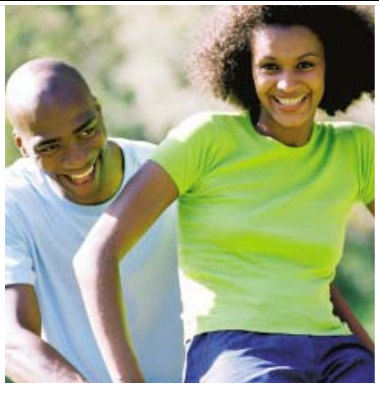
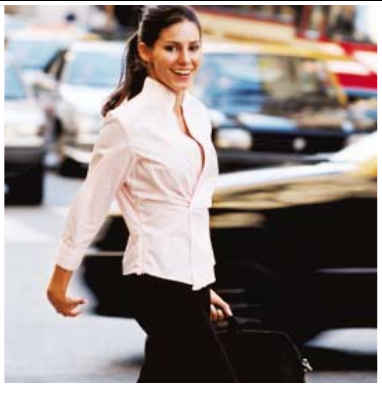

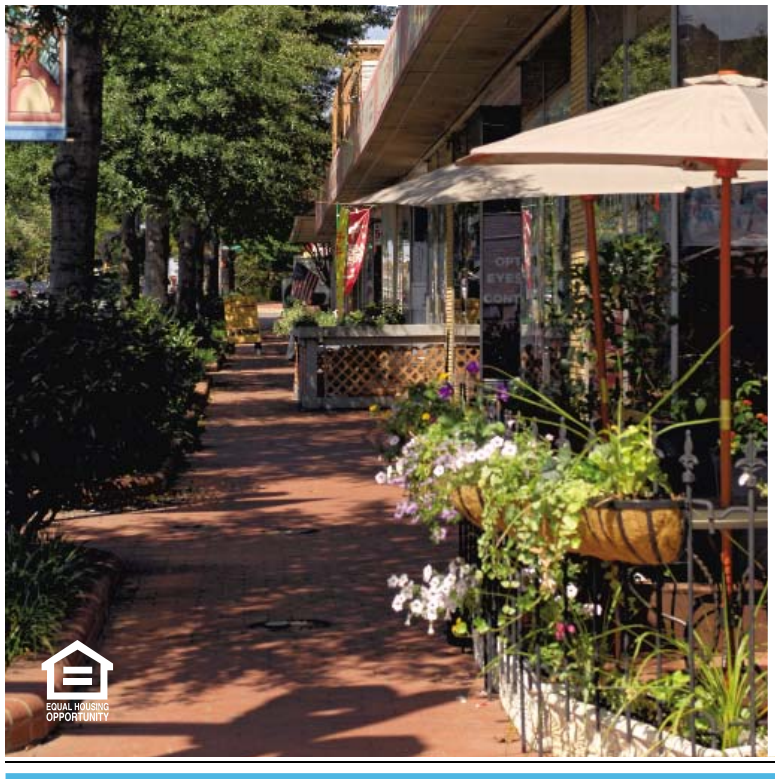

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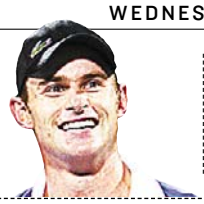
GET READY FOR RODDICK: Andy Roddick, the top-ranked American tennis player, will return to Washington this August to defend his title at the Legg Mason Tennis Classic. Roddick won the tournament in 2001, 2005 and 2007.



Capitals Are Back on the Outside

Team struggles to stay in playoff hunt since briefly being in first

CAPITALS | With two self-inflicted defeats in two crucial games last weekend, the Washington Capitals find themselves with yet another mountain to climb if they are going to make the NHL playoffs for the first time since 2003. But this time they have less than four weeks, rather than four months, to do it.

On Saturday, the Caps lost in Boston, 2-1, after giving the Bruins two five-on-three power plays in the final five minutes. The next day, rookie Nicklas Backstrom fired the puck into his own net with 28 seconds remaining, gifting Pittsburgh the victory. Coach Bruce Boudreau called it "officially heartbreaking."

The club already has proven it can recover from apparently hopeless situations, surging from the NHL basement to first place in its division between Thanksgiving and early February. Now, thanks to 5-5-3 slump over the past month, the Caps (32-30-8) sit seven points behind division-leading Carolina and six points out of the Eastern Conference's final playoff berth with just 12 games remaining.

"We still have a goal in mind of how many games we've had to win to get in the playoffs. Now we give ourselves less chance of error, that's all," Boudreau said.

The Caps host Calgary on Wednesday night as part of a four-game homestand that ends Sunday, but they head out on a six-game road trip starting next week. Since NHL play resumed following the 2004-05 lockout, at least 92 points have been required to make the playoffs in the East every year. To get there, the Caps would have to win 10 of their last 12.

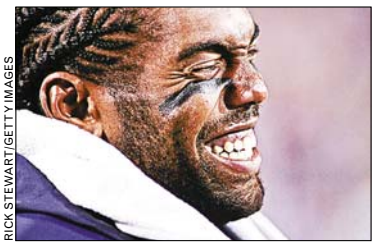
"We haven't had a great run of five, six, seven in a row the whole year," Boudreau said. "That doesn't necessarily mean it's not going to happen. We're that close."

Like GM George McPhee, who acquired three veterans at the trade deadline to boost the Caps' playoff prospects, the players seem to believe in Boudreau.

"We made our push more difficult, but you never know," Sergei Fedorov said. "I think coach will regroup us. He's very good with younger players and he knows how to fire up this locker room." BRIAN STRAUS

ELSA/GETTY IMAGES

A TOUGH WAY TO GO: The Capitals lost a physical game against Boston when they gave the Bruins two 5-on-3 power plays in the final five minutes and were beaten 2-1.



RICK STEWART/GETTY IMAGES

Randy Moss denied that he harmed Rachelle Washington as she claimed.

Accuser Wants Case Against Moss Dropped

NFL | A woman who obtained a restraining order this year in a domestic violence case against Patriots star Randy Moss wants the case dismissed, court records show.

Rachelle Washington, 35, filed papers March 3 with the Broward County Circuit Court clerk's office requesting that the order be dissolved and the case closed. The restraining order had required the All-Pro wide receiver to stay at least 500 feet from Washington.

Moss, 31, denied he harmed Washington as she claimed at her Florida home on Jan. 6, or that he prevented her from seeking medical attention. Moss did acknowledge there was an "accident" involving Washington, but would not be more specific. (AP)

Carolina Gives Highest Honor To Hansbrough

COLLEGE HOOPS | Tyler Hansbrough will soon take his place among a select group of North Carolina basketball greats.

The junior was honored as national player of the year by Sporting News on Tuesday, ensuring he will become just the eighth Tar Heel to have his number retired. When he leaves school, Hansbrough will join a list that includes Michael Jordan, James Worthy and Phil Ford on the front row of jerseys hanging from the Smith Center rafters.

"It's kind of hard to sit here and talk about how it feels to be put in the same category as the players who are up there already," said Hansbrough, who wears No. 50.

The honor came on the same day Hansbrough was the unanimous choice as ACC player of the year, making him only the third player to win the award unanimously in league history. (AP)

United Heads South to Start Work

CONCACAF match in Jamaica is the 1st of 60-plus games for D.C.

UNITED | A taxing season that could consist of an unprecedented 60-plus games begins Wednesday night for D.C. United in a place that evokes more of a relaxed, holiday feel — Kingston, Jamaica.

There D.C. will face Caribbean titlist Harbour View in the first game of a two-match CONCACAF Champions Cup quarterfinal.

The competition, which concludes in late April and offers a spot in the annual Club World Cup, will be the first of at least five tournaments in which United likely will compete this year, in addition to the 30-game MLS regular season that begins March 29.

United has proven it can handle the latter, having finished first overall each of the past two years. But in the MLS Cup playoffs, Champions Cup and other tournaments, D.C. has been miserable. Since winning the 2004 MLS Cup, it has failed to reach the final in 11 consecutive competitions.

"These tournaments are hard. That's why not everybody gets in," United coach Tom Soehn said. "The challenge is tough. So every year you're in them, it makes you stronger and better."

This year will be D.C.'s eighth in the region's premier club tournament, which it won 10 years ago. MLS champ Houston will be the other American representative. If United gets past Harbour View — the second leg is next Tuesday at RFK Stadium — it will face either defending champion Pachuca of Mexico or Central American champion Motagua of Honduras in the semis. BRIAN STRAUS

JONATHAN NEWTON/TWP

United's Jaime Moreno will head to warmer climes for Wednesday's game.

'A Good Test'

➜ International preseason tournaments, though difficult, are a good way to see how the team is shaping up, United coach Tom Soehn says. | **Today, Sports**

IN The Washington Post

TODAY'S TV LINEUP

CAPITALS (7 P.M. ON CSN) The Capitals have won three of their last six games. They get Calgary at home on Wednesday.

COLLEGE HOOPS (NOON AND 2 P.M. ON ESPN) The first round of the Big East tournament kicks off with Syracuse playing Villanova and Providence playing West Virginia.

COLLEGE HOOPS (7 P.M. AND 9 P.M. ON ESPN) Then, Cincinnati plays Pittsburgh and Seton Hall takes on Marquette, also at Madison Square Garden.

COLLEGE HOOPS (7 P.M. AND 9 P.M. ON ESPN2) The Northeast Conference championship game features Mount St. Mary's at Sacred Heart. Then, the Big Sky title game is in Portland, Ore., with teams TBA.

COLLEGE HOOPS (9 P.M. AND 11:30 P.M. ON FSN) The Pac-10 gets started late with California playing Washington and Oregon State playing Arizona in first round action.

Travel

NICK AT HEIGHTS: Nickelodeon Universe, the Nickelodeon network's first theme park, will open March 15 in the Mall of America. The seven-acre park will include 18 Nickelodeon-branded rides.

Take the Gun, Leave the Camera

As far north as you can fly, polar bears are a tourist's dream

DESTINATIONS | One disconcerting thing about sightseeing on these frozen Arctic islands at the edge of the polar ice pack: The biggest tourist attractions might be returning your stare. And to them, you're a potential meal.

There are an estimated 4,000 to 5,000 polar bears on or around Svalbard, an Arctic archipelago in Norway as far north as you can fly on a commercial flight. At about 78 degrees north latitude, it is less than 620 miles from the North Pole.

Polar bears are so elusive that British researcher Tony van Eyken, a two-year resident of Spitsbergen, the largest island, cited a local joke: "You can either carry a rifle or a camera, because if you have a camera, you'll never see a bear."

Later, apparently worried, he sent an SMS warning that polar bears should not be taken lightly. "Don't seriously encourage anyone to carry only a camera and not a gun," he wrote.

JOHN MCCONNICO/AP

A worker at the Northern Lights observatory carries a gun outside Longyearbyen, Norway. Because of polar bears, no one ventures outside city limits without a gun.

The Svalbard experience is also the sting of minus-40-degree winds on a pinpoint of skin left uncovered while snowmobiling across a glacier; wrestling boisterous sled dogs into harnesses; crawling like clumsy seals into an ice grotto; or hearing disturbing creaking of the overhead rocks deep in a coal mine.

But you don't need to be as fit as a polar explorer.

"We get all kinds of people, from all over the world," said Sigurd Daniel Nerhus, a local dogsled guide.

The vistas, like the cold, are stunning: icy glaciers, snowy mountains that seem to burst from the frosty sea, spectacular Northern Lights displays in the darkness of winter's Nov. 11 to Jan. 30 polar night. During summer, the Midnight Sun rises on April 20 and doesn't set until Aug. 23.

"We thought we would try something different from going [to the warm beaches] of southern climes," said Odd Gunnar Haug of Oslo on a bitter cold March day with his wife and two sons. "I'm not sure the boys knew what they were getting into."

DOUG MELLGREN (AP)

PHILLY'S MORE FUN
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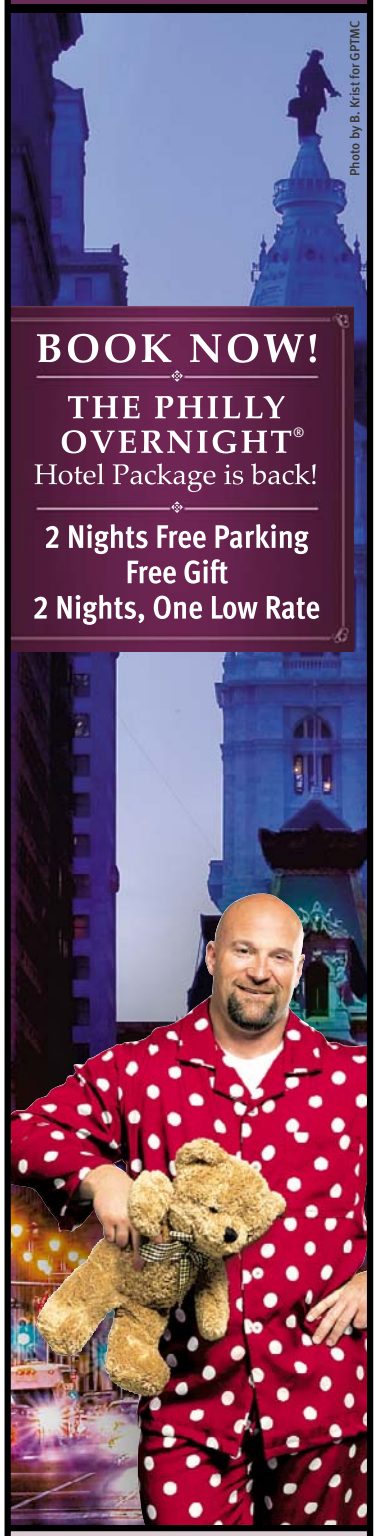

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WHAT'S RED AND PULPY AND SCARY ALL OVER? Kent Nichols and Douglas Sarine, creators of the hit Web series "Ask a Ninja," are writing the adaptation of the 1978 cult monster movie "Attack of the Killer Tomatoes!"

Entertainment

Young Arm of the Law

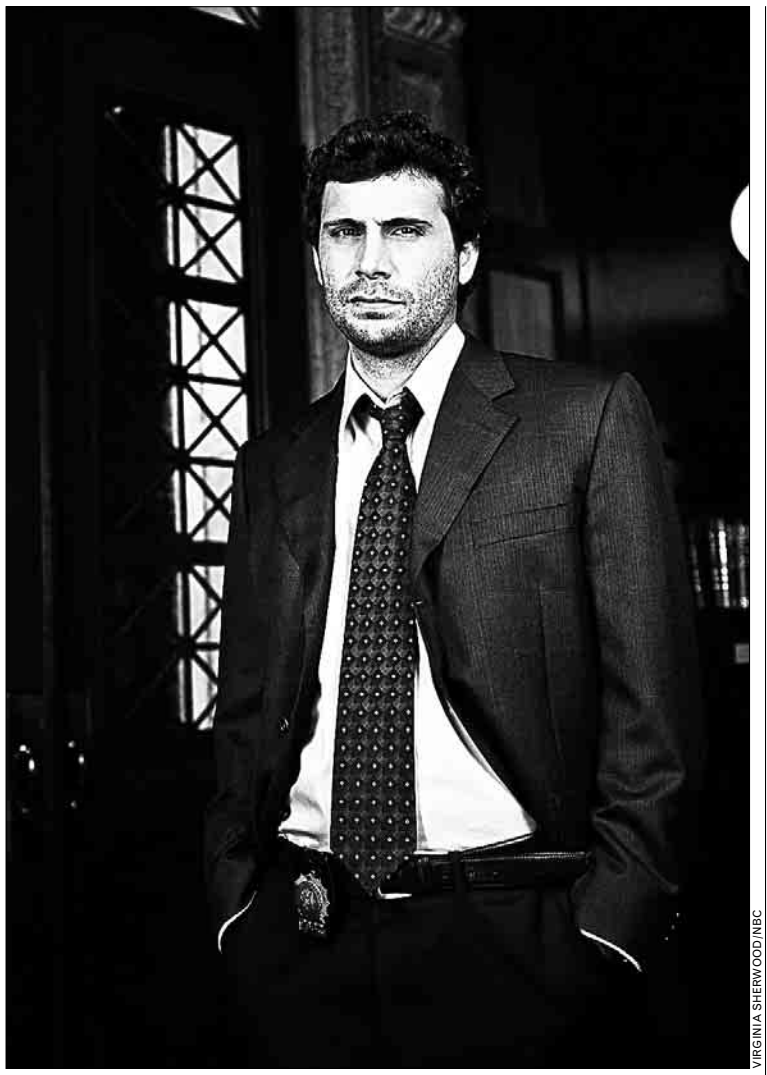
Jeremy Sisto is a youthful addition to an old man's series

SLEUTH | Jeremy Sisto says there are special challenges that come with following in the footsteps of Dennis Farina and Jerry Orbach on an iconic show like the 18-year-old "Law & Order" (10 p.m., NBC, Weds.).

Undoubtedly, Sisto must create a new kind of character in Detective Cyrus Lupo that's distinct from those of his predecessors. And there's a different kind of pressure in joining a long-running series than in creating a character on one that's just beginning.

"My emotional commitment — and the challenges for me as an actor — cannot be the same as they were on 'Six Feet Under,' playing a guy in love with his sister," Sisto admits. "I was on that show for five years. I'll always be a visitor on 'Law & Order,' no matter how long I'm on it. 'Law & Order' is a fun trip, but I'll never be identified as the 'Law & Order' guy."

Sisto acknowledges he was brought on to attract a younger demographic and to create a youthful energy on the show, particularly in his relationship with partner Detective Ed Green (played by Jesse L. Martin). The two men share an almost brotherly dynamic that's new to "L&O." "I'm trying to make Cyrus goofier, meeker, and less hardened than the others, though he will become more hardened with time," the 33-year-old Sisto says.



VIRGINIA SHERWOOD/NBC

SOMETHING FOR THE KIDS: While Sisto realizes his character may help attract younger viewers, he doesn't believe he'll ever "be identified as the 'Law & Order' guy."

"But the biggest challenge is making exposition sound real and grounded and not like exposition. Also, the characters rarely get a chance to show life's textures or reveal much about their backstory. That's a challenge." Still, elements of Cyrus' biography are already known or have been hinted at: He had a troubled relationship with his late brother, a bout with heavy drinking that resulted in the death of an officer, and a stint with the NYPD overseas, doing intelligence work on terrorists; for a number of years, he has not carried a gun.

Currently, his thoughts are on "L&O," hopeful that some of the more personal, unexplored parts of Cyrus' life will have a chance to emerge, though he doesn't think it's likely within the confines of this structured program. "Cyrus is studying to become a lawyer at night school," notes the actor. "I'd like to see him affected by his cases, filtering them as a man now studying law."

SIMI HORWITZ (BACK STAGE)

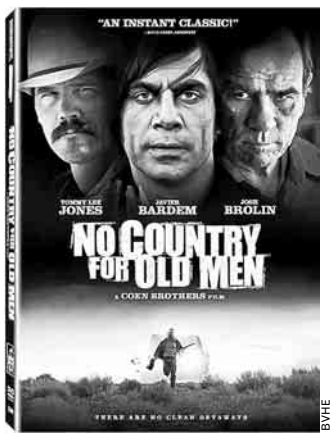
No DVD for the Faint of Heart

Bask in the violence, gore and genius of 'No Country for Old Men'

DVD | People who have not seen "No Country for Old Men" invariably ask: Is it really that violent?

Well, yeah. At least as violent as one might expect from a film about a remorseless killer who bumps people off with the help of a compressed-air tank. But it's not the blood that gets you. It's the intense sense of foreboding in "No Country" — the knowledge that the boots of Anton Chugurh (played by Oscar-winner Javier Bardem) will flash beneath a hotel doorway — that makes viewers squirm for much of the film's 122-minutes.

But this isn't "Saw IV"-style squirming; this is Best Picture-winner squirming. Viewers may occasionally avert their eyes, but they also will marvel at the Coen brothers' masterful direction and puzzle over what may be one of the most maddeningly abrupt endings in cinema history.



BVHE

Given all the accolades earned by this film, including four Academy Awards, fans may expect a DVD with a bit more heft. Unfortunately, a mere three featurettes are the only extras that accompany the movie. The half-hour "The Making of 'No Country for Old Men,'" is by far the best; the other two, which focus on the Coens and Tommy Lee Jones' character, can easily be skipped. JEN CHANEY (WASHINGTONPOST.COM)

Today's Top Stops

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JOSEPH HOROWITZ

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1 One-time director of the Brooklyn Philharmonic Orchestra Joseph Horowitz discusses his book, "Artist in Exile," at Politics & Prose. In it, Horowitz exposes how refugees of 20th-century wars broadened the American artistic horizon. Read Express' conversation with the author by visiting us online at Readexpress.com.

→ *Politics & Prose, 5015 Connecticut Ave. NW; 7 p.m., free; 202-364-1919. (Van Ness-UDC)*

PERSONAL PUBLICITY

FLIP ORLEY

Under His Spell

2 Flip Orley knows a good schitck when he sees one. Which is why, perhaps, he has been giving his gift of stand-up blended with hypnotics for two decades, and it still makes us laugh. Find him at the Improv all week.

→ *The Improv, 1140 Connecticut Ave. NW; 8:30 p.m., $15-$17; 202-296-7008. (Farragut North)*

LA GRAINE ET LE MULET

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3 La Maison Française screens the award-winning "La Graine et le Mulet," the story of a divorced, aging immigrant working on the ports of Sète, France, to make a meager living. Warm your heart with this tale of ambition, struggle and familial love.

→ *La Maison Française, 4101 Reservoir Road NW; 7 p.m., $8; 202-944-6090.*

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Adv. Tix on Sale HORTON HEARS A WHO (G) ★
Adv. Tix on Sale TYLER PERRY'S: MEET THE BROWNS (PG-13) ★
10,000 BC (PG-13) ★ (1245) 340 430 700 745 1000 1030
COLLEGE ROAD TRIP (G) (1145 200) 420 715 950
THE BANK JOB (R) - ID REQ'D (1150 230) 510 800 1040
10,000 BC - DP (PG-13) ★ (1200 245) 615 920
THE OTHER BOLEYN GIRL (PG-13) (110) 420 720 1020
PENELOPE (PG) (1200 225) 450 725 955
SEMI-PRO (R) - ID REQ'D (1155 215) 455 730 1015
VANTAGE POINT (PG-13) (1210 240) 500 740 1010
OC & DA: JUMPER (PG-13) (1205) 710
STEP UP 2 THE STREETS (PG-13) (1220 250) 545 810 1035
JUMPER (PG-13) (220) 440 945
SPIDERWICK CHRONICLES (PG) (1140 210) 435 705 935
DEFINITELY MAYBE (PG-13) (130) PM
IN BRUGES (R) - ID REQ'D (1155 235) 510 750 1025
WELCOME HOME ROSCOE JENKINS (PG-13) (1230) 350 650 940

BALLSTON COMMON STADIUM 12
Glebe Rd, Arlington 800-FANDANGO 377#

Adv. Tix on Sale HORTON HEARS A WHO (G) ★
MISS PETTIGREW LIVES FOR A DAY (PG-13) (230 500) 730 1000
THE OTHER BOLEYN GIRL (PG-13) (115 415) 715 1015
PENELOPE (PG) (110 350) 630 910
BE KIND REWIND (PG-13) (235 515) 755 1035
VANTAGE POINT (PG-13) (220 250 450 520) 745 815 1010 1040
STEP UP 2 THE STREETS (PG-13) (120 405) 640 920
FOOL'S GOLD (PG-13) (115 400) 650 940
THERE WILL BE BLOOD (R) - ID REQ'D (100 435) 810
BUCKET LIST (PG-13) (1255 340) 620 900
ATONEMENT (R) - ID REQ'D (130 430) 725 1025
JUNO (PG-13) (150 420) 700 935

BOWIE STADIUM 14
15200 Major Lansdale Blvd 800-FANDANGO 454#

Adv. Tix on Sale HORTON HEARS A WHO (G) ★
Adv. Tix on Sale TYLER PERRY'S: MEET THE BROWNS (PG-13) ★
10,000 BC - DP (PG-13) ★ (145 415) 700 930
10,000 BC (PG-13) ★ (100 330 500) 600 745 830 1030
COLLEGE ROAD TRIP (G) (100 200 300 400 515) 615 730 830 945 1030
THE BANK JOB (R) - ID REQ'D (130 430) 715 1015
WELCOME HOME ROSCOE JENKINS (PG-13) (115 230 345 500) 630 815 930 1045
SEMI-PRO (R) - ID REQ'D (100 315 530) 745 1000
BE KIND REWIND (PG-13) (215 445) 715 1000
VANTAGE POINT (PG-13) (145 400) 645 900
STEP UP 2 THE STREETS (PG-13) (130 345) 600 815 1045
JUMPER (PG-13) (115 315 530) 800 1015
SPIDERWICK CHRONICLES (PG) (230 515) 730 945
FOOL'S GOLD (PG-13) (215) PM

BETHESDA 10
7272 Wisconsin Avenue 800-FANDANGO 569#

Adv. Tix on Sale HORTON HEARS A WHO (G) ★
Adv. Tix on Sale TYLER PERRY'S: MEET THE BROWNS (PG-13) ★
COLLEGE ROAD TRIP (G) (215 430) 645 900
THE BANK JOB (R) - ID REQ'D (230 500) 745 1015
10,000 BC (PG-13) ★ (200 300 430 530) 700 800 930 1030
PENELOPE (PG) (210 440) 715 950
SEMI-PRO (R) - ID REQ'D (100 310 520) 730 940
VANTAGE POINT (PG-13) (100 310 520) 730 940
JUMPER (PG-13) (110 320 530) 745 1000
DEFINITELY MAYBE (PG-13) (145 430) 715 950
CHARLIE WILSON'S WAR (R) - ID REQ'D (245 515) 800 1020

POTOMAC YARD STADIUM 16
3575 Jefferson Davis Hwy 800-FANDANGO 690#

Adv. Tix on Sale HORTON HEARS A WHO (G) ★
Adv. Tix on Sale TYLER PERRY'S: MEET THE BROWNS (PG-13) ★
THE BANK JOB (R) - ID REQ'D (200 450) 740 1025
COLLEGE ROAD TRIP (G) (1230 220 250 440 510) 700 730 920 950
10,000 BC - DP (PG-13) ★ (130 420) 720 1010
10,000 BC (PG-13) ★ (1250 210 340 500) 640 800 930
PENELOPE (PG) (110 350) 630 910
SEMI-PRO (R) - ID REQ'D (100 320 445 545) 810 935 1035
VANTAGE POINT (PG-13) (1235 225 300 525) 710 750 1015
STEP UP 2 THE STREETS (PG-13) (250 520) 805 1040
OC & DA: JUMPER (PG-13) (120) 625
JUMPER (PG-13) (400) 850
SPIDERWICK CHRONICLES (PG) (1255 330) 620 855
DEFINITELY MAYBE (PG-13) (325) 900
WELCOME HOME ROSCOE JENKINS (PG-13) (240 530) 820
FOOL'S GOLD (PG-13) (115) PM
UNTRACEABLE (R) - ID REQ'D (1245) 615
27 DRESSES (PG-13) (405) 650 945

COUNTRYSIDE STADIUM 20
45980 Regal Plaza 800-FANDANGO 394#

Adv. Tix on Sale HORTON HEARS A WHO (G) ★
Adv. Tix on Sale TYLER PERRY'S: MEET THE BROWNS (PG-13) ★
10,000 BC - DP (PG-13) ★ (1200 250 540) 830
10,000 BC (PG-13) ★ (1130 100 200 350 450) 640 740 930 1030
COLLEGE ROAD TRIP (G) (1120 1220 140 240 410 510) 620 720 850 950
THE BANK JOB (R) - ID REQ'D (150 440) 730 1015
MISS PETTIGREW LIVES FOR A DAY (PG-13) (1245 300 530) 750 1020
THE OTHER BOLEYN GIRL (PG-13) (125 430) 700 1005
PENELOPE (PG) (1210 245 500) 745 1010
SEMI-PRO (R) - ID REQ'D (1155 230 445) 710 840 940
BE KIND REWIND (PG-13) (1150 220 520) 800 1025
VANTAGE POINT (PG-13) (1140 205 455) 715 1000
STEP UP 2 THE STREETS (PG-13) (145 400) 630 905
JUMPER (PG-13) (310 550) 1035
SPIDERWICK CHRONICLES (PG) (120 340) 635 900
DEFINITELY MAYBE (PG-13) (110 405) 645 935
FOOL'S GOLD (PG-13) (130 415) 650 945
NATIONAL TREASURE: BOOK OF SECRETS (PG) (1230 320) 625 920
JUNO (PG-13) (1145 155 420) 640 910
OC & DA: JUMPER (PG-13) (1240) 810

ROCKVILLE CENTER STADIUM 13
Rockville Town Center 800-FANDANGO 248#

Adv. Tix on Sale HORTON HEARS A WHO (G) ★
Adv. Tix on Sale TYLER PERRY'S: MEET THE BROWNS (PG-13) ★
10,000 BC (PG-13) ★ (100 200 345 445) 630 730 915 1015
COLLEGE ROAD TRIP (G) (1200 215 430) 715 930
THE BANK JOB (R) - ID REQ'D (200 500) 745 1030
MISS PETTIGREW LIVES FOR A DAY (PG-13) (1215 230 445) 700 930
THE OTHER BOLEYN GIRL (PG-13) (1245 345) 645 945
PENELOPE (PG) (130 415) 700 945
SEMI-PRO (R) - ID REQ'D (115 400) 615 830 1045
VANTAGE POINT (PG-13) (1230 245 515) 730 1000
JUMPER (PG-13) (100 530) 1030
OC & DA: JUMPER (PG-13) (315) 800
SPIDERWICK CHRONICLES (PG) (115 400) 630 900
STEP UP 2 THE STREETS (PG-13) (1245 315 545) 815 1045
JUNO (PG-13) (145 415) 645
DEFINITELY MAYBE (PG-13) 915 PM

FAIRFAX TOWNE CENTER 10
4110 W Ox Road 800-FANDANGO 670#

10,000 BC (PG-13) ★ (100 200 340 440) 640 740 920 1020
10,000 BC - DP (PG-13) ★ (130 410) 710 950
COLLEGE ROAD TRIP (G) (120 210 330 420) 630 720 900 940
SEMI-PRO (R) - ID REQ'D (110 150 320 400 530) 700 750 930 1010
THERE WILL BE BLOOD (R) - ID REQ'D (115 435) 800
JUMPER (PG-13) (140 430) 730 1000
SPIDERWICK CHRONICLES (PG) (125 350) 650 910

GERMANTOWN STADIUM 14
20000 Century Blvd 800-FANDANGO 455#

Adv. Tix on Sale HORTON HEARS A WHO (G) ★
Adv. Tix on Sale TYLER PERRY'S: MEET THE BROWNS (PG-13) ★
10,000 BC (PG-13) ★ (130 230 330 430 530) 630 730 830 930 1030
COLLEGE ROAD TRIP (G) (200 500) 745 1015
THE BANK JOB (R) - ID REQ'D (145 430) 715 1000
THE OTHER BOLEYN GIRL (PG-13) (130 415) 730 1015
PENELOPE (PG) (115 345) 645 930
SEMI-PRO (R) - ID REQ'D (215 445) 800 1030
VANTAGE POINT (PG-13) (145 415) 715 945
JUMPER (PG-13) (445) 1000
OC & DA: JUMPER (PG-13) (200) 745
STEP UP 2 THE STREETS (PG-13) (245 515) 800 1030
SPIDERWICK CHRONICLES (PG) (115 345) 630 915
DEFINITELY MAYBE (PG-13) (100 400) 645 915
FOOL'S GOLD (PG-13) (100) 700
JUNO (PG-13) (400) 945

UA SNOWDEN SQ STADIUM 14
9161 Commerce Ctr Dr 800-FANDANGO 570#

Adv. Tix on Sale HORTON HEARS A WHO (G) ★
Adv. Tix on Sale TYLER PERRY'S: MEET THE BROWNS (PG-13) ★
COLLEGE ROAD TRIP (G) (130 415) 700 915
THE BANK JOB (R) - ID REQ'D (145 430) 730 1005
MISS PETTIGREW LIVES FOR A DAY (PG-13) (200 445) 730 945
10,000 BC (PG-13) ★ (100 200 345 445) 645 745 930 1030
THE OTHER BOLEYN GIRL (PG-13) (145 430) 715 1010
PENELOPE (PG) (215 500) 745 1015
SEMI-PRO (R) - ID REQ'D (230 515) 815 1030
VANTAGE POINT (PG-13) (500) 1020
JUMPER (PG-13) (230 515) 800 1025
STEP UP 2 THE STREETS (PG-13) (130 415) 700 1000
SPIDERWICK CHRONICLES (PG) (115 345) 630 915
DEFINITELY MAYBE (PG-13) (100) 715
WELCOME HOME ROSCOE JENKINS (PG-13) (115 400) 645 930
THERE WILL BE BLOOD (R) - ID REQ'D (400) 950
OC: VANTAGE POINT (PG-13) (215) 800

MANASSAS STADIUM 14
11380 Bulloch Drive 800-FANDANGO 490#

Adv. Tix on Sale HORTON HEARS A WHO (G) ★
Adv. Tix on Sale TYLER PERRY'S: MEET THE BROWNS (PG-13) ★
10,000 BC - DP (PG-13) ★ (1220 415) 710 1005
10,000 BC (PG-13) ★ (1135 215 340 500) 635 755 930 1035
COLLEGE ROAD TRIP (G) (1150 1235 200 355 430) 655 740 915 945
THE BANK JOB (R) - ID REQ'D (1200 345) 700 1015
MISS PETTIGREW LIVES FOR A DAY (PG-13) (1210 225 440) 730 1010
THE OTHER BOLEYN GIRL (PG-13) (1240 400) 640 925
PENELOPE (PG) (1245 350) 650 950
SEMI-PRO (R) - ID REQ'D (1215 230 450) 745 1000
VANTAGE POINT (PG-13) (1205 220 445) 725 1020
STEP UP 2 THE STREETS (PG-13) (1130 205 425) 645 920
JUMPER (PG-13) (1140 155 420) 715 955
SPIDERWICK CHRONICLES (PG) (1145 210 455) 800 1030
FOOL'S GOLD (PG-13) (1230) PM

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DIGITAL PRESENTATION

10,000 B.C. (PG13) ✓ 2:00, 5:00, 8:00
10,000 B.C. (PG13) ✓ 1:00, 2:45, 4:00, 5:45, 7:00, 8:45, 10:00
THE BANK JOB (R) ✓ 1:25, 4:25, 7:10, 9:45
COLLEGE ROAD TRIP (G) ✓ 1:10, 2:10, 3:40, 4:45, 6:15, 7:15, 9:00, 9:50
SEMI-PRO (R) 1:15, 3:05, 3:55, 5:30, 6:25, 7:55, 9:30
VANTAGE POINT (PG13) 1:45, 2:50, 4:15, 5:15, 6:45, 7:45, 9:15, 10:10
VANTAGE POINT (PG13) [DV] [CC] 1:45, 4:15, 6:45, 9:15
DEFINITELY, MAYBE (PG13) 3:45, 9:35
JUMPER (PG13) 1:30, 4:05, 6:40, 9:05
THE SPIDERWICK CHRONICLES (PG) 1:20, 4:20, 7:05, 9:35
STEP UP 2 THE STREETS (PG13) 2:20, 5:05, 7:40, 10:05
FOOL'S GOLD (PG13) 1:05, 6:50
WELCOME HOME ROSCOE JENKINS (PG13) 2:05, 4:50, 7:35, 10:20

AMC SELECT

MISS PETTIGREW LIVES FOR A DAY (PG13) ✓ 1:55, 4:30, 7:20, 9:40
THE OTHER BOLEYN GIRL (PG13) 1:40, 4:40, 7:30, 10:15
PENELOPE (PG) 1:35, 4:10, 6:35, 9:05
BE KIND REWIND (PG13) 1:15, 4:05, 6:30, 9:20
NO COUNTRY FOR OLD MEN (R) 3:10, 6:10, 9:10
THERE WILL BE BLOOD (R) 2:15, 6:05, 9:25
JUNO (PG13) 1:50, 4:35, 7:25, 9:55

AMC COLUMBIA MALL 14
10300 Patuxent Parkway
703-998-4AMC

DIGITAL PRESENTATION

10,000 B.C. (PG13) 12:50, 2:00, 3:30, 4:40, 6:10, 7:20, 8:50, 10:00

THE BANK JOB (R) 1:40, 4:20, 7:00, 9:40
COLLEGE ROAD TRIP (G) 1:55, 4:15, 6:45, 9:00
SEMI-PRO (R) 2:20, 4:50, 7:10, 9:30
VANTAGE POINT (PG13) 12:30, 2:50, 5:10, 7:30, 9:50
DEFINITELY, MAYBE (PG13) 1:15
JUMPER (PG13) 12:40, 3:00, 5:20, 7:45, 10:10
JUMPER (PG13) [DV] [CC] 12:40, 3:00, 5:20, 7:45, 10:10
THE SPIDERWICK CHRONICLES (PG) 12:35, 2:55, 5:15, 7:35, 9:55
STEP UP 2 THE STREETS (PG13) 1:30, 3:55, 6:30, 9:05
FOOL'S GOLD (PG13) 4:05
WELCOME HOME ROSCOE JENKINS (PG13) 6:35, 9:15

AMC SELECT

MISS PETTIGREW LIVES FOR A DAY (PG13) 12:55, 3:10, 5:25, 7:50, 10:05
THE OTHER BOLEYN GIRL (PG13) 1:20, 4:00, 6:40, 9:20
PENELOPE (PG) 2:15, 4:35, 7:15, 9:45
NO COUNTRY FOR OLD MEN (R) 4:10, 9:25
JUNO (PG13) 1:45, 7:05

LOEWS GEORGETOWN 14
3111 K Street, N.W.
202-342-6441

10,000 B.C. (PG13) ✓ 1:35, 4:15, 7:00, 9:35
THE BANK JOB (R) ✓ 2:20, 5:00, 7:45, 10:25
SEMI-PRO (R) 2:35, 4:55, 7:15, 9:45
CHARLIE BARTLETT (R) 10:10 PM
VANTAGE POINT (PG13) 2:30, 4:45, 7:05, 9:25
VANTAGE POINT (PG13) [CC] 2:30, 4:45, 7:05, 9:25
DEFINITELY, MAYBE (PG13) 1:40, 4:25, 7:20

AMC SELECT

PENELOPE (PG) 2:10, 4:30, 6:50, 9:20
MISS PETTIGREW LIVES FOR A DAY (PG13) ✓ 1:10, 3:30, 5:50, 8:15, 10:30
THE OTHER BOLEYN GIRL (PG13) 1:55, 4:40, 7:30, 10:20
BE KIND REWIND (PG13) 1:50, 4:20, 6:45, 9:15
IN BRUGES (R) 2:45, 5:20, 8:00, 10:30
NO COUNTRY FOR OLD MEN (R) 2:15, 5:05, 7:55, 10:30
THERE WILL BE BLOOD (R) 3:00, 6:30, 10:00
ATONEMENT (R) 1:30, 7:35, 10:25
JUNO (PG13) 1:00, 3:10, 5:35, 8:05, 10:20

AMC POTOMAC MILLS 18
2700 Potomac Mills Circle, Ste 886
703-998-4262

DIGITAL PRESENTATION

10,000 B.C. (PG13) ✓ 1:15, 4:00, 6:45, 9:25

10,000 B.C. (PG13) ✓ 2:15, 5:05, 7:45, 10:20
THE BANK JOB (R) ✓ 1:55, 4:40, 7:30, 10:05
COLLEGE ROAD TRIP (G) ✓ 1:25, 3:05, 3:50, 5:30, 6:15, 7:55, 8:45, 10:10
SEMI-PRO (R) 1:10, 2:50, 3:35, 5:15, 6:00, 7:35, 8:25, 9:55
VANTAGE POINT (PG13) 3:10, 5:35, 8:00, 10:15
DEFINITELY, MAYBE (PG13) 4:50, 10:20
JUMPER (PG13) 2:10, 4:45, 7:10, 9:40
THE SPIDERWICK CHRONICLES (PG) 1:50, 4:25, 7:05, 9:40
STEP UP 2 THE STREETS (PG13) 2:30, 4:55, 7:25, 9:50
FOOL'S GOLD (PG13) 2:00, 7:40
WELCOME HOME ROSCOE JENKINS (PG13) 1:40, 4:30, 7:15, 10:00

AMC SELECT

MISS PETTIGREW LIVES FOR A DAY (PG13) ✓ 2:25, 5:00, 7:20, 9:45
THE OTHER BOLEYN GIRL (PG13) 1:20, 4:15, 7:10, 10:05
THE OTHER BOLEYN GIRL (PG13) [CC] 1:20, 4:15, 7:10, 10:05
PENELOPE (PG) 2:05, 4:35, 7:00, 9:25
BE KIND REWIND (PG13) 2:35, 5:10, 7:50, 10:15
NO COUNTRY FOR OLD MEN (R) 1:00, 3:45, 6:40, 9:30

AMC COURTHOUSE PLAZA 8
Courthouse and Birch Rd.
703-998-4AMC

10,000 B.C. (PG13) ✓ 2:30, 5:00, 7:40
THE BANK JOB (R) ✓ 2:50, 5:20, 7:50
COLLEGE ROAD TRIP (G) ✓ 2:20, 4:40, 7:00
SEMI-PRO (R) 3:30, 5:40, 8:00
DEFINITELY, MAYBE (PG13) 1:50, 4:20, 7:10
THE SPIDERWICK CHRONICLES (PG) 2:10, 4:30, 6:50
CHARLIE WILSON'S WAR (R) 2:40, 5:10

AMC SELECT

IN BRUGES (R) 2:25, 4:50, 7:20

MAGIC JOHNSON CAPITAL CENTRE 12
800 Shopper's Way, Largo
301-324-4220

10,000 B.C. (PG13) 12:20, 1:15, 3:10, 4:10, 6:10, 7:10, 9:10, 10:10
THE BANK JOB (R) 2:15, 4:45, 7:15, 9:45
COLLEGE ROAD TRIP (G) 12:15, 1:45, 2:45, 4:15, 5:15, 6:45, 7:45, 9:15, 10:15
SEMI-PRO (R) 12:10, 2:20, 4:30, 7:00, 9:30
VANTAGE POINT (PG13) 12:10, 2:35, 5:00, 7:30, 10:00
VANTAGE POINT (PG13) [CC] 12:10, 2:35, 5:00, 7:30, 10:00
JUMPER (PG13) 12:25, 2:50, 5:20, 7:50, 10:10
THE SPIDERWICK CHRONICLES (PG) 12:05, 2:25, 4:50, 7:20, 9:50
STEP UP 2 THE STREETS (PG13) 12:05, 2:30, 4:55, 7:25, 9:55
WELCOME HOME ROSCOE JENKINS (PG13) 12:15, 1:30, 3:05, 4:05, 6:05, 7:05, 9:05, 10:05

LOEWS SHIRLINGTON 7
2772 South Randolph
703-671-0910 801

THE BAND'S VISIT (PG13) 1:40, 4:20, 7:50

AMC SELECT

MISS PETTIGREW LIVES FOR A DAY (PG13) 2:30, 4:50, 7:10
THE OTHER BOLEYN GIRL (PG13) 1:30, 4:10, 7:00
BE KIND REWIND (PG13) 5:20
IN BRUGES (R) 2:20, 5:00, 7:30
NO COUNTRY FOR OLD MEN (R) 1:50, 4:40, 7:40
THERE WILL BE BLOOD (R) 2:10, 7:40
JUNO (PG13) 2:00, 4:30, 7:20

LOEWS UPTOWN 1
3426 Connecticut Avenue N.W.
1-800-FANDANGO #713

10,000 B.C. (PG13) 2:30, 5:15, 8:00

AMC TYSONS CORNER 16
7850 Tysons Corner Center
703-998-4262

DIGITAL PRESENTATION

SEMI-PRO (R) 12:45, 3:00, 5:25, 7:55, 10:20

10,000 B.C. (PG13) ✓ 1:50, 3:15, 4:25, 5:55, 7:15, 8:45, 10:05
THE BANK JOB (R) ✓ 2:00, 5:00, 7:45, 10:35
COLLEGE ROAD TRIP (G) ✓ 12:45, 2:50, 5:10, 7:30, 9:50
VANTAGE POINT (PG13) 12:50, 3:05, 5:30, 8:00, 10:25
DEFINITELY, MAYBE (PG13) 4:55, 7:50, 10:40
DEFINITELY, MAYBE (PG13) [DV] [CC] 4:55, 7:50, 10:40
JUMPER (PG13) 1:05, 3:20, 5:45, 8:15, 10:30
THE SPIDERWICK CHRONICLES (PG) 2:05, 4:35, 7:05, 9:40
STEP UP 2 THE STREETS (PG13) 1:15, 3:35, 5:55, 8:15, 10:40
FOOL'S GOLD (PG13) 2:05
FOOL'S GOLD (PG13) [CC] 2:05

AMC SELECT

MISS PETTIGREW LIVES FOR A DAY (PG13) ✓ 1:10, 3:30, 5:45, 8:10, 10:30
THE OTHER BOLEYN GIRL (PG13) 1:45, 4:30, 7:25, 10:15
PENELOPE (PG) 1:00, 3:10, 5:25, 7:55, 10:20
BE KIND REWIND (PG13) 12:55, 3:25, 5:50, 8:20, 10:45
NO COUNTRY FOR OLD MEN (R) 1:40, 4:45, 7:40, 10:40
THERE WILL BE BLOOD (R) 9:25 PM
JUNO (PG13) 2:10, 4:40, 7:00

AMC MAZZA GALLERIE
Jenifer and Wisconsin
202-537-9553

THE BANK JOB (R) ✓ 1:50, 4:30, 7:15
COLLEGE ROAD TRIP (G) ✓ 3:20, 5:30, 7:45
SEMI-PRO (R) 2:15, 4:40, 7:00
VANTAGE POINT (PG13) 2:45, 5:15, 7:55
THE SPIDERWICK CHRONICLES (PG) 2:10, 4:25, 7:20

AMC SELECT

THE OTHER BOLEYN GIRL (PG13) 2:00, 4:50, 7:40
PENELOPE (PG) 2:30, 5:20, 7:30

LOEWS RIO CINEMAS 18
9811 Washingtonian Boulevard
301-948-0906

DIGITAL PRESENTATION

10,000 B.C. (PG13) ✓ 3:00, 5:40, 8:20

10,000 B.C. (PG13) ✓ 1:40, 4:20, 7:00, 9:40
THE BANK JOB (R) ✓ 2:00, 4:45, 7:20, 10:00
COLLEGE ROAD TRIP (G) ✓ 1:50, 2:50, 4:10, 5:10, 6:30, 7:30, 8:50, 9:50
SEMI-PRO (R) 1:05, 3:35, 6:05, 8:15, 9:30, 10:30
VANTAGE POINT (PG13) 1:10, 3:45, 6:10, 7:25, 8:40, 9:55
VANTAGE POINT (PG13) [DV] [CC] 1:10, 3:45, 6:10, 8:40
DEFINITELY, MAYBE (PG13) 1:40, 4:30, 7:35, 10:20
JUMPER (PG13) 2:30, 5:05, 7:40, 10:10
THE SPIDERWICK CHRONICLES (PG) 1:35, 3:55, 6:50, 9:20
STEP UP 2 THE STREETS (PG13) 1:45, 4:00, 6:55, 9:25
FOOL'S GOLD (PG13) 1:25, 4:05, 6:45

AMC SELECT

MISS PETTIGREW LIVES FOR A DAY (PG13) ✓ 1:55, 4:35, 7:05, 9:45
THE OTHER BOLEYN GIRL (PG13) 1:50, 4:30, 7:10, 10:05
PENELOPE (PG) 1:20, 3:40, 6:00, 8:25, 10:30
BE KIND REWIND (PG13) 2:20, 4:55, 7:50, 10:15
NO COUNTRY FOR OLD MEN (R) 1:15, 4:40, 7:35, 10:20
JUNO (PG13) 2:25, 5:00

LOEWS WHITE FLINT 5
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1-800-FANDANGO #741

10,000 B.C. (PG13) 1:45, 4:40, 7:15
VANTAGE POINT (PG13) 2:00, 4:15, 7:00

AMC SELECT

THE OTHER BOLEYN GIRL (PG13) 1:45, 4:30, 7:25
NO COUNTRY FOR OLD MEN (R) 1:50, 4:25, 7:10
JUNO (PG13) 2:15, 4:35, 7:20

Times for Wednesday, March 12, 2008

✓-SPECIAL ENGAGEMENT No passes or discount coupons [CC] - Closed Captioning · [DV] - Descriptive Video Service

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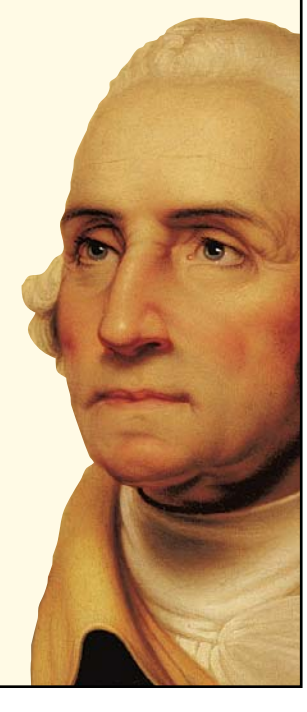

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Entertainment

'JUST GET A NUTRITIONIST!': Janet Jackson, whose weight has fascinated the tabloids for years, is co-writing an advice book about her journey as an "emotional eater." The book is still untitled, and Jackson hopes to have it out by the end of the year.

It's Crazy, Sexy, Cool

Oh, and funny. Snoop proves unstoppable with offering No. 9

MUSIC | Leave it to Snoop Dogg to breathe new life (and a few laughs) into a borderline-overused urban music trend.

On the slinky first single, "Sexual Seduction," of his new album, "Ego Trippin'," the West Coast rap veteran used the popular Auto-Tune processor — the production device that digitizes music to sound much like Roger Troutman's vocoder-assisted vocals — and scored with a major hit and a hilarious '80s-inspired throwback video.

But that shrewd ability stay in step with the times while not taking himself too seriously is partly what has enabled Snoop to extend his career long past his gangsta-rapping, early '90s heyday.

After more than 15 years, Snoop may be covering familiar lyrical terrain on his ninth studio album, "Ego Trippin'." His brags again reference his gangsta-slim sex appeal, his gang affiliation and his undeniable star power. But Snoop's brand of cool makes the redundancies seem more like excusable character ticks than artistic liabilities.

On "Press Play," a stellar, horn-accented track produced by DJ Quik, Snoop explains: "Still toking, title holding, Desert Eagle 4-5 toting ... yeah, I'm still focused."

ESTEVAN ORIOL

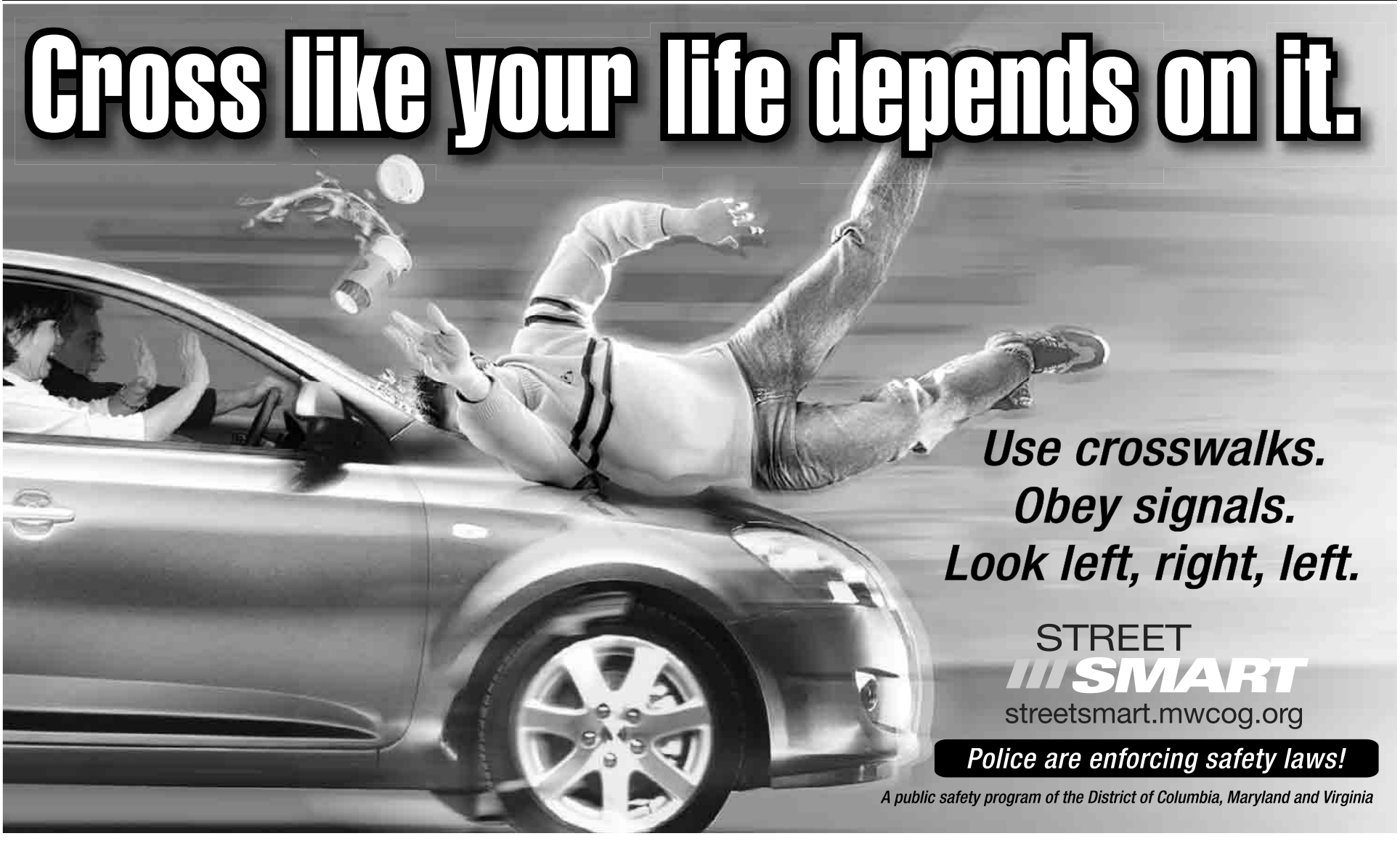
ONE OF THOSE PEOPLE: Whatever the gig, Mr. Dogg has a knack for making it work.

For periods of "Ego Trippin'," Snoop does sound focused. The first half is chocked with bangers, including a wistful look back at his career, "Neva Have 2 Worry," and the bass-heavy, Neptunes-helmed "Sets Up." But two-thirds in, it's clear that Snoop has trouble editing himself as he crams in odes to a range of musical influences. "Cool" is an average remake of the Time's synth-funk party-starter.

"Staxxx in My Jeans" meekly mimics the trunk-rattling Southern rap sound and contains an inane, slo-mo hook: "My pockets look like Re-Run's/ your pockets look like Raj."

Snoop even goes country-western on the Everlast-produced "My Medicine." However, that track, like most of the disc, is an undeniable good time and further proof Snoop's still not wasting his breath.

BRETT JOHNSON (AP)



FOLLOW YOUR REALITY SHOW DREAMS! MTV has green-lighted three music- and dance-theme projects. Two are geared toward singers, and one will be an unscripted musical drama from Nick Lachey described as the reality version of "Fame."

Television

ON TV TONIGHT

TRY 'KUNG FU FIGHTING'
Karaoke and kickboxing mix badly on **WIFE SWAP** (8 p.m., ABC).

PREPARE THE VIOLINS
A contestant's swan song is sung on **AMERICAN IDOL** (9 p.m., Fox).

SHE'S GOT THE SKINNY
Lara Flynn Boyle guest-stars as an aggressive reporter on **LAW & ORDER** (10 p.m., NBC).

GET YOUR 15 MINUTES
Jane yearns for media exposure on **MEN IN TREES** (10 p.m., ABC).

POPE WINFREY
Known for his blowtorch approach to topical humor, Lewis Black hosts **ROOT OF ALL EVIL** (10:30 p.m., Comedy Central), a faux debating club that asks rival comics to make the case for their particular brand of "evil." Tonight's mock debate takes on Oprah and the Catholic Church.

COMEDY CENTRAL

CRITIC. OF EVERYTHING: Black finds fault with stuff on "Root of All Evil."

HE'S [EXPLETIVE] BEN AFFLECK
Adam Carolla and Sheryl Crow are on **JIMMY KIMMEL LIVE** (12:05a.m., ABC). KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

Draw Your Knives

'Top Chef Chicago' is culinary finesse and saucy dramatics

BROIL | Never fear, "Project Runway" addicts. Unsure how to handle Wednesdays since the departure of Sister Christian and all things "fierce?" The competition doesn't cease on Bravo. Tonight, tune in to watch 16 food gurus begin the tasty, angst-filled battle for the title of "Top Chef Chicago" (10 p.m.).

We're sure you'll find all is as it should be with the show's fourth season. Host Padma Lakshmi is as stunning as ever, and her wardrobe retains that bargain-bin feel we've come to know and be utterly confused by. Head judge Tom Colicchio will undoubtedly make pointed, snarky comments at every opportunity (especially those he creates). According to one urban kitchen legend, if you look closely during judge's table, you can actually see the ego oozing out of his ears.

Food and Wine's Gail Simmons and "Queer Eye's" Ted Allen also return for round four. And, finally, tonight's guest judge will be Colicchio's only true rival in the ego-ooze department: Anthony Bourdain of "No Reservations" fame. Put all this in a mixing bowl and add testosterone-ridden (that's not just the menfolk) competitors, and you've got a recipe for some delicious drama. KARMAH ELMUSA (EXPRESS)

BRAVO

POWERFUL PALETTES: Chefs' fates are decided by the judges' taste buds.

3.12.08		6:00 PM	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
LOCAL CHANNELS	WRC 4	News (N) CC		NBC Nightly News	Access Hollywood	Deal or No Deal (iTV) (N) CC		Law & Order: Criminal Intent CC		Law & Order "Submission" (N) CC		News (N) CC	Tonight Show
	WTTG 5	News (N)	TMZ (N) CC	The Simpsons	Seinfeld CC	The Moment of Truth (N) CC		American Idol One is eliminated.		News (N)		News (N)	TMZ CC
	WJLA 7	News (N) CC	ABC Wld News	Wheel of Fortune	Jeopardy! (N)	Wife Swap "Graf/Medici" (N) CC		Supernanny Helping a busy family. (N)		Men in Trees "Home, Seized Home"		News (N) CC	(:35) Nightline (N)
	WUSA 9	News (N) CC	Evening News	News	Entertainment	Big Brother: 'Til Death Do You Part		Criminal Minds "In Name and Blood"		CSI: NY "Buzzkill" CC		News (N) CC	Late Show
	WDCA 20	Judge Judy (N)	Judge Joe Brown	King of Queens	King of Queens	Whacked Out	Whacked Out	Secrets of Street Magicians		Every-Raymond	King of the Hill	Law & Order: Criminal Intent CC	
	WMPT 22	The NewsHour With Jim Lehrer (N)		You & the Night & the Music		The Jewish Americans By the 1870s, 250,000 Jewish-Americans settle across the United States. CC (DVS)						Viewer Favorites	
	WETA 26	BBC World News	Business Rpt.	The NewsHour With Jim Lehrer (N)		Great Performances Viewers' favorite televised Met opera moments. CC				Dr. Wayne Dyer: Change Your Thoughts, Change Your Life CC			
	WHUT 32	Moneytrack	Tavis Smiley	BBC World News	Moneywise	African American Lives 2 CC (DVS)				BBC World News	Tavis Smiley	Charlie Rose (N) CC	
	WDCW 50	My Wife and Kids	Family Guy CC	Two/Half Men	Two/Half Men	America's Next Top Model (N) CC		Pussycat Dolls Present: Girlicious		Friends CC	Friends CC	Family Guy CC	Sex and the City
BASIC CABLE	A&E	Cold Case Files "The Zodiac Killer"		CSI: Miami "Grand Prix" CC		CSI: Miami "Driven" CC		CSI: Miami "Free Fall" CC		CSI: Miami "Dead Air" CC		CSI: Miami "Open Water" CC	
	Animal	The Crocodile Hunter CC		Big Cat Challenge CC		Wild Kingdom		Big Cat Diary Chui hunts a giraffe. (N)		Animal Cops Houston CC		Wild Kingdom	
	BET	106 & Park: BET's Top 10 Live Djimon Hounsou. (N)			Access Granted	★★ "Jason's Lyric" (1994, Drama) Allen Payne, Jada Pinkett. CC				College Hill	College Hill	Malcolm & Eddie	Malcolm & Eddie
	Bravo	Project Runway CC		Project Runway "The Art of Fashion"		Project Runway CC		Project Runway "Finale" CC		Top Chef (Season Premiere) (N) CC		(:15) Top Chef CC	
	Comedy	(5:00) ★★ "Overnight Delivery" CC		Scrubs CC	Scrubs CC	Daily Show	Colbert Report	Futurama CC	South Park CC	South Park CC	Lewis Black	Daily Show	Colbert Report
	Court	World's Wildest Police Videos CC		Cops CC	Cops CC	Most Shocking (N)		Most Daring (N)		Most Shocking		Forensic Files	Forensic Files
	Discovery	Cash Cab (N)	Cash Cab CC	How It's Made	How It's Made	Futureweapons "Future Warrior"		MythBusters "Trail Blazers" CC		Smash Lab "Blast Proof Building"		MythBusters Birds in a truck. CC	
	DISCH	Code Blue "Crossroads" CC		Trauma: Life in the ER "Last Stand"		Trauma: Life in the ER "Built to Last"		Plastic Surgery Beverly Hills CC		Face-Saving Surgery CC		Trauma: Life in the ER "Built to Last"	
	Disney	Wizards-Place	Wizards-Place	Hannah Montana	Zack & Cody	★★ "The Thirteenth Year" (1999) Chez Starbuck.			That's So Raven	That's So Raven	Life With Derek	Zack & Cody	Hannah Montana
	E!	Kardashians	Chelsea Lately	E! News (N)	The Daily 10 (N)	THS Investigates Spring Break Nightmares Dangerous.				Pop Fiction	Girl Next Door	E! News	Chelsea Lately (N)
	FX	(5:00) ★★★ "The Mask of Zorro" (1998, Adventure) Antonio Banderas.				★★ "The League of Extraordinary Gentlemen" (2003, Fantasy) Sean Connery, Shane West.					★★ "The League of Extraordinary Gentlemen" (2003)		
	HGTV	Rezoned	If Walls Could	House Worth?	House Hunters	Designed to Sell	Get It Sold	Deserving Design	Design on a Dime	House Hunters (N)	Sleep on It (N)	Haulin' House (N)	What's-House?
	Family	8 Simple Rules	8 Simple Rules	Grounded for Life	★★★ "Pleasantville" (1998, Comedy) Tobey Maguire, Jeff Daniels, Joan Allen. CC					America's Funniest Home Videos		The 700 Club CC	
	History	Battlefield Detectives CC		Modern Marvels: Renewable Energy		Modern Marvels: World's Sharpest		MonsterQuest CC		UFO Hunters CC		Modern Marvels: Freight Trains CC	
	Lifetime	Reba CC	Reba CC	Still Standing	Still Standing	Reba CC	Reba "The Will"	"No Brother of Mine" (2007, Suspense) Kellie Martin. CC				Will & Grace	Will & Grace
	MTV	True Life Young mothers.		Life of Ryan	Rob & Big	Making the Band 4 "Fight Club"		Real World -- Road Rules Challenge		Real World -- Road Rules Challenge		That's Amore "Rival Sirens"	
	NICK	iCarly CC	iCarly CC	Drake & Josh	Zoey 101 CC	SpongeBob	Drake & Josh	Home Improve.	Home Improve.	George Lopez	George Lopez	Fresh Prince	Fresh Prince
	SCIFI	Stargate SG-1 "Watergate" CC		Ghost Hunters CC		Ghost Hunters "Myrtle's Plantation"		Ghost Hunters Burlington County Jail.		Destination Truth Haunted ruins. (N)		Ghost Hunters Burlington County Jail.	
	SPIKE	CSI: Crime Scene Investigation		CSI: Crime Scene Investigation		CSI: Crime Scene Investigation "XX"		UFC Unleashed		Pros vs. Joes John Randle. CC		UFC Unleashed	
	TBS	Friends CC	Every-Raymond	Every-Raymond	Every-Raymond	Family Guy CC	Family Guy CC	House of Payne	House of Payne	House of Payne	House of Payne	Every-Raymond	Every-Raymond
	TLC	Flip That House	Flip That House	Archie, the 84-Lb Baby Condition.		Real Life Mysteries (N)		Dr. G: Medical Examiner		Big Medicine "Losing Large" CC		Real Life Mysteries	
	TNT	Law & Order "Vaya Con Dios"		Law & Order "Floater" CC (DVS)		Law & Order "Payback"		★★ "Rush Hour 2" (2001, Action) Jackie Chan, Chris Tucker. CC				Cold Case "It's Raining Men" CC	
	USA	Law Order: CI	Law & Order: Criminal Intent "F.P.S."		Law & Order: Special Victims Unit		★★ "Sweet Home Alabama" (2002, Romance-Comedy) Reese Witherspoon, Josh Lucas. CC					(:01) Law & Order: Criminal Intent	
	VHI	The Flavor of Love		The Flavor of Love		The Flavor of Love Theme-restaurant.		The Flavor of Love Roast.		The Flavor of Love Bedtime story.		Salt N Pepa	Rags to Riches
SPAN.	TELEM	Los Plateados	Noti-Telemndo	12 Corazones		La Traicion		Victoria		Pecados Ajenos		Noti-Telemndo	Titulares y Mas
	UNIV	Que Locura	Noticiero Univ	Yo Amo a Juan Querendón		Al Diablo con Los Guapos		Pasión		Don Francisco Presenta		Primer Impacto	Noticiero Univ.
SPORTS	ESPN	SportsCenter (Live) CC		College Basketball Big East Tournament First Round -- Teams TBA. CC				College Basketball Big East Tournament First Round -- Teams TBA. (Live) CC					SportsCenter
	ESPN2	NASCAR Now	Rome-Burning	College Basketball NEC Tournament Final -- Teams TBA. (Live) CC				College Basketball Big Sky Tournament Final -- Teams TBA. (Live) CC				SportsCenter	Gamenight
	CSN	SportsNite CC	SportsNite CC	NHL Hockey Calgary Flames at Washington Capitals. From Verizon Center in Washington, D.C.					College Basketball: Pac-10 First Round -- Teams TBA			SportsNite CC	Basketball
NEWS	CNN	(4:00) The Situation Room		Lou Dobbs Tonight CC		CNN Election Center		Larry King Live CC		Anderson Cooper 360 CC			
	FNC	Special Report CC		The Fox Report With Shepard Smith		The O'Reilly Factor CC		Hannity & Colmes CC		On the Record-Van Susteren		The O'Reilly Factor	
	MSNBC	Tucker		Hardball CC		Countdown With Keith Olbermann		Live With Dan Abrams		Home Wreckers Contractors.		Conviction: The Orchard Execution	
MOVIES	AMC	(3:30) ★★★★ "The Godfather, Part II" (1974, Drama) Al Pacino. 'R' CC				★★★ "The Matrix" (1999) Keanu Reeves. A computer hacker learns his world is a computer simulation. 'R' CC						★★ "Species" (1995) Ben Kingsley.	
	TCM	★★ "Underworld U.S.A." (1961) Cliff Robertson. Premiere. 'NR'				★★★ "The Rat Race" (1960, Comedy-Drama) Tony Curtis. Premiere. 'NR'				★★ "Boeing, Boeing" (1965) Tony Curtis. Premiere. 'NR'			Some Like It Hot
	HBO	(5:00) ★★ "Firehouse Dog" (2007)		★★ "Disturbia" (2007) Shia LaBeouf. 'PG-13' CC			10 000 BC-1st	In Treatment	In Treatment (N)	Real Time With Bill Maher CC		The Wire "- 30 -" CC	
	MAX	The Lake House	★★ "Billy the Kid" (2007) Premiere. 'NR' CC			★★ "Snakes on a Plane" (2006, Horror) Samuel L. Jackson. 'R' CC				★★★ "Hot Fuzz" (2007, Comedy) Simon Pegg, Nick Frost. 'R' CC			
	SHOW	(:15) "Open Water 2: Adrift" (2006) Susan May Pratt. iTV. 'R' CC				The L Word "Lifecycle" (iTV) CC		★★ "Crank" (2006) Jason Statham. iTV. 'R' CC			Boxing David Haye vs. Enzo Maccarinelli. (iTV)		
	TMC	World's Fastest	★★★ "Cowboy del Amor" (2005) 'NR' CC			★★ "The Groomsmen" (2006) Edward Burns. Premiere. 'R' CC				★ "Larry the Cable Guy: Health Inspector" (2006) CC			★ Tideland 'R'
	STARZ!	(5:50) ★★★ "Keeping the Faith" (2000) Ben Stiller. 'PG-13' CC				(:05) ★★ "Perfect Stranger" (2007, Suspense) Halle Berry. 'R' CC				Head Case CC	Hollywd Res.	Head Case CC	Hollywd Res.
	ENCORE	(5:50) ★★★ "Dogma" (1999, Comedy) Ben Affleck, Matt Damon. 'R' CC				★★★ "A Fish Called Wanda" (1988, Comedy) John Cleese. 'R' CC				(9:50) ★★ "Rambo: First Blood Part II" (1985) 'R' CC			★ Bulletproof 'R'

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Nat'l moving Co now hiring. Lifting/loading nec. Clean DMV & background check req'd. Up to $15/hr. Call 703-256-6403 - 240-318-0590

DRIVERS WANTED
HP Dealer in Alex. F/T Starting $11.00 Metro DC Area. 703-658-3084

JOBS

Education
Teachers
Come Join A Great Team!

Childtime Learning Centers is seeking FT Lead Teachers for the following schools:

Fairfax
703-620-1800(p) 703-620-6732(f)
1053@childtime.com
Reston
703-796-9663(p) 703-796-1028 (f)
1057@childtime.com

Req'ts: 12+ ECE credits, 6 mos. exp. CDA or degree in ECE, a plus. Competitive salary and benefits. EOE

ELECTRICIANS
Growing co. seeks Elects with min 2 yrs commercial exp. We offer great pay and benefits. Only reliable with tools, vehicles and refs need apply. Call 703-590-2539/ 301-982-7346

FLYER DISTRIBUTION PEOPLE
Needed to pass out flyers for events.
Please call **240-427-2798** for info.

HEALTH CARE

UNITY HEALTH CARE

Community Health Center and Correctional Full-time Career Opportunities

Unity Health Care is a multi-site non-profit organization offering a continuum of medical care and human services primarily to the homeless and medically underserved. Serve our mission, vision, values and community by applying for the following career opportunities available:

- Physician - Internal Medicine
- Psychiatrist
- Physician Assistant
- Nurse Practitioner
- Dentist
- Register Nurse (RN)
- License Practical Nurse (LPN)
- Unit Clerk
- Regulatory Affairs Nurse
- Radiologic Technician
- Health Center Director
- Health Educator
- Maintenance Supervisor
- Driver
- Health Center Clerk
- Medical Assistants/Floaters
- IT Data Analyst/Trainer
- Dental Assistant
- Pharmacy Technician
- Patient Registration Clerk
- Assistant WIC Coordinator
- WIC Nutritionist
- Nutritionist Technician
- HIMS Clerk - Floater

We offer an attractive benefits and compensation package.
For more details visit us at:
www.unityhealthcare.org
Click on Career Center to apply online

An Equal Opportunity Employer

HELPERS & EASTER BUNNIES
needed at Landmark Mall. For info call 703-241-1029. EOE

INVENTORY TAKERS

For travel team. Must be able to work in the US and work flexible hours. Has transportation.
Contact Tina or Richard at : 703-941-9884 Monday-Friday, 9-5

JOBS

HOTEL

L'ENFANT PLAZA HOTEL
WASHINGTON D.C.

Are you looking for a company that values Teamwork, Fairness, Communication, Flexibility, Creativity, and Personal Growth?
You have found it. We are looking for
Sales Manager and Catering Sales Manager
Forward your Resume to hr@lenfantplazahotel.com or fax to 202-646-4461
Applications may be filled out in the HR office on Monday's and Wednesday's between the hours of 9:00 a.m. – 12:00 p.m.
No phone calls please.
An Equal Opportunity Employer, M/F/V/D

HOUSEKEEPER

Executive-level Housekeeper for pleasant, private executive residence in Baltimore/Washington, DC metro area. Experience with myriad skills is needed for hands-on cleaning, laundry, ironing, clothing and shoe care, very light cooking, inventory and marketing including everything from household supplies and groceries to routine checks of air filters, light bulbs, etc. You will work in a technologically advanced residence using iRobot machines, internet and computer software. You will line up and oversee any outside vendors and schedule service or repairs as needed. You will assist with travel arrangements and home office tasks and do general household errands. The employer is looking for someone that can come in with a quiet efficiency and good organization is a must. No child care. Live out, 30-35 hours/week, Mon. - Fri. Generous salary, ample vacation days. References and background will be checked. Apply at:
www.applybyweb.com
Keyword: **Housekeeper**

HVAC
Entry Level Technician
Are you ready to start a career?

Central Services will teach you everything that you need to know. We have an awesome training program. Apply Now! **www.gocentral.com**

HVAC
Are you going home early every day? Do you look forward to going to work? Does your company care about you and your family?
Find out why we're different. Comm'l & residential, service & install. 5 yrs exp. P: 703-541-1006

HVAC
A/C Equipment Mechanic

The National Gallery of Art is seeking an experienced A/C Equipment Mechanic to operate, maintain, troubleshoot, and repair its HVAC&R building mechanical equipment and systems. The position requires heavy physical effort and the ability to take operational readings from HVAC equipment. Secure government job with great benefits. Salary range $23.59-$27.55, hourly. Call Mr. Bixler at 202-842-6350 for more information. U.S. citizenship is required. For application information and instructions please visit http://jobsearch.usajobs.opm.gov/a9nga.asp. The vacancy announcement number is 08-8A. Applications will be accepted through 3/14/08. EOE.

JOBS

HOTEL

Holiday Inn Express Springfield Hotel
Managed by Donohoe Hospitality Services

We are looking for great people to join our team!

Front Desk Clerk
Front Office Supervisor
Banquet Setup PT/FT
Houseperson
Night auditor FT
Housekeeping Supervisor
Sales Manager

To apply send to hr@hiesva.com,
fax 703-866-4557
In person M-F (10am – 4pm)
Position must be listed on all fax coversheets and email subject lines to be considered
6401 Brandon Ave.
Springfield, VA 22150
EOE/AA

Hotel

Holiday Inn – College Park
10000 Baltimore Avenue
College Park, Md 20740

WE ARE HAVING A JOB FAIR

Wednesday
March 12, 2008
10:00 AM to 2:00 PM

We are looking to fill these positions

- Front Desk Clerks
- Servers PM
- Servers AM
- Hostesses
- Housekeepers
- Night Houseperson
- PM Cooks
- Sales and Catering Coordinator
- Executive Housekeeper

Candidates must work flexible schedules.
Apply in person on March 12
No Phone Calls Please

Holiday Inn – College Park
10000 Baltimore Avenue
College Park, Md 20740

Independent Contractors - Drivers/Helpers
Immediate openings in the No.VA market delivering appliances & electronics for major retailer. Training provided. Interested? Call (800) 969-0066 or apply at **fsausa@fsanetwork.com**

LANDSCAPE/Tree Co.: IPM Applicator & Production Mgr positions. Exper'd . Call . 703-573-3029

Lifeguard
Best Lifeguard Jobs
Lifeguard High Sierra Pools Inc, the leader in pool management is looking for lifeguards for a group of indoor swimming pools in NoVA, MD, DC area. FT /PT. Flexible schedule. High hourly rate. Training available!
Call 703-920-1753 or Email job@highsierrapools.com

LOAN OFFICERS
Needed experienced Loan Officers capable of producing their own leads. Good commission. Call Al Baker at **301-516-7173**

Classifieds

JOBS

Maintenance Tech 2
w/ ben. Exp w/ apartment building repairs, General maintenance and grounds work
Resume to: jobs@some.org.

Maintenance

Facilities Assistant

The United States Catholic Conference located in N.E., D.C. is seeking a Facilities Assistant for the Department of General Services. Duties will include preparation, set up for special events and meetings. Must be able to perform minor maintenance on furniture and equipment, and perform receptionist duties. Candidates must have a valid Driver's License and pass background screening successfully. Basic computer skills, strong customer services, excellent communication, and organization skills, competitive starting salary with an excellent fringe benefits package. Interested applicants should submit a cover letter and resume to:

Office of Human Resources (GS)
United States Conference
Of Catholic Conference
3211 Fourth Street, N.E.
Washington, DC 20017-1194
FAX: 202/541 3412 or
E-mail: **resumes@usccb.org**
EOE M/F/D/V **No phone calls, please**

Maintenance Tech

Imm F/T position for skilled Service Technician for Elderly Hi-Rise in the DC area. Must have experience to include painting, electrical, drywall, Heating & cooling and must have hand/power tools. Excellent salary, PLUS health ins, 401(K), & other benefits. Please fax, mail or e-mail resume:
PO Box 228035
BEACHWOOD, OH 44122
FAX: 216-591-1162
HR@ABCMGT.COM

Maintenance Tech 3

w/ ben. Exp w/ apartment building repairs, HVAC, electric. General maintenance and grounds work
Resume to: **jobs@some.org; subject:** Tech 3

Maintenance Engineer

Private club in DC needs individual with proven experience in the trades including electrical, plumbing, HVAC, painting, carpentry and general building maintenance. Competitive wage and benefit package offered. EOE Fax resumes w/salary requirements to 202-835-2569

Marketing
need telemarketers to work from quiet home. $525-$825wkly. Call Mr.Key (301)442-8301

MEDICAL RECEPTIONIST

F/T Medical Receptionist for internal medicine office in Laurel. Mature-minded. Experience required. Fax resumes to: 301-490-8750

Mortgage

Customer Service

Must have mortgage or origination, sales and processing exper. Send resume to
sam@capitalmortgagebanker.com

Nanny

Family w/2 girls, ages 14 & 8 in NW DC seeks nanny/housekeeper. Must be a non smoker, speak English, legal, have a car, clean, prepare meals, run errands & must have experience. Rate negotiable. Call (202) 437- 5586 btw 9:00am to 4:00pm.

NURSE PRACTITIONER

Immediate opening available for an experienced Nurse Practitioner or Physician Assistant for a well established Allergy specialty practice located in NOVA. Excellent salary and benefits. Pleasant working environment. Please fax resumes to: **202-342-1743.**

Office/Security Assistant - Computer/Driving skills. **Ph 202-986-6237**

OFFICE MANAGER
Needed, Must have 2 yrs experience in construction office and experience in PeachTree Accounting Software. Email resumes at:
bwelch@macontracting.com or
efletcher@macontracting.com

OPHTHALMIC TECHNICIAN

For 5 physician DC metro retina practice. Demonstrated exp. in angiography, refraction, scans & VF. Excellent pay, great benefits. Email resume:
gmeskel@retinaconsultants.net

Parking Attendant
Day Shift, 7am-3pm. Maryland. Must drive stick. Call 301-986-9271

Printing—CSR/PRODUCTION COORDINATOR
For print copy retail co. in Arlington. Print Leader & retail exp. helpful. Pls. fax resume: 703-907-5901

PRINTING

Web-fed Digital Print Operator

The U.S. Government Printing Office in Washington, DC currently has several of openings for trained Web-Fed Digital Print Operators.

Starting Salary: $24.79 PH. Day and night shifts available. 10% Night Rate for shift 2 and shift 3.

How to Apply: Please visit our website at http://www.gpo.gov/careers/jobs.htm to view the full vacancy announcement and instructions for how to apply. Reference job announcement #08-494 for Shift 1 openings, #08-495 for Shift 2 openings, and #08-496 for Shift 3 openings. Applications must be received to GPO by midnight on 03/13/08.

Property Management

NOW HIRING

For new lease up property in Northern VA. We are currently looking for candidates that are ready to join a **WINNING** team!!

Positions Available at our New A+ Property in Herndon:

- **Leasing Agent- Sales Experience Required**
- **Bilingual Maintenance Technician**
- **Housekeeper**
- **Groundskeeper**

Position Available at our Alexandria Property:
- **Assistant Manager/Bookkeeper**

Positions Available at our Ashburn Property:
- **Leasing Agent- Sales Experience Required**

For immediate consideration please fax resume to:
817-816-9711

We offer top dollar salary and commission, comprehensive benefits, bonuses, and an excellent work environment.

EOE/Drug Free Workplace

Research

RESEARCH ASSISTANT/ IT ASSISTANT

Small, downtown, professional, yet outwardly informal biostatistical firm involved in medical research/consulting seeks a research assistant with experience or interest in learning information technology support. Research Assistant duties include supporting study teams in compiling reports, word processing, correspondence and documentation. Attention to detail, accuracy, initiative, and excellent communication skills essential. IT Assistant duties include assisting with staff requests and other tasks, as necessary, while working under the direction of the Director of Technology. Opportunity for professional growth through introduction to IT, SAS programming & statistical methods used to analyze data from clinical trials. Proficiency in MS Word helpful. Fax cover letter, resume, and references to (202) 247-9701 or email to office@statcollab.com. Use Ref (WP-RAIA-0803) to apply for this position.

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ppdonline.org
Now hiring.
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Initial residency requirement waived for pre-hires.

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Are you tired of working for someone else? Ever dreamed of starting your own business? If you answered 'yes' then we have the opportunity of a lifetime. It offers savvy business-minded pros the chance to climb as high as their drive and determination will take them. Starting a real estate business has low risk and minimal financial investment. Begin by getting your real estate license. Visit www. longandfoster.com/careers. See a list of day, evening & Sat. classes in over 70 convenient locations. Call or email us for a FREE info packet on getting your real estate license. You'll be glad you did.

800-543-3365
lfinstitute@longand foster.com

LONG & FOSTER

Research

Research Assistant/Jr. Programmer

Small, downtown, professional, yet outwardly informal biostatistical firm involved in medical research/consulting seeks a research assistant to support study teams in compiling reports, word processing, correspondence and documentation. Attention to detail, accuracy, initiative, and excellent communication skills essential. Opportunity for professional growth through introduction to SAS programming & statistical methods used to analyze data from clinical trials. Proficiency in MS Word helpful. Fax cover letter, resume, and references to (202) 247-9701 or email to office@statcollab.com. Use Ref (WP-RAJP-0803) to apply for this position.

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- Bartenders
- Door Host

Great $$$. FT/PT. Apply in person:
ARCHIBALD'S
1520 K St. NW Washington, DC.

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is the premier bakery/cafe-restaurant - Hiring all positions for new Bethesda location. Email:
fvanroie@pqus.com

RESTAURANT: Cook, P/T weekends, experienced & dependable. Downtown. Call 202-628-2111.

Restaurant
KITCHEN POSITIONS: 2941 Restaurant, Falls Church, VA seeks exper'd **Sous Chef, Pastry & Line Cooks**. 2 yrs min exper. Please email your resume to: **john.leinhardt@ 2941.com**

RETAIL SALES

TOURNEAU, the world's largest luxury watch store has employment opportunities in Pentagon City at Fashion Centre in Arlington. **Sales, Manager Trainees, Service, Watchmaking**, and **Cash/Office** positions are available. Multilingual and retail experience a plus. Full-time opportunities with flexible hours. Excellent compensation & benefits. Mail, Fax or Email resume. EOE.

TOURNEAU
SINCE 1900

Attn: Store Manager
Fashion Centre @ Pentagon City
1100 South Hayes Street Space H03A
Arlington, VA 22202
Fax # 703.414.8468
Email: pentagonmr@tourneau.com

RETAIL

Tennis pro shop located in a private country club in Northern Virginia is seeking a desk staff full or part time Must be fluent in English. Basic computer, excellent Customer Service and communication skills. Looking for a motivated dependable and friendly individual to join our team. Work schedule early afternoons to late evenings as well as weekends. Competive pay with immediate start date.
To apply fax resume to HR Department **703-521-9280** or apply in person Tuesday-Thursday 11:00 to 3:00 1700 Army Navy Drive , Arlington VA 22102

SALES

Membership Sales Consultant

for private health club located in DC. Previous health club and outside corporate sales experience important. Salary, commission and benefits. Email resume to
bari.duda@fairmont.com

Security -

Unarmed Security

For premier DC locs. Must possess current S/O license with min 2 yrs exp, good public relations, professional and pro-active. Computer knowledge a plus. Salary commensurate with exp. Call M-F 10am-3pm 202 293-8011 or fax resume, Attn: HRDept 202 293-1095. DCLic#0444.

TEACHER'S ASSISTANT
For pre-school and School Age, HS degree in Takoma Park. Call 301-588-0083

Security

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Admiral Security Services has immediate openings for DC Unarmed SPO's and P-T Officers in DC, MD & VA.

We offer a competitive salary and a full benefits package. If qualified, send a resume with salary requirements to:

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Attn: Jay Atwater
4401 East-West Highway
Bethesda, MD 20814
Fax: 301 280-4482
E-Mail: jatwater@ admiralsecurity.com

E-mail or fax responses preferred.

Admiral Security Services
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SECURITY

DC Licensed SO/Trainee. Call 202-588-5928

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TREE CLIMBER: Experience & driver's lic. req'd. Call 703-573-3029

VOLUNTEERS

Sponsors, Dj's Volunteers as well as Musicians and donations needed for Fire and Police Day for more information Call Mr. Andy Hammond at 703-919-4267. Thanks for your Support.

Warehouse Associate needed in Alexandria, VA

HS diploma, forklift experience, & one yr experience req. Must be able to lift 25 lbs. & work in 40 degree freezer. Flexible schedule to work holidays & weekends req. Union environment.
Call (703) 922-3422
EOE

WAREHOUSE WORKER
Needed in Upper Marlboro MD, $7/hr, no exper req'd. **Call 301-420-5346**

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The Hottest New Restaurant and Bar in the City is About to Open in the Penn Quarter!

Innovative Design, Creative Food, Imaginative Beverage, and Personal Service Highlight this
Incredible New Space.

We are hiring now for our April Grand Opening!

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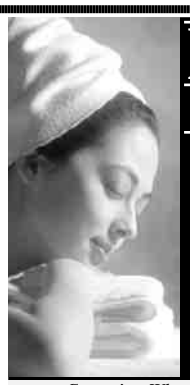

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Everest Institute Silver Spring Campus
8757 Georgia Avenue
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Restaurant— Establish'd fine Italian rest. w/ outdoor patio. Seats 115. Leesburg. 703-508-7769. 12-10pm.

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6PC- Cherry Bedroom Set- New in crates $450.Can del.301-399-7870

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BD $235 pllw top king matt set Brand new in plastic. Can del **301-343-8630**

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Computer—$199 Wireless Laptop 301-637-0931 mejcomputers.com

Couch/Lvst $450 mcrfiber, New never used **301-399-7870/571-926-1991**

kitchen—cabinets, $150.00, (703)966-2762

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www.jimtime.nocashever.com

SALES & AUCTIONS

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March 22 **301-627-7630**

TICKETS

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PETS

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Call Feline Foundation.
703-920-8665 **www.ffgw.org**

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6357 Columbia Pke, Falls Church, VA
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POODLES, TOY —Tiny, 9 weeks, 3 M's, Black, AKC, shots, wormed Warranty. $575, 703-590-9339 Woodbridge

yorkie—$450, Female, 3 months, 1.4lbs, Akc, shots, wormed, 202-687-3297, andersonsteffy@yahoo.com

ANNOUNCEMENTS

WISE RELATIONSHIPS: Writer in DC to interview wise couples for a book about wisdom in relationships. To refer a wise couple to this project:
www.wisdomout.com or call 505.235.0665.

RENTALS

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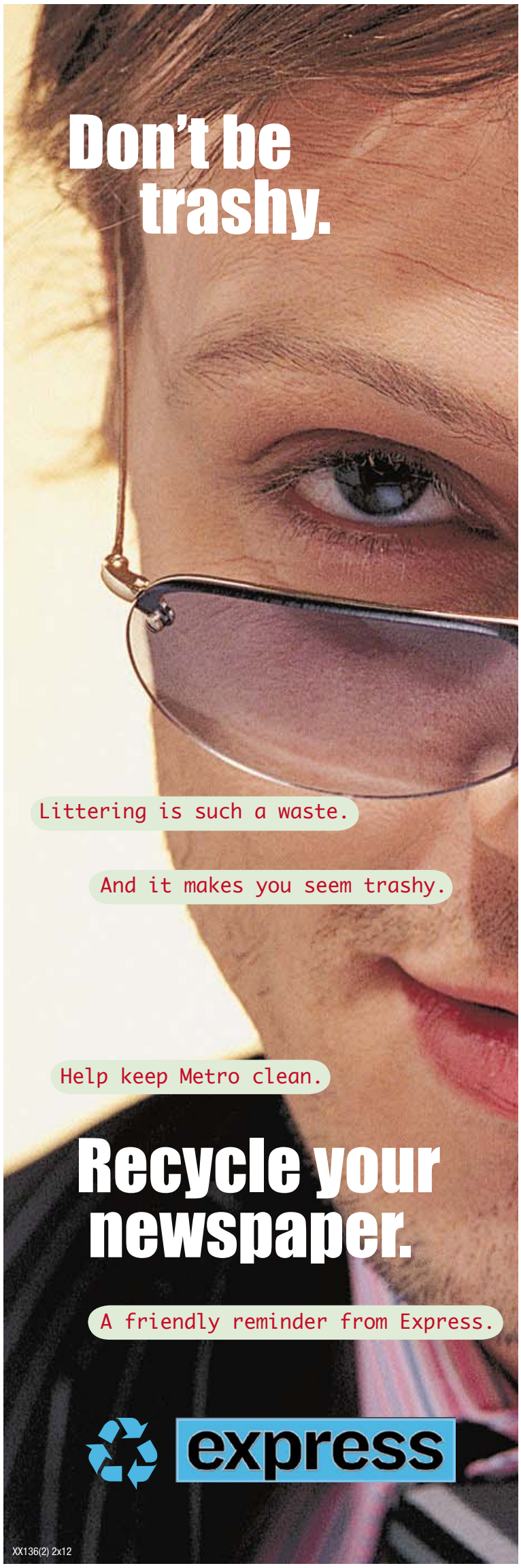

Look out

TRENDS, CULTURE, DISCOVERIES, IDEAS, PEOPLE

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PHOTOS BY ERIC BRADY/AP

NEW LIFE FOR A FORGOTTEN PARK: One couple and a group of Boy Scouts are picking up trash and cataloging plots at Springwood Burial Park in Roanoke, Va. The 11-acre cemetery was neglected for years.

History

Graveyard Guardians

Roanoke citizens pitch in to preserve a community cemetery

Loved ones laid the Rev. James D. Walker to rest in 1944 and later his wife, Maggie, in 1952.

An elegant, granite headstone etched with the couple's names also contains the poignant words, "Gone, But Not Forgotten."

"Those are the ones that get to you," Ann Bird, clutching a clipboard, said as she stepped over fallen limbs in the abandoned wilderness that is Springwood Burial Park in Roanoke, Va.

"Gone but not forgotten," she repeated wistfully. "I'm afraid they've been forgotten."

The Walkers' graceful, dark-gray tombstone has weathered the decades, but their resting place near Lincoln Terrace Elementary School has not.

Once a well-kept tranquil park in Northwest Roanoke where black Roanokers with names such as Blanche Avery and Arthur Colson truly could rest in peace, the burial ground has become an urban wasteland unknown to many Roanokers and forgotten by others.

Everyone, that is, except Bob Bird, his wife, Ann, and their Boy Scout Troop 5 of Oakland Baptist Church.

Bob Bird, 63, doesn't own the cemetery. Yet he has made it his project.

Since November, the retired Roanoke municipal auditor and his wife have been surveying the graves one by one and using a computer to document them by location and name, when they could find a marker.

So far, they have cataloged about 250 plots and created a code to determine whether each plot is marked with a tombstone, a funeral home aluminum marker or some other means. People were buried in Springwood between 1937 and 1979.

> "I think everybody ought to have the same chance to find their ancestors."
>
> **BOB BIRD**, ROANOKE RESIDENT

As one would expect from a former auditor, Bird's work on the four-month-old project is recorded in fastidious detail.

A genealogy hobbyist, Bird wants to share his information with the public. He plans to provide a copy of his spreadsheet to the Roanoke Public Libraries' Virginia Room.

That way, anybody with a loved one buried in Springwood will be able to find the grave site.

"I think everybody ought to have the same chance to find their ancestors," Bird said. "I would like to see that people know as much as we know."

Ann Bird chuckled that she became involved in the project because, "I'm married to him." Then she added, "It just feels like the right thing to do."

The burial ground sits on 11 acres of land. Cars zip past the cemetery, their drivers likely oblivious to the interments of war veterans, preachers, mothers, grandmothers, fathers and grandfathers.

In addition to his wife, Bird pulled his Scout troop in as reinforcements. The youngsters collect trash while teens use hand saws to cut down locust trees.

Some of the timber will be used in projects such as bridges at Scout camp in Pulaski County.

One recent weekend, the Scouts spent a beautiful Saturday afternoon outdoors. But Springwood cemetery means more to them than just a merit badge.

"People have forgotten about this place," 12-year-old Will Ostrom said as he rolled a tread-bare tire to the trash collection spot.

"It's just not right that people don't know where people are buried," 11-year-old Bradley Maxwell said. The project is nearing its end for this season, Bird said, because as the weather warms, the forest begins growing again, making the surveying task difficult.

"You do a little here or there," said Bird, a soft-spoken man. "I'm not strong or fast, but I'm consistent." SHANNA FLOWERS (AP)

LOOK out

The Sausage Specialist

Food

A S.D. man produces unique bratwurst flavors for every taste

When Jon Frohling started making sausage just over a decade ago, it was considered over-the-top just to mix a little cheese or jalapeno pepper into a bratwurst.

"Now it's everything under the sun," said Frohling, who operates Frohling Meats with his wife, Stephanie. "Everything sells. The more off-the-wall it is, the more they've got to try it. It's impulse."

Some of the bratwurst offerings in Frohling's meat case are a testament to this trend: macaroni and cheese, pineapple, sauerkraut, dill pickle, spicy mozzarella, green onion and cheesy hash brown.

Frohling also produces jalapeno bacon, buffalo jerky and a summer sausage flavored with wild rice and cranberry. He has even created a breakfast brat with eggs mixed right into the casing.

DIRK LAMMERS/AP

Jon Frohling's sausage varieties include pineapple, and macaroni and cheese.

"People's tastes are changing, because you never used to be able to do that," Frohling said.

His creations have won nearly 200 awards — many of them in national contests.

Frohling, a butcher's son, took over the family business in 2000. It has grown into a processing plant and store in Hecla, S.D., a town of less than 300 residents just south of the North Dakota border, and a satellite store in nearby Aberdeen.

> "I've met a lot of guys who smoke meat, but Jon Frohling is a real artisan."
>
> **MARK TILSEN,** NATIVE AMERICAN NATURAL FOODS

Making sausage is more art than science, Frohling said, and he's had more than his share of trials and errors. But he's reached a point where he can taste something and know which spice or ingredient would improve it.

"It's a God-given talent because I was not a college student or anything," he said. "I just have a knack for this."

Mark Tilsen, president of Native American Natural Foods, chose Frohling to manufacture Tanka Bars, a 70-calorie energy bar made with South Dakota bison and Wisconsin cranberries. The bar is a modern-day spinoff of "wasna," a food that sustained Lakota tribe members during long trips centuries ago.

"I've met a lot of guys who smoke meat, but Jon Frohling is a real artisan when it comes to the whole process," Tilsen said. "And he not only understands the scientific part of it and the chemistry of what happens when you smoke meat, but when it comes to taste, texture, feel, his sense of quality and his production values and his overall values are just like the kind of guy you want to do business with."

Other than the Tanka Bars, meat produced at the Frohling's plant is sold under the family name.

Some of the more unusual concoctions of Frohling Meats — such as the macaroni and cheese brats — are the products of young minds. Each year, the Frohlings invite third-graders to tour their facility and participate in a competition to see who can come up with a new sausage flavor.

Kids are willing to take chances, mixing in everything from pizza and tacos to ice cream and marshmallows, Frohling said.

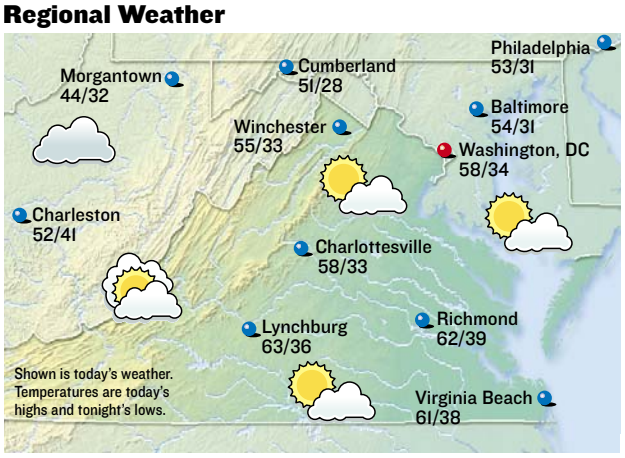
"And then they eat as much as they can possibly eat while they're here, so it's a good time," he said.

DIRK LAMMERS (AP)

5 Day Forecast for the Washington Area

Today	Tonight	Thursday	Friday	Saturday	Sunday
Mostly sunny	Partly cloudy	Increasingly cloudy	Mostly cloudy, chance of rain	Mostly cloudy, rain possible	Partly sunny, windy
58°	34°	56° / 45°	64° / 46°	59° / 40°	52° / 33°

Regional Weather



Forecasts and graphics provided by **AccuWeather, Inc.** ©2008

Almanac

Washington, D.C., through 4 p.m. Tues.

Temperature

High	53°
Low	38°
Normal high	54°
Normal low	36°
Average humidity	62%

Precipitation

24 hours ending 4 p.m.	Trace
Month to date	1.61"
Normal month to date	1.28"
Year to date	7.15"
Last year to date	5.68"
Normal year to date	7.23"

For up-to-the-minute weather, see: **washingtonpost.com/weather**

Regional Forecast

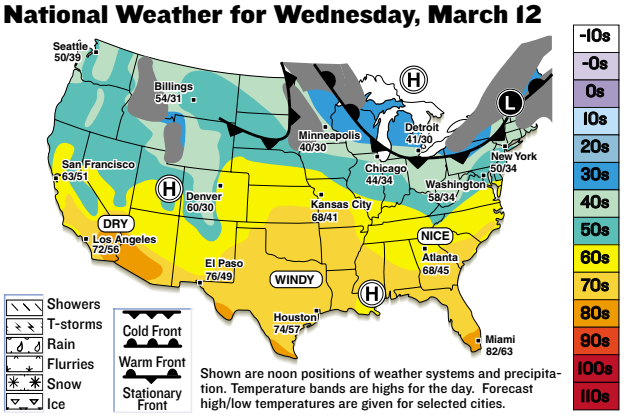
D.C. Metro: Today, mostly sunny. High 58. Wind west-northwest 10-20 mph. Tonight, partly cloudy. Low 34. Wind north-northeast 6-12 mph.

Sun and Moon

Sunrise today	7:24 a.m.
Sunset tonight	7:12 p.m.
Moonrise today	9:56 a.m.
Moonset today	12:21 a.m.

First	Full	Last	New
Mar 14	Mar 21	Mar 29	Apr 5

National Weather for Wednesday, March 12



Shown are noon positions of weather systems and precipitation. Temperature bands are highs for the day. Forecast high/low temperatures are given for selected cities.

National Cities

City	Today Hi/Lo/W	Thur. Hi/Lo/W
Atlanta	68/45/s	73/50/pc
Boston	45/28/sn	43/34/pc
Chicago	44/34/pc	52/32/c
Dallas	75/54/s	78/55/t
Denver	60/30/pc	55/30/c
Honolulu	83/69/c	83/69/pc
Los Angeles	72/56/s	70/54/s
Miami	82/63/t	83/66/pc
New York City	50/34/pc	46/38/c
Orlando	77/56/pc	78/53/pc
Seattle	50/39/pc	47/40/sh

World Cities

City	Today Hi/Lo/W	Thur. Hi/Lo/W
Amsterdam	45/37/r	48/39/r
Athens	63/50/sh	66/48/s
Berlin	45/34/r	45/36/sn
Buenos Aires	79/54/pc	79/57/s
Calgary	44/24/pc	40/19/pc
Dublin	46/37/r	48/39/pc
Geneva	45/36/r	46/45/c
Moscow	37/36/sn	43/36/sh
Rome	63/41/s	64/41/pc
Sydney	79/68/s	85/66/s
Tokyo	55/42/pc	56/48/pc

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

Overwrought Overture

MATT SAYLES/AP

Ukrainian designer Veronika Jeanvie goes bust for bling

Where was Paco Rabanne when Ukrainian designer Veronika Jeanvie needed him at her U.S. debut?

Rabanne, whose experimental plastic and metal dresses in the '60s launched his decades-long career, was noticeably absent at Jeanvie's headlining show Monday at Mercedes-Benz L.A. Fashion Week "because of a family emergency," said publicist Alexandre Boulais.

That, unfortunately, left the event, billed as "Veronika Jeanvie consulted by Mr. Paco Rabanne," without its iconic Spanish-French anchor, and cast the spotlight squarely on 28-year-old Jeanvie and her bright, bling-heavy and at times gaudy designs.

Top that off with the pressure of Jeanvie being the first Ukrainian designer to present a collection in the United States, according to the show's publicists.

"It's normal to be nervous, but today is going to be OK," Jeanvie said backstage at Culver City's Smashbox Studios — her fast Russian translated through an interpreter.

Jeanvie, left, gives a thumbs up after her show, but she might be the only one who did that. The Ukrainian designer's hot pants and belly-baring sequin patterns are a bit much for most.

With rock tunes blaring overhead, models strutted down the runway in towering heels and clad in an array of shiny fabrics, from silver and gold hot pants to a skintight gold bodysuit paired with a sort of chain-mail poncho.

Rabanne's influence was obvious, from the blankets of linked silver hoops draped over simple shifts to a jingling, jiggling chain-mail bikini.

But while Rabanne's fashion experiments — from paper dresses to sexy, futuristic costumes for Jane Fonda in 1968's "Barbarella" — were explosively innovative 40 years ago, Jeanvie's designs seemed overwrought.

A '70s-esque shimmering catsuit sported huge silky bell bottoms. A black thigh-skimming skirt and matching belly-baring top looked more Hollywood street than red carpet. One floor-length dress paired silver, sparkly fabric with clashing white lace.

Jeanvie fared best when she toned down the costume-y look.

A turquoise blue strapless cocktail dress filled out nicely with a voluminous skirt accented with white. Spangly diamond shapes patterned a shift with a shell top, something Kelis could pull off.

Even when Jeanvie appeared at the show's end, she wore a black dress with a sculptured skirt unflattering to her slender frame.

Still, the designer looked happy to be a dominant part of L.A. Fashion Week, which features fall collections from the Pussycat Dolls.

"Los Angeles is a city of sun, positive energy, a city of dreams," Jeanvie said, grinning. SOLVEJ SCHOU (AP)

Skin Care

Get Your Grease On

Want to bathe in Vaseline? It's possible, but pretty expensive. Another, less bewildering alternative, is **E.L.F.'S BATH & BODY COLLECTION** ($4 each, Eyeslipsface.com). Granted, we didn't test the non-moisturizers in the budget brand's new skin care line. But the lotions and creams didn't absorb, leaving skin greasy. The Pineapple Mango Body Lotion's Pepto aroma was also unappealing, as was the Lavender Blossom Hand Cream's baby-powder scent. The Cucumber Melon Body Butter scent wasn't bad, though. KRIS CORONADO (EXPRESS)

Beauty

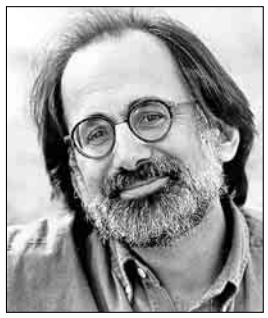
Take a Brow

Our eyebrows may not always receive the attention they deserve, but calling them "undernourished," as implied by Anastasia's four-piece **TWEEZERS ANONYMOUS** kit ($55, Sephora), is a bit melodramatic. The Enhancing Serum promises to repair over-plucked brows, but we found it best for taming unruly hairs, especially when used with the weensy brush. While the stencils offer an ideal template for future growth, we would not recommend filling them in with the included powder, unless you want less Brooke Shields and more Groucho Marx. ERIN CLEMENTS RUSHING

Look out Online

readexpress.com

site specifics



BOOKS

Cultural Exchange

In "Artists in Exile," author Joseph Horowitz discusses the intellectual migration of some of Europe's most famous artists to America during the 20th century's political upheaval. Aaron Leitko spoke with the cultural historian, who reads Wednesday at Politics & Prose. | COMING UP

TELEVISION

They've Got the Beatles

Last night, the "American Idol" top 12 took a swing at the songs of John Lennon and Paul McCartney. Was the love they took equal to the love they made? And who'll be told to go back to where they once belonged? Greg Barber has a recap. | COMING UP

MUSIC

Old-School Soul

Don't call Jill Scott "neo-soul." The singer and poet reaches deep into the roots of confessional R&B to create her sound. Scott plays D.A.R. Constitution Hall four times this week, and Katherine Silkaitis converses with the Philly songstress. | COMING UP

comment board

"God made heaven and Earth. To wantonly pollute Earth, forever destroying the flora and fauna put on this world by the creator, is tantamount to spitting in the face of God."

AN ANONYMOUS COMMENTER, WHO ADDED, "NO MATTER WHICH RELIGIOUS LEADER MADE THE STATEMENT, THE TRUTH OF IT IS CLEAR."

"Unless and until the Vatican sheds light on and cleans up its own little dirty secrets about little boys and priests, it should keep its mouth shut."

AN ANONYMOUS COMMENTER, WHO ADDED, "TALK ABOUT HYPOCRISY! OR MAYBE I SHOULD SAY 'PRACTICE WHAT YOU PREACH.'"

"Sure, bad things are sins. Who listens to the Vatican anymore anyhow? If they can't win on divorce, they're going to get people to stop littering? Not likely."

COMMENTER GW, RESPONDING TO TUESDAY'S POLL CENTER QUESTION, "DO YOU AGREE WITH THE VATICAN'S DECISION TO CLASSIFY POLLUTION AS A SIN?"

poll center

YESTERDAY'S RESULTS AS OF 5 P.M.

DO YOU AGREE WITH THE VATICAN'S DECISION TO CLASSIFY POLLUTION AS A SIN?

55% NO

45% YES

SEE HOW YOUR METRO STATION VOTED AT READEXPRESS.COM/POLLCENTER.PHP

Blog LOG

"I have but one question. ... Do you think Eliot Spitzer and his wife made love last night?"

THINKINGFOOL.COM WONDERS ABOUT THE RECENT BED HABITS OF CRUSADER AGAINST CORRUPTION NEW YORK GOV. ELIOT SPITZER AFTER HIS RECENT LINK TO A CALL GIRL.

ROXANNE ROBERTS/TWP

"Just eat something. A sandwich, a Snickers bar. Regular Americans do it every day. You don't have to go bingeaholic."

JEZEBEL.COM HAS SOME EATING ADVICE FOR CONSERVATIVE POLITICAL AUTHOR ANN COULTER, PICTURED AT SATURDAY'S GRIDIRON CLUB DINNER WITH ROBERT NOVAK.

"FOR ALL THE TIMES I get asked to explain the weird behavior of Americans, perhaps now I have an answer. Drugs!"

KSTREETBLUES.BLOGSPOT.COM IS A LOBBYIST LIVING IN SYDNEY, AUSTRALIA, WHO CONSTANTLY FIELDS INQUIRIES ABOUT THE HABITS OF AMERICANS.

"AT FIRST, I THOUGHT, "Cool — just like the big leagues!" But then the point about the cost of replacing broken bats and the danger of splinters flying made sense. Not that the younger ones are really smacking the ball hard enough to actually break a bat, but I guess you never know."

MISSCHATTER.COM MULLS THE PROS AND CONS OF A PROPOSED VIRGINIA LITTLE LEAGUE BAN ON ALUMINUM BATS.

"USUALLY, I ASSOCIATE manhole fires with the height of summer when everyone's air conditioning is working overtime to cool the city from its swelter."

DC.METBLOGS.COM WAS SURPRISED BY NEWS OF AN EXPLODING MANHOLE COVER NEAR COLUMBIA HEIGHTS MONDAY NIGHT.

Discussions

Drugs in Water

BARBARA S. MINSKER, professor of civil and environmental engineering and director of the Hydrology Group at the University of Illinois, was online Tuesday to discuss the investigation into and consumer concerns about pharmaceuticals found in drinking water in 24 cities in the U.S.

How did the medications get into or water supply?

The medications could get directly into our water supply either by people directly flushing medicines or through their bodies the old-fashioned way! The wastewater is treated and usually discharged to surface water (rivers, lakes), where downstream it enters other water supplies. The treatments have not been designed to remove pharmaceuticals, although I'm sure we will see moves to make that happen.

Does boiling water have any affect on the drugs-in-water problem?

Seems unlikely, since they are neither volatile chemicals (which would vaporize when heated) nor biological organisms (which would be killed when boiled).

Do we need to start drinking bottled water instead of tap water? Is the bottled water free of contamination with medicinal drugs?

No, there is no guarantee. Many of the bottled water companies just retreat tap water to remove the chlorine and then sell it. There are far fewer regulations on bottled water, and I doubt their claims for "pure" sources are ever checked. Even pure sources could get mixed with newer water when wells are dug.

Do on-the-spigot water filters do anything for this problem?

I hear from my colleagues who study water treatment that they do not.

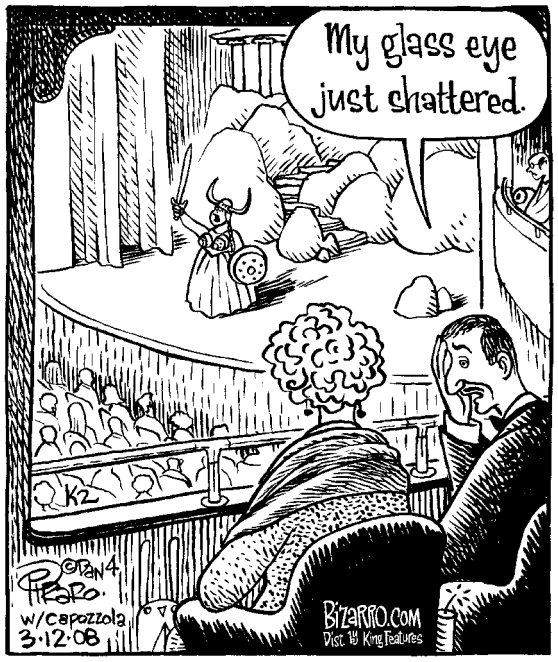
TODAY ON DISCUSSIONS: TV columnist Lisa de Moraes examines the final 12 contestants on this season of "American Idol" at 1 p.m. | **washingtonpost.com/discussions.**

DON'T

WORRY ABOUT WATER RESTRICTIONS, LOUDOUN. Loudoun County officials on Tuesday lifted water restrictions that prohibited most forms of outdoor watering. The county is still asking residents to continue to water grass only twice per week, though.

Look out

Bizarro | *Dan Piraro*

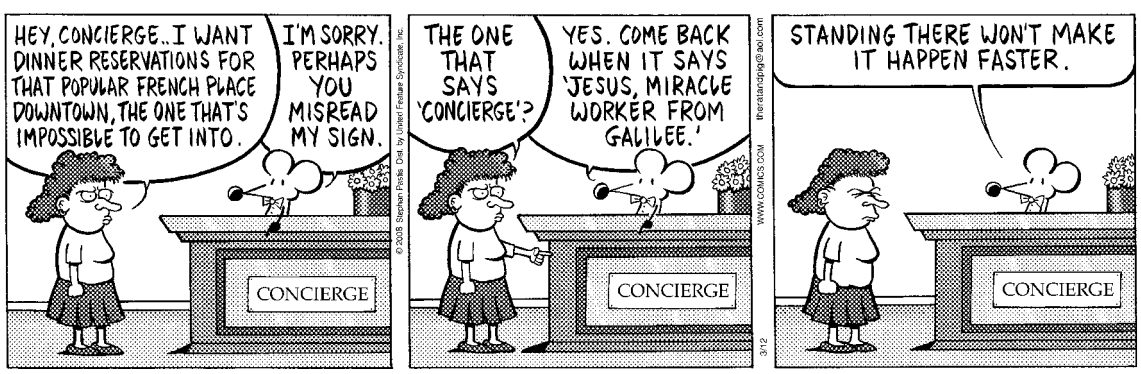


Cornered | *Mike Baldwin*

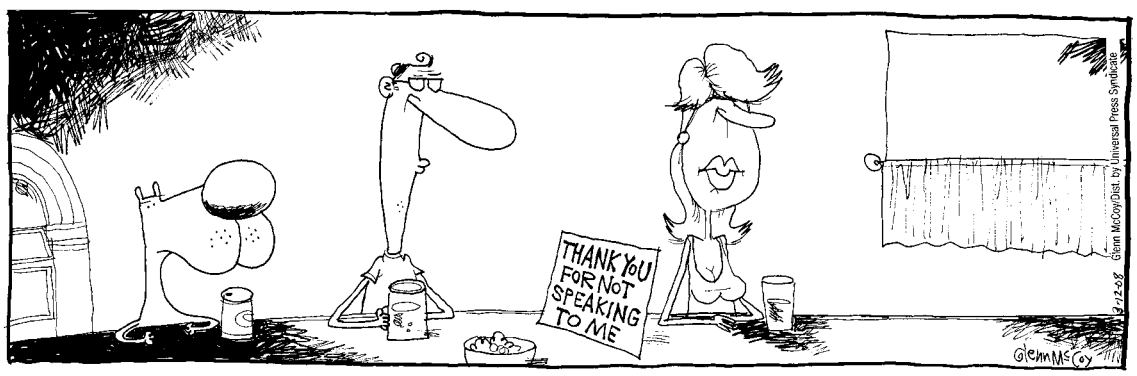
"Take two tablets the moment you begin to feel indispensable."

Pooch Cafe | *Paul Gilligan*

Pearls Before Swine | *Stephan Pastis*



The Duplex | *Glenn McCoy*



Horoscope

By Stella Wilder

PISCES (Feb. 19-March 20) Your progress may be threatened by interaction with someone who is more interested in mind games than in getting down to work.

ARIES (March 21-April 19) Just as you will want to tell no lies, you'll not want to overstate the truth, either. A happy medium can be achieved in time.

TAURUS (April 20-May 20) Satisfying a friend or loved one is going to take concentration and stamina. Don't overdo it, however; know when to stop.

GEMINI (May 21-June 20) Say just what you mean, or a misunderstanding may result in a situation you cannot reverse.

CANCER (June 21-July 22) The woman's work is never done — but the man is going to find that it's necessary to take on more responsibility. It'll all even out.

LEO (July 23-Aug. 22) This is a good day to celebrate someone else's good fortune. You have just what it takes to make it a special day for a special someone in your life.

VIRGO (Aug. 23-Sept. 22) You'll have trouble persuading a friend that what you have planned is really in your best interest. Perhaps it's a good idea to reconsider.

LIBRA (Sept. 23-Oct. 22) Avoid pretense at all times, particularly where affairs of the heart are concerned. Someone is trying to keep heartbreak at bay at this time.

SCORPIO (Oct. 23-Nov. 21) Be original, creative, inventive and on the move; you'll attract the right kind of attention — and at the right time, too.

SAGITTARIUS (Nov. 22-Dec. 21) Don't hesitate to jump at the chance when someone you know well offers a financial deal. You can make even more of this than expected.

CAPRICORN (Dec. 22-Jan. 19) Get the details before you take over from someone who must abandon a project prematurely. One error may set you back a good deal.

AQUARIUS (Jan. 20-Feb. 18) Keep your exposure to risks and danger to a minimum. Stay out of the way of those who are racing against the clock.

Letters

Delays Mount on Metro

I LAUGHED AT the TV news blurb Tuesday morning in which Metrorail said it had improved its "on-time" performance since the beginning of this year. I guess this could be true if you don't include the nearly daily and certainly weekly delays on the Red, Blue and Orange lines. When my Red Line train arrived at Metro Center this morning, I heard yet again of delays and track sharing involving the Dupont Circle and Takoma stations. Metro should get real with its stats.

—SUSAN JULIEN
Silver Spring, Md.

WRITE TO EXPRESS: Include name, hometown and telephone number. Submissions may be edited. E-mail to inbox@readexpress.com or mail to Express Letters, PO Box 17370, Arlington, VA 22216.

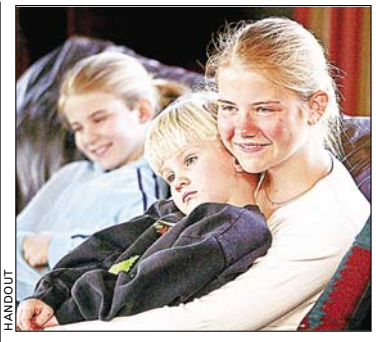
Today in History

1864 Ulysses S. Grant becomes general-in-chief of the Union in the Civil War.

1933 President Franklin D. Roosevelt delivers the first of his radio "fireside chats," telling Americans what is being done to deal with the nation's economic crisis.

1980 A Chicago jury finds John Wayne Gacy Jr. guilty of the murders of 33 men and boys. (The next day, Gacy was sentenced to death; he was executed in May 1994.)

2003 Elizabeth Smart, the 15-year-old girl who'd vanished from her bedroom nine months earlier, is found alive in a Salt Lake City suburb with two drifters.



HANDOUT

Elizabeth Smart, right, who'd been missing for nine months, was found alive.

PostPoints DAILY CODE AB

Look out | People

PASCALLE SEGRETAIN/GETTY IMAGES

Looking coy won't change the facts.

FINALLY

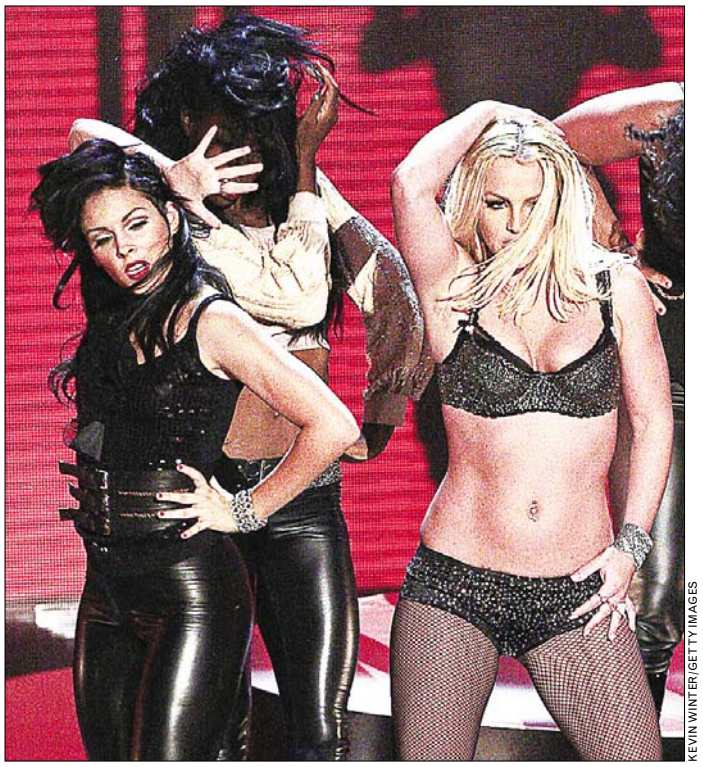
Madonna Declared Officially Over the Hill

MADONNA was inducted Monday into the Rock and Roll Hall of Fame. John Mellencamp, Philly soul producers Kenny Gamble and Leon Huff, Leonard Cohen, the Dave Clark Five, and the Ventures were among the other inductees. (AP)

CONFUSION

Star Further Blurs Already Fuzzy TV-Reality Border

PATRICK DEMPSEY was at home in Maine Monday to announce the Patrick Dempsey Center for Cancer Hope & Healing, which will open March 31, E! Online reported. (AP)



KEVIN WINTER/GETTY IMAGES

STUNT CASTING

Image Rehab a Go

BRITNEY SPEARS will guest-star in a March 24 episode of the series "How I Met Your Mother," said CBS spokeswoman Kelli Raftery. The pop star will portray a receptionist in a dermatologist's office named Abby who becomes "smitten" with Ted. Craig Thomas, the show's creator, said representatives for Spears approached CBS because "she was looking for a small part on a funny show." (AP)

CONFUSION

She Wrote 'Exotic'; They Read 'Aquatic'

Wow, Sharon Stone's new hair sure is unusual.

First-season "American Idol" finalist Nikki McKibbin says she was up-front with "Idol" producers about her stripping past seven years ago. McKibbin, who came in third, says she stripped for "five or six months" in Fort Worth, Texas. When asked on an "Idol" application whether she had any professional dance experience, McKibbin says she wrote: "Yes — exotic." Current finalist David Hernandez made headlines last week when it was revealed he steadily worked as a stripper. (AP)

LOGIC

Not Promote the Brand? But That Would Be Wrong

GEORGE CLOONEY has put pressure on a brand he promotes to speak out over China's foreign policy in Sudan. Omega Watches is one of the worldwide Olympic partners for the Beijing games. "I have talked with Omega [about China] for over a year and will continue to talk to Omega," Clooney said. "I have and will go to the places I and China do business and ask for help." (AP)

STUNT CASTING

Teleprompter Also Signs One-Day Contract

BILLY CRYSTAL will sign a one-day minor league contract with the New York Yankees and play in Thursday's exhibition game against the Pittsburgh Pirates. Crystal will work out with the team and wear uniform No. 60 for the game. (AP)

LOIS RAIMONDO/TWP

Baseball: just like hosting the Oscars.

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INFORMATION SESSION

Tuesday, March 25, 2008 | 6:00 p.m.

GEORGETOWN UNIVERSITY ALUMNI HOUSE
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To RSVP visit scs.georgetown.edu/mals
or call 202.687.2800

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Stamped copy on file with IRB: 26 January 2007

The Center for Health Behavior Research under the direction of Dr. Elbert Glover, PhD, is conducting a research study testing an already FDA approved medication (not yet approved for smoking cessation) which may also help people stop smoking.

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Participants will receive at no cost:

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- Individual counseling
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To Enroll Call
Jessica Rath, PhD
(301) 405-0128 Today!

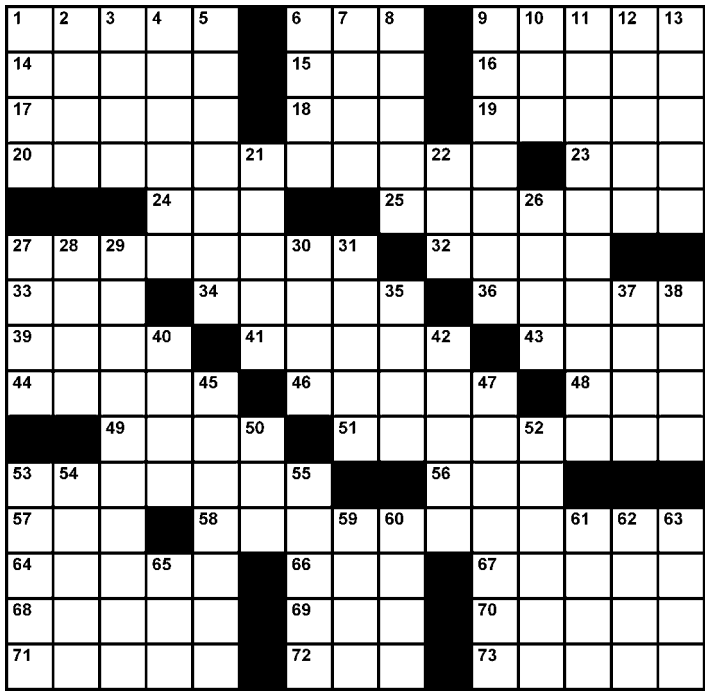
UNIVERSITY OF MARYLAND 1856

This study is being funded by the National Institute on Drug Abuse, National Institutes of Health

Look out

CROSSWORD | DAILY BREAD

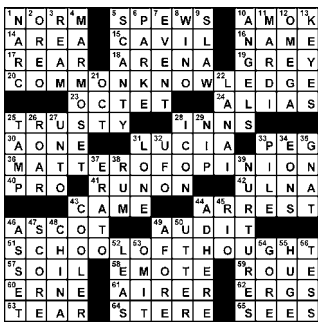
EDITED BY TIMOTHY E. PARKER



ACROSS
1 Alternate passage, in a score
6 Ante locale
9 Hindu sir
14 Acknowledge a stimulus
15 Chunk of the past
16 Ryan of "The Beverly Hillbillies"
17 Sticking point?
18 "Hotel du ___" (Anita Brookner)
19 Cooking host Paula and namesakes
20 Accurate representation of the real world
23 "Bamboozled" director
24 A little juice?
25 Server's trolley
27 Drains on deck
32 Birdhouse resident
33 Luxury locale?
34 Three-note chord
36 "The Argonautica" character
39 Some African serpents
41 Bit of monkey business
43 Utilize a bayonet
44 Some are deciduous
46 Greek sandwiches
48 Assayer's raw material
49 Iranian monetary unit
51 Not inclined to speak
53 Accumulation
56 Application form abbreviation
57 Fish with bill-like jaws
58 Is idle
64 Plant seed
66 Bakery order
67 100 paisas
68 Vertical tread connector
69 Utilized a tuffet
70 Regard with devotion
71 Chorus components
72 Airplane announcement, briefly
73 Bishops' body

DOWN
1 "Lord of the Rings" baddies
2 Make airtight
3 An Indian may be in it
4 Alp topper
5 Undertaking
6 Booty
7 Feared test, for some
8 Silently understood
9 Pistol or saber
10 "... how I wonder what you ___"
11 Automotive shifting technique
12 Exclusive kind of circle
13 Annoy continually
21 Comic work, perhaps
22 Precious amount?
26 Copyright symbols
27 Rib in a bed frame
28 Brewery unit
29 Elite apple pie feature?
30 Phone sound
31 Goat-footed gamboler of myth
35 Extremely worrisome
37 Acquire through merit
38 Be an accessory
40 Pokey
42 Baked, literally
45 18-wheelers, essentially
47 Craggy ranges
50 Tony Randall's doctor
52 Overcast
53 Greek marketplace
54 Object trivially
55 Short period of forgetfulness
59 Volvo competitor
60 "La Scala di ___" (Rossini opera)
61 At the occasion of
62 The senate declared him a public enemy
63 "No good ___ goes unpunished"
65 A July baby, perhaps

Yesterday's Solution



SUDOKU | MEDIUM

© PUZZLES BY PAPPOCOM

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. See www.sudoku.com for solution, tips and computer program.

Need more Su|do|ku?
Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

					1		9	6
	6	8		3		1	7	
				2				
		1	9	8		3		
9								5
		3		7	5	9		
				5				
	9	4		1		7	8	
8	7		2					

Yesterday's Solution

4	3	6	7	8	1	9	2	5
5	1	9	3	4	2	7	6	8
8	7	2	9	6	5	4	1	3
1	4	5	6	3	8	2	7	9
6	8	7	1	2	9	3	5	4
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Virtually Working

HOW TO TELECOMMUTE — WITH ALL THE PERKS OF AN OFFICE BUILDING

Phong Lam runs a seven-person company from his Columbia, Md., basement. Yet when he meets with clients, they find him in a conference room in Northern Virginia, in an office building complete with all the amenities. He has a recep-

CONTINUED ON E2

Enriched Kitchen

How one woman took her passion for art into the home | E4

Venture Forth

The road from start-up to successful biz is a bumpy one | E14

BY THE NUMBERS

7

THE PERCENTAGE OF WORKING-AGE AMERICANS IN ANY GIVEN YEAR WHO ARE ACTIVELY TRYING TO START A BUSINESS. (SMALL BUSINESS ASSOCIATION)

GettingAhead

Virtual, Not Unreal

CONTINUED FROM E1

tionist, a break room with coffee and tea, and Wi-Fi.

Lam has a virtual office. The idea isn't new — it's been around since the 1980s — but in recent years, the concept has grown rapidly, with companies opening new locations all the time.

There are as many types of virtual offices as there are businesses.

Here's how it works: For a monthly fee, you get a mailing address, someone to sign for your packages, a receptionist to forward your calls to a land line, cellphone or Blackberry, and other goodies — usually access to a conference room or work area, a copier and coffee. There are as many types of virtual offices as there are businesses, from nurturing, collaborative environments to showy, high-class buildings and impeccably decorated spaces. For these services, you'll pay from $75 to $300 per month.

"This ... is probably nicer than what most of our clients have," says Charlie Tramazzo of the Regus center he uses for his two-person marketing-to-nonprofits business, Kingdom Communications. Before he made the leap to virtual two years ago, he says, "We were in a [class] C building. The air conditioning didn't work, the heat didn't work, and we were paying 10 times what we pay now." Tramazzo now works from home almost all the time, but he hops down to D.C. from Clarksburg, Md., meeting clients at a Regus facility just blocks from the White House.

LAWRENCE LUK FOR EXPRESS

Charlie Tramazzo, left, and Kevin Tucker use Regus' unadorned, beige-y offices when meeting clients in downtown D.C.

Regus was founded in Belgium 30 years ago by a British entrepreneur. The company now has more than 950 centers in 400 cities worldwide, making it the largest provider of outsourced — virtual and shared — office space in the world. Even so, Tom Chevins, a Regus senior vice president of sales and marketing, says the company is expanding by 20 percent per year — and that January was a "record month" where virtual offices were concerned.

There are reasons for this, Chevins says, such as how easy it is to get started (it's just a matter of entering some data into a computer system, which takes about 15 minutes), or how using a centralized phone system, rather than giving employees cellphones, gives business owners more control.

Tramazzo has another thought. "I like chuckling when I listen to WTOP," he says. "I just love not spending the time in the car. All that time wasted ... was killing me. It would have to be something very drastic that would make me get on 270 again to come to an office."

For small businesses, virtual offices offer advantages beyond killing the commute.

For small businesses, virtual offices offer advantages beyond nixing the commute. "We get as little or much as we need," says Kevin Tucker, vice president of Tiboni Associates, a Harrisburg, Pa.-based public policy firm. And, according to Chevins, office space is only 42 percent used — meaning that 60 percent of the time, business owners are paying for chairs nobody's sitting in, lights nobody's using and a copier sitting in standby mode. In addition, the flexibility — many virtual office solutions offer month-to-month payment plans — helps businesses that may be expanding or changing. "We can't afford to sign a five-year lease," says Lam, owner of Zecontech and a virtual client at Teqcorner in McLean, Va., "and, plus, the number of employees fluctuates."

And, at least in some instances, virtual office space can foster creativity and growth. Teqcorner, for example, provides an incubator-esque environment, where start-ups can get help applying for government contracts or network with each other. Lam says that the variety of businesses in Teqcorner's center make it easy to tackle government projects that require a variety of skills, with each business working on the part of the project it knows best.

All said, however, there are some cases where going virtual might not be best for business. Mike McKean used a virtual office for his company, the Knowland Group, briefly before moving from physical office to physical office. (He finally settled on a permanent office at Teqcorner last year.) "They nickel-and-dimed us," he says of the virtual company, which he declined to name.

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GettingAhead

Business owners are paying for chairs nobody's sitting in.

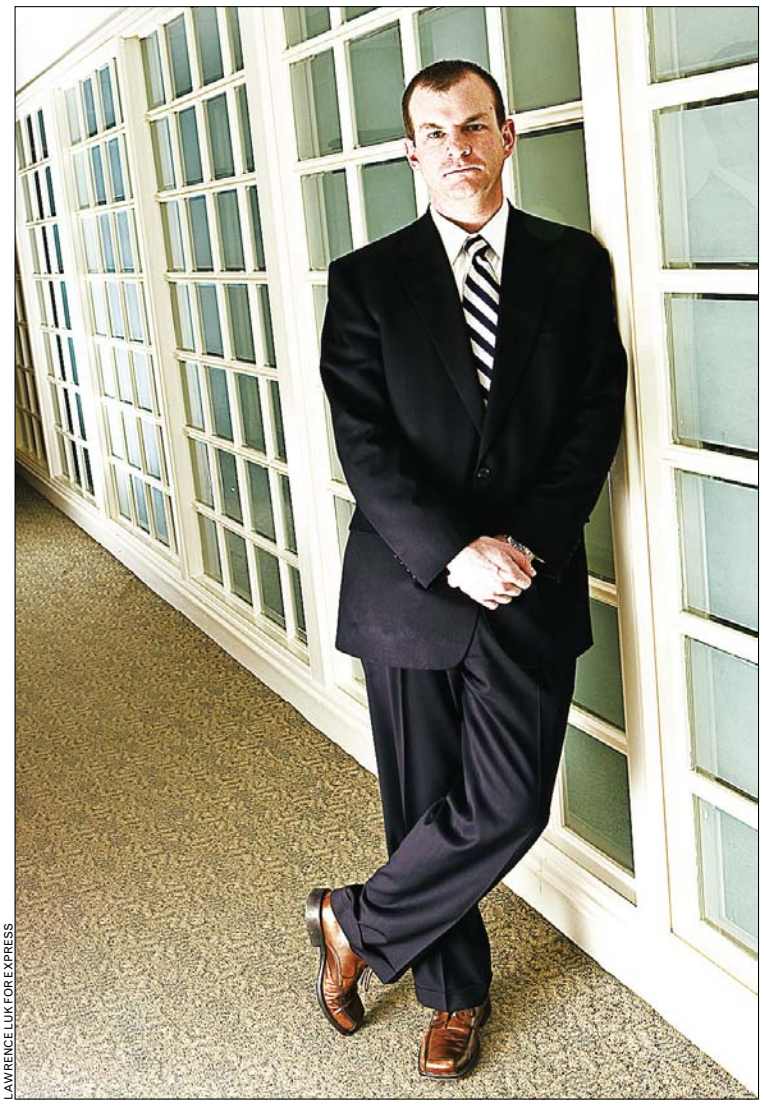
too. Lam says he initially thought his seven employees would love working from home, but "it turns out people do want to interact with each other." Zecontech solved that problem by having everyone in for a meeting every other week. But for some businesses, more face-to-face time might be needed.

Then, some folks believe you just don't need the services. If you can work from home or from Starbucks, popping into the neighborhood copy shop to send faxes or photocopy the occasional document, maybe the extra expense is one you can afford to lose.

"I don't know that it would really make a difference to [clients] that you had some sort of prestigious address," says Peter Bowerman, freelance writer and author of "The Well-Fed Writer." "What's far more important is just, 'Can you get the job done?' I tell people this all the time when they're starting a new business and they're wrestling with a name for their company or a business card design. My standard answer to that is, you know, you're stalling." He adds, "I've just always been cheap. I don't feel like paying" for virtual office amenities.

But even despite these objections, the virtual office industry is clearly growing, with the D.C. area being one of the centers of activity. In addition to Regus and Teqcorner, other companies setting up facilities here include Intelligent Office, Preferred Offices, Davinci Virtual, and Metro Offices — the list continues, albeit with similarly bland names. Many of these companies opened their first location here within the last five years; many are still growing. Cheri Reid, a Metro Offices director of sales, says her company has opened another center every year since 2000.

Most business owners are pleased with their virtual services. "It gives us a whole variety of advantages. It's just perfect for us," says Tramazzo, whose very real business, like so many others, has found a home among the bits and bytes of the Web. RACHEL KAUFMAN



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Tucker values his virtual Pennsylvania Avenue address. "It's very important," he says.

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Secretary of the Interior

Cabinets, counters and cookware make kitchen designers happy

Amy Pasek is poring over cabinet picks. Secretary of agriculture? Treasury? Nope — Pasek, a kitchen designer, is weighing heavy-grain oak against more expensive cherry and exotic sycamore.

"I like space planning and layout and how things work and flow — the technical part of interior design as well as the useful, aesthetic side," says Pasek. At Jennifer Gilmer Kitchen & Bath in Bethesda, she's surrounded by detailed binders on two dozen current renovation projects.

Pasek didn't envision a focus on kitchens back at Washington state's Whitman College, where she majored in sociology. She worked in human resources and owned a personal-errand company in Rhode Island, then moved to Gaithersburg with her husband. She became a teacher's aide at two elementary schools and a child-care center.

"I loved the children I worked with," she says, "but I always had a passion for design and color and art." That suggested serious career change.

But what to do? Pasek turned to a career counselor. Graphic design and interior design were possibilities, but with the latter Pasek worried that she'd be "jumping on the bandwagon" led by TV shows about redoing houses in two days.

Realizing she was both visual and tactile — "I like things I can touch" — Pasek, now 33, looked at Marymount University and the Corcoran but gravitated toward Montgomery College's interior-design program, part of its Department of Applied Technologies in Rockville.

"Proximity was a big reason, as was affordable cost, and I knew Montgomery College had a great reputation," she says. "I already had a bachelor's, so getting a two-year AAS degree was fine."

Her first day of class in 2003,

MARGE ELY/EXPRESS

Amy Pasek went from a teacher's aide to a kitchen designer at a top firm in Maryland.

Change Artists

Pasek found the students diverse and the course work rigorous: "I knew I was in the right place for the right thing."

That could take several paths at MC, whose interior-design program offers an associate degree (about half general education) and an associate in applied science (about one-third general education) — which has a new track affiliated with the National Kitchen & Bath Association. Introductory and advanced certificates cover just interior design, everything from color theory to knowledge of furniture, fixtures and lighting to technical drawing and business practices.

"Logical and levelheaded people do well here," says program coordinator Pamela Gragg (pamela.gragg@montgomerycollege.edu or 240-567-7597).

Pasek fits the description. In April 2005, she dropped a résumé at Jennifer Gilmer, a high-end, award-winning design firm. A project manager who had attended MC alerted Gilmer, who e-mailed Pasek before she'd even reached home: "When can you come in?" Pasek had a job before her May graduation.

MARGE ELY/EXPRESS

Pasek designed her own kitchen remodel with dark cabinets, granite countertops, sleek lines and an eye on her wallet.

Not in design, though. Her first month was mainly comparing Gilmer's custom cabinet designs with the specifics of the orders. Then came pricing cabinetry, doing appliance specs, attending client meetings, and helping clients choose tile and stone.

"I pretty much learned project-management skills on the job," says Pasek. She moved up to being a project manager for Gilmer's renovations, and last July she started taking on her own clients.

"I get to make my own design decisions with them," she says. "I love helping people visualize and achieve their goals. Six or eight months down the road, I get to walk into what I'd envisioned on paper. The relatively quick turnaround gives a great sense of accomplishment.

"And a happy client makes for a happy Amy."

Another thing that makes her happy is control over her day. Pasek works 40 to 50 hours per week, often without a lunch break: "I believe in personal time to recharge, so I'm as efficient as possible when I'm here."

Because every project is different, there's something new to do and learn each day. At some point, Pasek says, she could see herself doing commercial design — of retail stores, restaurants or bars. She'll also consider getting NKBA certification for additional credibility, "but I need more time in the field to get experience."

Though starting pay in interior design is low, income varies widely. Gragg says MC grads typically begin at $35,000 to $40,000. A project manager's median salary is $70,000, she says, and designers at kitchen/bath showrooms that pay on commission can make $90,000 to $200,000 per year.

Pasek went low-cost when planning her own kitchen remodel a year and a half ago. Her house came with poorly painted white cabinets; now it has dark cabinets up to the nine-foot ceilings plus granite countertops, an oak floor, a tumbled marble backsplash, under-cabinet lighting, and a new gas line for the range. She did the design, and her husband and in-laws spent weekends on the labor.

"It's small but very efficient," Pasek says proudly. "We were done in less than a month." ELLEN RYAN

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Left: Student installing *Annie Leibovitz: A Photographer's Life 1990–2005*, photo by Susan Sterner. Top right: Pierre-Philippe Thomire and Robert Robin, *Clock of the Vestals Carrying the Sacred Fire*, 1789, William A. Clark Collection. Restored through funds given in memory of Alice Withington Clement, member of the Women's Committee of the Corcoran Gallery of Art. Bottom right: Jean-François-Thérèse Chalgrin, *Paneling in the Salon Doré* (detail), 1770, William A. Clark Collection.

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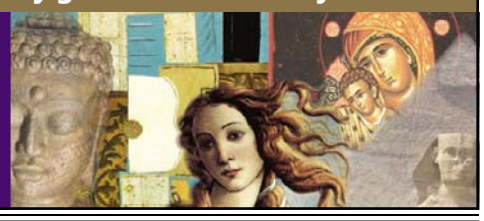

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LAWRENCE LUK FOR EXPRESS

Instructor Jothi K. Murugan teaches a class of project managers who all hope to add "PMP" to their list of credentials.

PMP Your Resume

Area schools help prep for Project Management Professional test

When the biometric company Thomas Gardner, 49, worked for seemed to be careening toward bankruptcy last fall, he dove for the classifieds. He figured that with 25 years of experience in project management, he could take his pick of new jobs.

But the more Gardner combed through job listings, the more three words kept popping out at him: Project Management Professional, better known as PMP. Gardner quickly deduced that companies weren't content with candidates boasting just field experience. They wanted applicants with a credential. "I didn't have certification, but the market was valuing that," Gardner says.

Eager to get some bites when he sent out his resume, Gardner, who has a bachelor's degree in business

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GettingAhead

LAWRENCE LUK FOR EXPRESS

Students spend many hours on Saturdays preparing for the PMP certification exam.

management from George Mason University, decided to take the exam that would earn him those three letters after his name. He Googled prep courses and found the PMP Certification prep course at Fairfax County Public Schools Adult and Community Education (FCPS ACE).

Instructor Jothi K. Murugan, MCA, MS, MBA, PMP, has his students view the class, which is held on five successive Saturdays from 8:30 a.m. to 4:30 p.m, pretty much the same as they'd view a project. The main objective is to equip students to pass the certification exam. A timeline keeps them on track, and there are costs along the way, such as class tuition and materials. "By the time they finish the course, they'll be fully prepared to take the exam," Murugan says.

Hiring managers are seeking proof that candidates know their stuff.

Project Management is essentially the art of organizing and managing resources to complete a project within a defined scope, quality, time and cost constraints. As the art transforms more and more into a serious field of study, hiring managers are seeking proof that project managment candidates know their stuff. "We try to hire people with PMP certification," says Peter Francisco, manager of staffing and recruiting for Mantech MBI, an IT firm based in Herndon, Va. "It's driven by our clients. Our government client has been requesting it."

As that credential grows in importance, project managers can expect their salaries to climb after they've received it. According to the PMI, PMPs earn $11,000 more than their non-credentialed counterparts. The median salary in the U.S. for PMPs was $100,000 in 2007, while those lacking those extra three letters earned only $89,000. Add 10 years of experience, and PMPs might earn as much as $117,000.

And people in the field are paying attention: As of December 2007, there were 267,637 global credential holders, compared to just 10,041 10 years ago. In the U.S., there were 135,309 credential holders by the end of 2007 (there aren't regional numbers for 1998).

At the first FCPS ACE session, Murugan, 32, reviews the exam eligibility requirements—no point in taking the class if you can't test when it's done. The first is 35 hours of project management-related classroom hours. Of the 16 students who showed up, eight had to leave when they discovered that the prep course would not count toward those hours.

In addition to the 35 hours, PMP aspirants with a bachelor's degree in project management must have three years of experience in the field, including 4,500 hours leading and directing projects. Those without a four-year college degree must have at least five years of experience in the field, including 7,500 hours leading and directing projects.

"Students are full-time project managers," says Murugan, who has worked in project management for

CONTINUED ON E8

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GettingAhead

PMPed Out

CONTINUED FROM E7

10 years.

After determining which students are ineligible for the course (and sending them home), Murugan talks those remaining through the application process, sending them home with instructions to apply for the exam that week. Students have a year from the date of application to sit for the exam, but Murugan recommends they take it as soon as possible so they don't lose the "momentum they've gained over the last five weeks," he says.

Students apply through the Project Management Institute — the only organization to offer the PMP credential. Headquartered in Newtown, Pa., the institute is globally recognized for providing the standards in the field. "All the Fortune 500 companies look to the PMI for the industry standard," Murugan says.

Murugan's sessions go into the nuts and bolts of what it takes.

Murugan's sessions go into the the nuts and bolts of what it takes to organize and manage people: knowledge areas, such as how to keep costs down and quality of work up, and process groups, such as starting the project and keeping track of it. It's all part of learning how a project is planned, executed and closed.

Each Saturday of the course, students take notes in the morning and divide into teams in the afternoon to answer questions similar to those they can expect to see on the exam. Some questions are knowledge-based, such as defining theories. Others are situational:What would you do if you discovered that the schedule for the project was unrealistic? All questions are multiple-choice.

Kathy Thomas particularly appreciated the teamwork. "I liked the interaction with the people, getting different perspectives, explaining how they arrived at the answer," said the 50-year-old program manager for defense contractor Phoenix Inc.

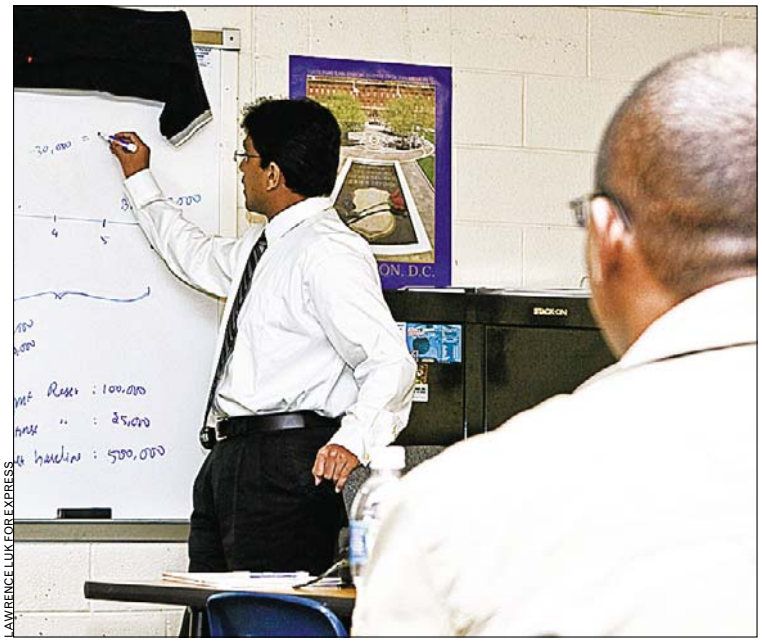
Thomas decided to take the class to gain insight into her field and increase her value at work, potentially leading to more contracts for her company. "I thought it would help in my current position to have the credential," says Thomas, who has worked in project management for 10 years. "Many companies are looking for that credential; job listings now ask about [it]. In government, if people have it, that goes a long way to securing a government contract."

The last week of Murugan's class, students take a mock exam that simulates the real thing — basically four hours of continuous testing. Then Murugan evaluates their competence and suggests strengths and weaknesses.

Four of the eight students passed the test within a week of finishing the course, Murugan said, and another two passed within a month. "They exactly followed the class plan and it really worked. They really felt that the structure and timeline were effective."

Thomas passed the exam Dec. 7 and is glad she took the class. "I still had to do some prep on my own, but [the class] pointed me in the right direction for things to study."

Gardner passed the exam Dec. 4 and credits the credential with securing him the position as management analyst with the federal contractor he's currently awaiting security clearance for (and hence would rather not name). He says the class was helpful in readying him for the big test. "The instructor was well prepared for the items on the exam that would be emphasized," he says. SARA KRUGER



LAWRENCE LUK FOR EXPRESS

Murugan illustrates a concept on the board during a recent PMP prep class.

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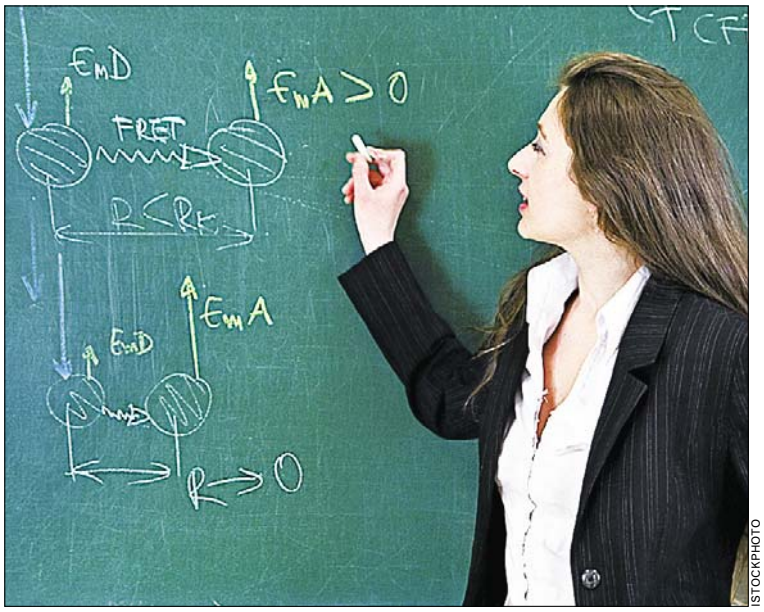

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Which would you rather take Statistical Physics or Learn to Build a Robot 101?

How to Sell The Course

Professors use unusual class titles to attract students' interest

Julie Kirsch could have called her philosophy course at Marymount University in Arlington County, well, philosophy. Dozens of college catalogues are filled with History of Philosophy, Logic of Philosophy and Ethics of Philosophy courses.

But Kirsch thinks titles matter. So, her class — about the social and moral questions surrounding the shady side of government through the prisms of utilitarianism, virtue ethics and Kantianism — is called Lies and Secrets.

"The hope is that it will also pique students' interest, making them want to know more and dig deeper," Kirsch said.

Colleges love to brag about how fascinating their classes are, but it isn't always easy to tell by browsing a list of course names. They are assuredly straightforward: A course titled "The Nominalism/Realism Debate, Part I: Plato and Aristotle" speaks for itself.

Courses are usually named by the professors who create them, who are generally seeking easy classification, administrators say. But Joe A. Oppenheimer, a government and politics professor at the University of Maryland at College Park, has another explanation for the often dry titles:

"Because the teachers are boring," joked Oppenheimer, who named an honors course "Why Is It So Hard to Have Good Government?"

American University professor Roberta Rubenstein named her women's literature class "A Room of One's Own: Women and Literature" when she created the class 30 years ago, seeking "a thematic hook" to entice students with the reference to Virginia Woolf's "A Room of One's Own." Today, she said, students don't always recognize the Woolf allusion, but the course title still intrigues them.

Students say a little title creativity can draw them in. "If I'm going for core requirements, it may not matter, but if it's something I can actually choose to take, it would," said Chris Chambers, 19, a junior at UMd. VALERIE STRAUSS (THE WASHINGTON POST)

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GettingAhead

VERONIKA LUKASOVA/TWP

At L'Academie, chefs in training prep for the harsh realities of the culinary world.

Pressure Cooked

The heat is always turned up to high at the D.C. area's top chef academy

With shaking hands, Micah Goring, 29, puckers up a duck confit-filled crepe and ties it into a neat little purse with a strip of scallion. His cheeks flushed, he perches it on a bed of greens while his cooking partner, Adrian Lee, 22, gets ready to carry the plate out into the classroom. A teaching assistant, Jennifer Tye, shouts at Lee, "Move. ... You have 20 seconds left!"

The message since classes began last July has been clear: If you can't stand the heat, don't study at L'Academie de Cuisine, much less dream of a career in the kitchen.

Goring, stocky and low-key, with an easy laugh, left a six-year career with the Air Force that grew too administrative toward the end. "It was a different kind of pressure ... meeting timelines and stuff like that," he says, comparing his last job, working on the computer network at Bolling Air Force Base, to the intensity of cooking school.

The pressure in the kitchen has

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proven to be a lot more dramatic. Today, as on most Fridays, the students have an "Iron Chef"-style challenge. Divided into teams of two, the class must create a meal based on three ingredients chosen by their teacher, Patrice Olivon, former executive chef at the French Embassy and a one-time "Iron Chef" contestant. Yesterday Olivon told the class what those ingredients would be — duck confit, flank steak and eggs — and early this morning the eight teams will take turns meeting with him to discuss their menus.

Goring arrived here at 7:15 a.m. to construct the detailed menu. By 9:30 a.m., it's his and Lee's turn to face Olivon over the kitchen's counter. They describe their idea for the second course: flank steak roulade with a spicy harissa, along with sauteed spinach, bacon strips and roasted-garlic mashed potatoes on the side and hollandaise sauce on the beef.

Chef Olivon, a small, stern-but-kind Frenchman, grimaces at this last bit — pouring on the sauce. "That's going to be disgusting-looking," he tells them. They quickly decide to serve the hollandaise on the side.

> "The more I read about it, the more fascinating it sounded ... and the more I wanted to do it."
>
> **MICAH GORING**, L'ACADEMIE STUDENT

Goring's interest in cooking was roused only in the past few years. "This is really cheesy sounding," he says, "but I started watching the Food Network." He fell for "Emeril Live" and Paula Deen, and "started reading all the books I could find about what it was like to be a cook and what it was like to be in the kitchen" ("Heat," "Kitchen Confidential" and "The Soul of a Chef"), "and the more I read about it, the more fascinating it sounded; and the more people tried to talk me out of it, the more I wanted to do it."

Although the instructors at L'Academie don't exactly try to talk the students out of the profession, they do warn them constantly about how spirit-crushing restaurant kitchens can be.

Much of the drama here takes place in the classroom's adjacent kitchen, a large room filled with work stations and a long row of industrial ovens, where on this cold, rainy morning the students labor in near-silent intensity. With two hours left to create his team's extravagant meal, Goring pulls a pot off the stove. It's filled with coffee beans floating in barbecue sauce, which will go with the duck. He's nervous about today, he says, tasting the mixture with a plastic spoon. "Last week, we overcooked the tenderloin."

It's 12:30 p.m., and time's up. First-course plates are rushed into the classroom next door. The students sit or stand quietly, watching the three judges wielding their forks, tasting each dish of each course, then pronouncing their verdicts in turn. The judges nearly swoon over team 1's steak with cherry bourbon sauce: One says, "the balance of sweet, salt, sour, etc., is perfect."

But it's not Goring's day. Comments on the duck confit salad include: "It doesn't do anything for me. ... The crepe is too wet. ... The duck is dry." Olivon says the bacon is overcooked.

The dessert, at least, passes muster: The caramel cage is a pretty touch.

Goring's reaction is respectful, offering a "Thank you, chef," for every critique.

He expects to graduate in June, hopes to own his own restaurant someday and, despite all the grim warnings, has few doubts about his chosen career so far. "It's the perfect balance of hard physical activity. It's mentally challenging. I don't really know how to put it in words, actually. ... There's something about it. It just kind of gets ahold of you."

CHRISTINA IANZITO (THE WASHINGTON POST)

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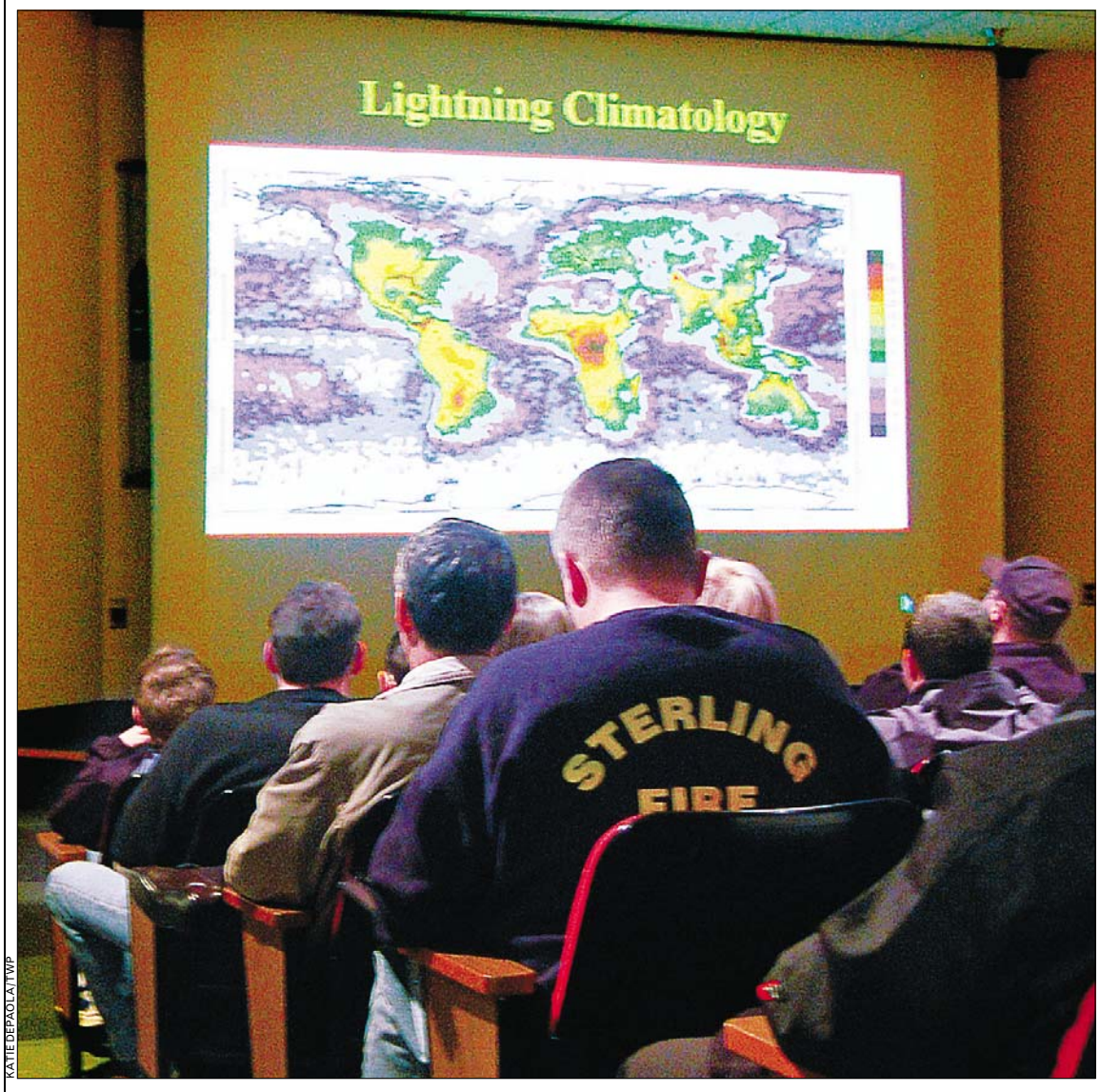

KATIE DEPAOLA/TWP

About 50 people attended a Leesburg class last month to learn how to spot and report dangerous weather patterns.

Eye on the Storm

Training helps residents identify the early signs of severe weather

When severe weather threatens Loudoun County, the latest radar and satellite technology comes in handy.

And so will about 50 new "storm spotters."

The group of weather buffs, 911 dispatchers, community volunteers, and fire and rescue officials attended a class in Leesburg last month on how to identify early signs of severe weather. Howard Silverman, senior forecaster for the Baltimore-Washington office of the National Weather Service in Sterling, led the session at the Loudoun County Fire and Rescue Training Center with one mission: to bring more storm spotters into the fold.

"You are the most valuable resource in the severe-weather warning process," Silverman said during the training course, called Skywarn Basics I.

Chris Strong, a Weather Service meteorologist involved with the program, said people drawn to the classes are typically interested in weather, amateur radio or public service.

"It's certainly people who have an interest in weather, but people who are looking to help their communities as well," he said.

For the Weather Service, the goal is to build a network of "weather spies" who will share information about weather patterns in their area, Strong said.

"The purpose is to have eyes on the clouds to let us know of something we might not see on radar or satellite or the other observation systems that we have," he said.

Although most of those attending the Feb. 4 class were from Loudoun, some had traveled from as far away as Frederick, Md.

Silverman's three-hour presentation explained how to detect severe weather, report conditions to the Weather Service and respond to dangerous situations.

Participants were given wallet-size cards that listed the criteria for

severe weather and a phone number to call in reports. Spotters are asked to call at the first sign of tornadoes, funnels, hail, heavy rain, flooding, high winds, and ice and snow accumulation. Any damage tied to weather, such as a fallen tree after high winds, should also be reported.

Often, Silverman said, people don't report what they see because they assume someone else has reported it.

"If everybody's assuming that someone's doing it, nobody's doing it," he said.

The class lasted until 10 p.m. Francine Jones, a participant, said the late evening was worth it.

Jones, a Leesburg resident, understands the danger of severe weather. She once was struck by lightning while in her car. She said she attended the class to learn how to alert people during emergencies — and because she's a member of Loudoun's Medical Reserve Corps, the county's Community Emergency Response Team and the Loudoun chapter of the American Red Cross.

"There's a difference between doing something because you have to and because you want to," she said. "Volunteering gives you a good feeling."

After completing the Basics I class, the volunteer storm spotters are given a spotter ID, entered into a Weather Service database and contacted if forecasters need information about a particular location.

The agency usually has two or three such classes in Loudoun each year. Basics I is the prerequisite for other courses, including Basics II, flooding (scheduled for April 1) and tropical weather (scheduled for June 3).

Evan Foster, 15, of Ashburn came to the class with his father, Allan Foster. The two recently completed a Community Emergency Response Team class and were taking the Skywarn class as a follow-up.

"I thought it was good," Evan said. "It had a lot of information, and we're going to do the next class."

KATIE DEPAOLA (THE WASHINGTON POST)

KATIE DEPAOLA / TWP

Pamphlets like this one provide sage advice to supplement the Skywarn course.

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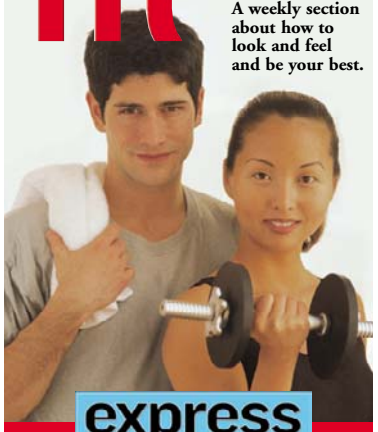

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Nothing Ventured ...

Nothing gained? Local start-up goes from idea to investment target

By the time he arrived at Virginia Tech in January 2004, Fahad Hassan still was not over his first business failure. He had poured his heart into a computer support business in his final year of high school, but after a promising few months the customers dried up and the expenses ballooned.

Then, in the summer after his junior year at Virginia Tech, inspiration struck. The Gaithersburg student pulled out a notebook — a brown diary where he'd write personal notes and paste motivational messages — and started to sketch a Web site.

He imagined a social networking place, featuring the friend-linked-to-friend aspects of such popular destinations as Facebook and MySpace. But his site would mix in course management software favored by schools and colleges.

Last year, that idea became a company called Daylert, with Hassan as its 21-year-old chief executive.

Regardless of a businessperson's age, getting a start-up off the ground is a risky proposition. Researchers at the University of Maryland recently examined the fate of venture capital-seeking Internet companies started at the height of the technology boom in the late 1990s. Only half existed five years later.

Yet young entrepreneurs like Hassan persist, and they've become an enduring dot-com archetype.

Hassan "reminded me of the early days of the Internet where it was digital natives: the people who grew up with technology who saw the future," said April Young, a prominent local technology banker who has tried to help Hassan build his company.

Hassan's decision to create Daylert was spur of the moment, inspired by "Pay It Forward," a movie about a young boy who starts a social philanthropic movement.

MICHAEL WILLIAMSON/TWP

Fahad Hassan built Web start-up Daylert in his senior year at Virginia Tech after being inspired by the movie "Pay It Forward."

MICHAEL WILLIAMSON/TWP

Hassan tweaks his site with Steve Green, an engineer contracted by Daylert.

"At the time, I was not a social networking guy. I thought Facebook was a waste of time. Then I got on and I thought, 'Why not create an atmosphere where kids can get their work and answer some of their social needs?' "

Hassan set about building a prototype site. He called Bill Schafer, owner of a software firm where Hassan worked in high school. Schafer hooked him up with Bill Rubacky, who had worked at a Bethesda software firm called Epok and had experience in the Web 2.0 space. Rubacky was skeptical.

"It really didn't sound that interesting," Rubacky said. "Everybody's trying to be the next Facebook."

He, nevertheless, agreed to give Hassan 30 minutes of his time. The meeting lasted four hours.

Not everyone was as easily won over by Hassan's vision. "He only saw his product from a user standpoint. There was no business model," John Burke, a partner at venture capital firm True Ventures, said. "My skepticism revolved around: 'How is he going to make money around this?'"

Hassan found a more receptive ear in Scott Birnbaum. Rubacky introduced Hassan to Birnbaum, an Epok co-founder in his late 20s who was getting his first investment fund off the ground.

"I saw an opportunity to help him navigate the difficulties of building a company," Birnbaum said. "It's a roller-coaster ride. You start out and get pumped about your idea. You do research, and you realize there are probably five or 10 people out there doing the same thing."

> "You ... get pumped about your idea. [Then] you realize there are five or 10 people doing the same thing."
>
> SCOTT BIRNBAUM

Eventually, a business model emerged. Hassan decided to try to gain enough of a following that advertisers would find the site enticing. Birnbaum decided to take the risk, writing a check for $500,000 to fund Daylert through 2007.

Daylert opened in May 2007, borrowing space in Epok's offices. Then the hard work began: building the site and seeing whether people would use it.

Epok contracted out six employees — Web developers ages 29 to 55 — to Daylert. One afternoon last fall, the developers gathered with Hassan in a conference room at the office, divvying up tasks for building parts of the Daylert site. A test version had launched for a few hundred users at Virginia Tech, Fordham Law and Radford University.

Hassan asked the developers to build a chat function, so two users could send messages to each other. He had spotted a similar function on Facebook the night before and wanted to see it on Daylert.

"We don't need chat right now. It's not necessary," said developer Chandra Danam, 37, who wanted to focus on core features such as the calendar.

"I'd like to see chat," Hassan said. "Let's do it."

The back-and-forth continued for a few minutes. Hassan won the argument.

"You've got to have certain processes in place," developer Steve

Green, 41, said. "He didn't always know what it would take to put something together. What should I expect from someone who's never done this before?"

Hassan said he's learning.

"A lot of it was impatience on my part. I wanted to catch up in terms of the product and the market share," he said.

By the early winter, Daylert had matured into a usable site. Students had their own pages, which would list their class schedules and would be viewable by their friends. Professors could upload syllabi, and both students and professors could keep track of who was registered for classes.

But Hassan faced two hurdles if he wanted his company to survive. He needed more capital to build and market the site so he could attract more users. But he also needed more users so he could earn advertising revenue and, therefore, attract more capital.

He took a trip to Silicon Valley but came back empty-handed.

"They want to know how you're going to make them money and how quickly," he said. "It's a little frustrating that they don't really care about my vision."

Hassan travels to school after school to market the site. He said Daylert already has 3,000 users and garners 200,000 page views per month, active at about 10 schools. But he realizes that figure has to grow — and fast.

"If we're not at 150,000 users by the end of the year, we're in trouble," Hassan said.

Then the hard work began: building the site and seeing whether people would use it.

Universities, which have already invested time and money in competing products such as Blackboard course management software, have been hesitant to adopt a competing product.

"What really seals the deal for faculty is student demand. ... Faculty respond to that," said Brian Britt, a Virginia Tech professor who received a presentation on Daylert from Hassan.

Hassan openly acknowledged that he wants this venture to make him a multimillionaire. But he claims — and has long told associates — that he has higher motives.

"Islam has a very negative vibe in the country. I want people to realize I'm a Muslim doing this," Hassan said, adding that he wants to use his potential riches to support Bangladesh.

On a recent evening, Hassan did what he most needs to do as a young chief executive: Take advice from others.

He went to a Washington Capitals hockey game at Verizon Center as part of the MindShare program, a local forum for established technology entrepreneurs to help start-ups. Before the game, he listened to AOL vice chairman emeritus Ted Leonsis speak about entrepreneurship.

Hassan sat a few rows up as one of 40 people hoping to be in charge of the next great technology company. Most of them were 10 or more years his senior.

ZACHARY A. GOLDFARB (THE WASHINGTON POST)

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